



LANG LANG UNITED SOCCER CLUB

PLAYER CODE OF CONDUCT

TRAINING:

- All players are expected to cooperate with their coach, team mates and club representatives.
- If a player is unable to attend training, they are expected to inform their coach no later than an hour before the session is due to commence.
- All players must respect the rights, dignity and worth of all people involved in training sessions.
- All players are expected to be prepared and ready to train at the stated start time.
- All players are expected to attend training to be considered for selection.
- During training, all players must always show respect to coaches and fellow players.
- All players are expected to understand that failure to show commitment, effort or respect to their coach and/or teammates will result in being asked to withdraw from the training session or, in some cases, asked to leave the premises.
- All players must understand that disrupting training sessions could lead to being asked to stop participating.
- All players are part of a team and will make the commitment and put in the effort to train and participate as part of a group at all times.
- Players agree to respect the decisions made by their coach, the club and its representatives.

MATCHDAY:

- Players are required to be at games an hour before kick-off unless alternative arrangements have been made with the coaching staff.
- If a player is unable to attend a match day, they are expected to inform their coach no later than 7pm the night before a game.
- Players are required to let their coach know if they are unable to arrive at the expected time.
- Players must understand that arriving outside of the communicated time means they may not start the game.
- Matchdays are an all-inclusive and family-friendly environment, player behaviour should be in line with club values – failure to adhere and represent the club appropriately will result in disciplinary action.
- Players are responsible for their own kit, including boots and shin guards – failure to do so will result not being eligible to play.
- All players are expected to wear club training tops or club wear when attending games.
- Players will often be required to help with marshalling duties. The club will provide a roster for the season, players are expected to carry out these duties at least once a season.
- Foul or abusive language towards an official, opponent, coach, club representative or spectator will result in that player being removed from the pitch and disciplinary action will be taken.
- If a player disagrees with a decision made by a match official, they should approach their team captain and ask them to deal with the matter.
- Players are representing the club on matchdays and should lead by example for their fellow players as well as juniors, spectators and club representatives.