New Brunswick Indigenous Career College

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"Your Training – Your Future,
Soar to New Heights"

Personal Support Worker Year Plan (Tentative)

SEPTEMBER 2026 – JUNE 2027

Semester 1

- September 8 – 10, 2026 — Orientation / Relating to Self
- September 14 – 17 — Relating to Others
- September 21 – 24 — Role of Support Worker
- September 28 – October 1 — The Canadian Health Care System
- October 5 – 8 — Workplace Setting / Health, Wellness, Illness & Disability
- October 13 – 16 — Interpersonal Communication
- October 19 – 22 — Working with Others / Managing Stress, Time & Problems
- October 26 – 29 — Ethics / Legislation
- November 2 – 5 — Caring about Culture & Diversity
- November 9 – 12 — Working with Clients & Their Families
- November 16 – 19 — Promoting Clients' Well-being
- November 23 – 26 — Caring for Mothers & Infants / Caring for the Young
- **November 30 – December 4** — **PRACTICUM – Childcare**
- December 7 – 10 — Medical Terminology / Client Care / Vital Signs

December 14, 2026 – January 1, 2027 – CHRISTMAS BREAK

Semester 2

- January 4 – 7, 2027 — Abuse Awareness
- January 11 – 14 — Body Structure / Growth & Development
- January 18 – 21 — Caring for Older Adults
- January 25 – 28 — Safety
- February 1 – 4 — Preventing Infection / Skin Care
- February 8 – 11 — Body Mechanics
- February 16 – 19 — Exercise & Activity / Rehabilitation
- February 22 – 25 — Nutrition & Fluids / Enteral Nutrition & Intravenous

March 1 – 5 – MARCH BREAK

- March 8 – 11 — Personal Hygiene / Grooming & Dressing
- **March 15 – 18** — **PRACTICUM – Nursing Home, Home, Special Care**
- March 22 – 25 — Urinary Elimination / Bowel Elimination /Beds & Bed Making

- March 30 – April — Mental Health Disorders / Disorientation, Delirium
- April 5 – 8 — Common Diseases & Conditions
- April 12– 15 — Developmental Disabilities / Speech & Language
- April 19 – 22 — Hearing & Vision Disorders / Oxygen Needs
- April 26 – 29 — Home Management / Assisting with Medications
- May 3 – 6 — Heat & Cold Applications / Working in Acute Care
- May 10 – 13 — End of Life Care / Starting Your Career
- May 17 – 20 — Review / Practicum Preparation / Administration Adjustments
- **May 25 – June 18** — **PRACTICUM – THEIR CHOICE**