

North Dorset Scout District Newsletter



Issue 3 Number 4 July 2018

FROM OUR DISTRICT COMMISSIONER'S DESK

Simon Young. DC simon.young@wates.co.uk

Well it's nearly that time of year again when the AGM silly season is nearly done and the sections are looking forward to the summer camps.

With this in mind can I give you a slight reminder on your nights away notifications to be directly with me no later than 7 days before the event, I trust that you all have things planned well to the finest detail and if not then scouting is of course flexible.

My thanks to you all if I have not been and seen you or caught up with you at various events or meetings, I know you put a lot of hard work in for the sections and ultimately the young people who benefit from your continued support and commitment.

As well as the local camps that you have planned and if not then you need to start thinking of how this can be achieved next year with our support if needed, it is Dorset's International Jurassic Jamboree where we will welcome 83 groups from all over the UK as well as the different parts of the world. I for once will be camping for the whole camp and do encourage to take part if you get the opportunity on any international experience whether it's home or abroad. Unfortunately the day visitors for Beavers and Cubs has had to be cancelled due to the very low numbers that make a preference to attend, may be next time.

Happy holidays and I will endeavour to come and visit you on the camps over the summer.

Yours in ScOUTing

Simon

SUMMER IS COMING

Just a few gentle reminders when planning your camps.

NIGHTS AWAY NOTIFICATION (Form NAN)

This form provides the information a Commissioner requires to **APPROVE** an event to take place (i.e. POR 9.1b/9.1c). The Permit holder is responsible for ensuring that the appropriate Commissioner is informed about each Colony, Pack, Troop, or Unit attending a night's away event (even a District or County event). This can also be done online in the event function of Compass.

For all Nights Away experiences your Form NAN should be with your District Commissioner (or appointee) **SEVEN** days before the event (in normal circumstances). How the information is passed on will depend on local arrangements (this may be for example by telephone call, email or fax).

PURPLE CARD

The purple card provides support for safe Scouting and guidance in the procedures for dealing with an emergency.

MINI BUS PERMITS

ALL Scout Groups, Districts and Counties who operate (own, borrow or hire), a minibus require a Standard Bus Permit so that voluntary groups can charge or accept a form of remuneration for providing transport for their own members, without having to comply with the full PSV operator licensing or PCV driver licensing requirements.

Under the Section 19 permit scheme, non-profit making organisations can make a charge to passengers for providing transport to the people whom the organisation serves without the need to obtain a PSV Operators License and, in most cases, without having to comply with PCV driver licensing requirements.

SCOUT HEADQUARTERS FOR SLEEPING.

If you are planning to use a Scout HQ for your sleeping arrangements please ensure that you let the local Fire and Rescue Service know. Scout HQ's are normally listed as unoccupied buildings during the hours of darkness.

BEAVER CHEW

Jacquie Harris. ADC Beavers. adc.ndbeaverscouts@btinternet.com

BEAJAM 18

Over the weekend of 16th/17th June 18 our Beaver Scouts had the opportunity to join others from all over Dorset to take part in our first Dorset Beaver Jamboree (BeaJam) at Buddens Farm. Around 70 Beaver Scouts from 7 Colonies came along for the day; with our 2 Gillingham Colonies choosing to take up the option to camp overnight. As well as tunnelling, climbing, bouldering and back woods cooking with International Scouts, the Beavers spent their time visiting the Internationally themed Zones. Travelling to Australasia to try some fairtrade food, make headdresses and learn traditional dances; to America to try archery, drumming and make dream catchers; and to Africa to find out how a simple water filter could turn dirty water into clean water, make animal masks, djembe drums and rainsticks, and have hands / faces painted in tribal designs.





AROUND THE COLONIES

It's been a busy couple of months all round:

Gillingham Chippewa have been busy supporting the town's aim to become Dementia Friends, finding out about the difficulties faced by people with the condition.





Sturminster Newton have been getting up close to some interesting animals.



Blandford Beavers took their Dads crabbing to celebrate Father's Day; whilst Charlton Marshall have been exploring outdoors at Spetisbury Rings.



LOOKING FORWARD

Many of our Colonies are already planning their visits to the Jurassic Jamboree for the day on you need any more information please speak to your Colony Leaders.

AND FINALLY FAREWELL

The end of this summer term marks the end of my time as ADC Beavers for North Dorset. years that I have been in this role I have seen many Young People grow from nervous young confident, enthusiastic Beaver Scouts, taking on the responsibilities of looking after other and sharing their ideas with Leaders to help them create a fun-filled programme. It is always watch this transition and for me, as for many others, it is making this difference to Young that keeps us going in Scouting.



During the four 'Kits' to new members a pleasure to People's lives

None of this is possible without the hard work and dedication of many people; Colony Leaders, Assistants and Helpers who give their time and energy weekly; parents who step up when Leaders need a hand or come along to our District and County events; and Scout Active Support members, District Team and Leaders from other sections who are happy to come along when we need them. So, thank you to you all for everything you have done, the support you have given me and for the enthusiasm (and sometimes, patience) you have displayed in making Beaver Scouting in North Dorset something we can all be proud of.

