



1342C E. Mission Rd. San Marcos, CA. 92069

Contact Us 1 (760) 445-1994

FREE TRIAL ----->



Mon & Wed 6 AM - 8:00 PM

Tue & Thurs 8:30 AM - 8:00 PM

Fri 6 AM - 7:30 PM

Sat / Sun 8 AM - 12:00 PM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	Boxing DYLAN		Boxing WHIT		Boxing ADONIS		
8:00 AM						Technical Boxing ADONIS	
9:00 AM	Technical Boxing DYLAN	Technical Boxing JESUS	Boxing ADONIS	Technical Boxing ADONIS	Boxing & Fitness DYLAN	Boxing ADONIS	Technical Boxing JESUS
10:00 AM						Boxing Sparring JESUS	
4:00 PM	Boxing ADONIS	Fitness THOMAS	Boxing DYLAN	Fitness THOMAS	Boxing DYLAN		
4:00 PM	Kids 5-8 yrs JESUS	Advanced Kids JESUS/DERREK	Kids 5-8 yrs DERREK	Advanced Kids JESUS	Kids 5-8 yrs JESUS		
4:00 PM	Kids 9 - 12 yrs RODRIGO	Kids 7 - 12 yrs RODRIGO	Kids 9-12 yrs RODRIGO	Kids 7-12 yrs RODRIGO/DYLAN	Kids 9 - 12 yrs RODRIGO		
5:00 PM	Advanced Teens JESUS	Teens Sparring JESUS	Advanced Teens THOMAS	Teens Sparring JESUS			
5:00 PM	Teens Intermediate WHIT	Teens Intermediate DYLAN	Teens Intermediate DYLAN/WHIT	Teens Intermediate ROBERT	Teens Intermediate DERREK		
5:00 PM	Teens Beginner RODRIGO	Teens Beginner ADONIS	Teens Beginner RODRIGO	Teens Beginner DYLAN	Teens Beginner RODRIGO		
6:00 PM	Boxing ADONIS	Boxing ADONIS	Boxing DYLAN	Boxing DYLAN	Boxing RAFA		
6:00 PM		TEAM Sparring JESUS	Boxing Sparring JESUS/WHIT	TEAM Sparring JESUS			
7:00 PM		Technical Boxing DYLAN	Strength & Conditioning THOMAS	Technical Boxing DYLAN			