New Brunswick Indigenous Career College

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"Your Training – Your Future,
Soar to New Heights"

ADDICTION SERVICES COUNSELLOR 2-YEAR PLAN (TENTATIVE)
SEPTEMBER 2026 – JUNE 2028

YEAR 1

Semester 1

• September 14 – 17, 2026 101 Orientation / Relating to Self
• September 21 – 24 102 Relating to Others
• September 28 – October 8 103 Behaviour and Drug Dynamics
• October 13 – 16 104 Substance Use Disorder/Disorders
• October 19 – 22 105 Erosion of Addicted Families
• October 26 – 29 106 Detoxification and Recovery Process
• November 2 – 5 107 Family System and Abuses
• November 9 – 12 108 Valuing Diversity
• November 16 – 26 109 Critical Reading and Writing
• November 30 – December 3 110 Personal Health Strategies
• December 7 – 10 111 Mental Health and Addictions

December 14, 2026 – January 1, 2027 – CHRISTMAS BREAK

Semester 2

• January 4 – 14, 2027 112 Communications in Mental Health
• January 18 – 28 113 Human Relations and Mental Health
• February 1 – 11 114 Conflict Resolution in Mental Health
• February 16 – 19 115 Fetal Alcohol Spectrum Disorder
• February 22 – 25 116 Special Needs in Mental Health

March 1 – 5, 2027 – MARCH BREAK

• March 8 – 11 117 Ethics in Mental Health and Addictions
• March 15 – 18 118 Lifespan Issues
• March 22 – 25 119 Concurrent Disorders
• March 29 – April 1 120 Process Addiction
• April 5 – 8 121 Mental Health & Disorders
• April 12 – 16 122 Brief Screening – PRACTICUM
• April 19 – 21 123 Suicide Prevention
• April 22 – 30 124 Addictions Counselling Theory
• May 3 – 6 125 Motivational Interviewing
• May 10 – 13 126 Assessments and Recovery Plans

• May 17 – 28 127 Detoxification – PRACTICUM
• May 31 – June 3 128 Administrative Functions
• June 7 – 10 129 Industry Documentation
• June 14 – 18 130 Presentation Skills

YEAR 2

Semester 3

• September 13 – 16, 2027 131 Trauma and Addictions
• September 20 – October 15 132 Addiction Counselling Practice – PRACTICUM
• October 18 – 21 133 Addictions Group Counselling
• October 25 – 28 134 Counselling Modalities
• November 1 – 4 135 Community Engagement
• November 8 – 11 136 Prevention Programs
• November 15 – 25 137 Addictions & Intervention Strategies
• November 29 – December 2 138 Addictions Group Design
• December 6 – 16 139 Addictions Group Facilitation

December 20, 2027 – January 7, 2028 – CHRISTMAS BREAK

Semester 4

• January 10 – 20, 2028 139 Addictions Group Facilitation (Continued)
• January 24 – April 28 140 Assessments in Addictions Services – PRACTICUM

March 6 – 10, 2028 – MARCH BREAK
Students completing practicum placements may be required to continue attending placement during this period to meet required practical hours.

• May 1 – 19 141 Treatment Planning & Addictions Services
• May 22 – June 2 PRACTICUM – Their Choice
• June 5 – 16 PRACTICUM – Their Choice