Although I am stepping down from the ADC role my Scouting will continue as a Scout Active Support member (and an archery leader), so I am sure I will see many of you again at events in the future. I wish the new ADC Beavers and all the Colonies 'Happy Beaver Scouting'.

Yours in Scouting, KEEO

CUB HOWL

Clive Biggs, ADC Cubs. Clive72biggs@aol.com

SCOUT SHOUT

Suzi Bullen. ADC Scouts. <u>suzibullen@hotmail.co.uk</u>

This year's Expedition camp took place at Ferny Croft in the New Forest. The format of the weekend was changed from previous years to bring it in line with the new challenge badge, so they no longer had to carry all of their kit. Once again the weather was very kind, although it did mean that the midges were extra bitey! Each scout has to complete a project and the topic of their project was flora and forna. Once they have completed their project they will then do a presentation to their leaders. Huge thanks to Sandra for organising the weekend, Chris, Paul A and Toby for helping and special thanks to Simon for stepping in for me. I think he enjoyed being back under canvas!

Some of the flora and forna seen on the trip.









12th August - if







The link between the Scouts and Explorers continues to work with Explorers welcomed on a few events every year to not only support the Scouts but also to show them Scouting can still be fun and rewarding beyond the age of 14.

I would like to see all troops attend the District events that we put on. I know it can be hard with other commitments, but we are here for the scouts and their evolving development into life and the community.

I look forward to seeing the Scouts and their Leaders at this year's Jurassic Jamboree in August; it should be a good one!

Yours in scouting

Suzi Bullen

ADC Scouts

EXPLORERS AND NETWORK REVIEW

Lionel Boyle. DESC. Lionel.explorers@gmail.com

ADULT APPOINTMENTS AND DBS

John Kerley. Chair AAC. john.kerley@yahoo.co.uk Helen Graeser. DAS. northdorsetscouts@gmail.com

No Adult Appointment Committee has been held since May. The next one will be held in September 2018, date to be confirmed.

ACTIVITIES

Rob Young. ADC Activities. youngrob@aol.com

NORTH DORSET DESPERATLEY NEEDS YOU!

Do you climb, do you abseil, do you go caving/potholing, paddle a kayak or canoe, go rafting or any other adventurous activity? If so have you thought about being assessed so that you can provide these activities for our young people?

If you are interest in gaining an adventurous activity permit please contact Rob Young in the first instance.

Are you thinking of taking young people to the more adventures areas of the UK, such as Dartmoor or the Brecon Beacons then you are likely going to need a Terrain 1 permit. With a Terrain 1 permit you can visit locations up to 800m above sea level, provided they are less than 3 hours from a road or an occupied area and there is no element of scrambling or climbing (see PORs Rule 9.29 for the full definition of Terrain 1).

If you are interested in a Terrain 1 permit, then the next training and assessment weekend is taking place on Dartmoor over the period 8-9 September 2018. An extract from the course information is below:

Terrain 1 Hillwalking Training & Assessment

This course is designed for total novices up to people with lots of experience. For those new to the activity you will be fully trained on how to manage groups in a wild country situation as well as being trained on how to navigate accurately. On successful assessment you will be recommended for a permit that allows you to lead groups into Terrain 1. Assessment is optional. The course also includes (for the cost of registration) the South West Mountain and Moorland Qualification. Course Leader is Andy Young on landactivities@dorsetscouts.org.uk

The cost of the course is £10 person which does not include transport or food.

Need more information? Then feel free to contact me and I can explain in more detail about the course/permit.

Want to book yourself on the course, then book here.

AIR ACTIVITIES

John Kerley DA Air Activities. scoutaviation@yahoo.co.uk

Groups attending the 26th to 29th July Aviation Camp at Henstridge Airfield are coming from 6th Salisbury, 8th Salisbury, Charmouth Seagulls Explorers and Somerset. I have offered 4 Scout places to North Dorset but have had no response to date.



Winterborne Whitechurch Scouts visit the Air Ambulance

If you would like to see first hand what we get up to then please call in on the Saturday.

ADDITIONAL NEEDS

Sheila Kerley. ANA. kerleysheila@yahoo.co.uk

Tourette syndrome

Tourette Syndrome (TS) is a neurological disorder; this means it affects the nervous system. It is characterised by repetitive, stereotyped, involuntary movements and vocalisations called tics.

TS is often undiagnosed or misdiagnosed and although early symptoms are almost always present, they are not always noticed. The onset of TS is usually during childhood, and is much more common in males than females. Most people with TS experience their worst symptoms in their early teens.

Living with Tourette syndrome

Tics are classified as either simple or complex. Simple motor tics are sudden, brief, repetitive movements, such as eye blinking or shoulder shrugging. Complex tics are distinct, coordinated patterns of movement involving several muscle groups, such as jumping, uttering words out of context, or touching other people. Although some people with TS may swear or make socially inappropriate and derogatory remarks, this is actually very rare.

Tics often worsen due to excitement or anxiety and are better during calm, focused activities. Certain physical experiences can trigger or worsen tics, for example a tight collar might trigger a neck tic. Tics do not go away during sleep but they are usually significantly diminished.

Many people with TS experience additional problems, such as:

- Inattention
- Hyperactivity

- Reading and writing difficulties
- Obsessive-compulsive symptoms.

Practical tips

Remember that TS presents itself in many different ways and varies from person to person. Make sure you discuss the young person's symptoms with them and also with their parents, addressing any difficulties they may have.

- Unless the young person is in obvious discomfort, it is usually best to ignore tics. However, some people with TS may make funny statements or jokes, which it is fine to acknowledge.
- Remember that although some people with TS are able to suppress their tics for a short time, they will eventually need to come out. Be tolerant and compassionate.
- Some people with TS may experience sleep disorders. It is worth bearing this in mind when planning residential experiences. Again, talk to the young person and parents about any coping strategies they have.
- Be aware of where you keep any sharp or potentially harmful objects, and, if possible, keep these out of the way. Similarly, it will be
 beneficial to think about where to sit around campfires. You may wish to have a leader nearby who can prevent any dangerous
 situations occurring.
- Certain food additives and stimulants such as caffeine are thought to make tics worse.

Inclusivity RAG

The Inclusivity RAG (Red, Amber, Green) Assessment is a new tool to support the delivery of the <u>Skills for Life plan</u>. The Inclusivity RAG is a tool to help you assess the types of people who are joining and taking part in your Scouting provision, and consider how it operates.

Our <u>Skills for Life plan</u> sets out our shared aspiration to enable even more young people to access the best possible start in life. To do this we need to ensure that Scouting is diverse (reflective of society) and that we operate in a way which is inclusive.

The tool should be used to start powerful conversations about diversity and inclusion in Scouting.

There are Inclusivity RAG Assessments for:

- Sections (Beaver Colony, Cub Pack, Scout Troop or Explorer Unit)
- Scout Group
- <u>District/ County/ Area/Region (Scotland)</u>

Is Scouting inclusive?

Regardless of how welcoming we think Scouting is, if the young people and adult volunteers we attract, retain and promote into leadership positions are all very similar, then there are opportunities to make the Group more inclusive. Scouting achieves amazing things and we want to ensure that even more young people get to experience all that it has to offer.

This tool will help you work out where your local Scouting is and where things could be improved in the future. The red, amber and green categories can be used to support the leadership to consider:

- the types of people who are attracted to Scouting (demographics)
- how welcoming and supportive the local Scouting culture is (culture)
- how easy it is for all young people and adult volunteers to thrive in Scouting (processes)

How to use the Inclusivity RAG Assessment

Guidelines for use are included within each Inclusivity RAG Assessment.

The final page of the tool includes some suggestions of what you could do to address any areas for improvement and the resources which can support you.

For further support in completing your Inclusivity RAG Assessment contact info.centre@scouts.org.uk

OUR DISTRICT CHAIRMAN'S CHUNTERINGS

Liz Greenway liz, littlewolford@btinternet.com

I know, I know, it ought to read "Chair's Chunterings" but I am **not** an inanimate object and as a former languages teacher I do object to some changes in language use in the name of being gender neutral: something you cannot be in the majority of foreign languages! For example, in German it would "Vorsitzende" and in French "madame la president"!

Right, that's the rant over!

It's hard for me to believe that the Scouting year is nearly over. I do hope all sections are looking forward to some form of residential experience over the school holidays: for Scouts and Explorers there is Jurassic Jamboree to look forward to. A lot of hard work has gone into the preparations for the Jamboree by all the various teams involved. Let's hope that our fickle weather plays ball so that the Jamboree can be a truly memorable experience in the best way, and not be remembered for the amount of rain that fell! Also some Explorers are undertaking a trip to Serbia: I wish them a safe journey and a fantastic trip. Meanwhile our groups going to the world Jamboree next year continue with their fund raising efforts: please give them all the support possible so that they can raise the amount of money required: transatlantic flights do not come cheap!

Hopefully Cubs and Beavers are going to be camping at some point over the summer: camping is always one of the events that former scouts and guides remember with fondness: it always seems to have been such fun - and for me it was whatever the weather!

We are currently in the season of Group, District and County AGMs. Attendance at Group AGMs is keeping our DC and DDC busy. I was privileged to attend Bourton group's AGM, but was saddened to see how poor the parental attendance at the AGM was. The leaders at Bourton, like leaders in all Groups work very hard throughout the year to provide a balanced, inspiring and above all a fun programme. And as we all know, it is voluntary, i.e. unpaid. It would be great to see more parents at AGMs to reassure leaders that there is support out there.

Finally, I wish to say a huge thanks you to all Leaders, Unit Helpers and Young Leaders for all the time and effort they put in to run the section programmes and Groups. Special congratulations to Gillingham St. Mary's Group who have been notified of their successful grant application, which means that they will now be able to go ahead and build their new scout HQ. It would seem that all their hard work over the last few years is about to be duly rewarded. Have a super summer, everyone!

Yours in Scouting, Liz Greenway, District Chairman.



