



DIVER REGISTRATION SUMMER WORKOUT FORM

(All information will be kept confidential)

(By submitting this form, the below named people acknowledge that they have read and agree to abide by the policies and procedures as stated in the Central Massachusetts Diving Program Information)

Diver's Name _____ Age _____ Date of Birth ____ / ____ / ____

Home Telephone # _____ Cell phone # _____

Street Address _____

City _____ State _____ Zip _____

Name of School _____ Grade _____

Summer Swim/ Dive Club _____ Summer Dive Coach _____

DIVER'S E-MAIL ADDRESS _____

PARENT OR GUARDIAN E-MAIL ADDRESS _____

CURRENT AAU MEMBERSHIP # : _____ (this changes yearly)

To get AAU Membership follow information on <https://centralmassdiving.com/registration>

**NOTE: Central Massachusetts Diving will use e-mail as the main means of communications with divers and their parents.

Monthly statements will be sent via parents' email and payable using any of the 3 following methods: ***Check Preferred***

Check PAYABLE TO: "**Wil Aybar**" or CASH APP: **\$CMDTWISTERS** or VENMO: **@CMD_TWISTERS**

****Note: If using CASH APP or VENMO an extra \$35 must be added to clinic to cover transaction fees.**

In Case of Emergency, please try to contact us at one of these numbers:

Guardians(s) _____

Work: _____ Cell: _____

Work: _____ Cell: _____

Central Massachusetts Diving* Worcester, MA* USA* 978-30-TWIST (Cell)

* www.centralmassdiving.com (Website)* wil@centralmassdiving.com (E-Mail)



Emergency Information & Authorization to Consent to Medical Treatment Form

I, _____, request that the following information be
(Parent or Guardian)
considered when medical treatment is rendered to _____.
(Diver's Name)

Known Allergies _____

Medication Child is Taking _____

Medical History _____

Choice of Hospital or Facility _____

Choice of Physician(s) (include specialists) _____

Child's Home Address _____
Phone (_____) _____

Parent or Guardian Address _____
Phone (_____) _____

I / We authorize Central Massachusetts Diving, one of its coaches or representatives to consent to any examination, anesthetic, X-ray, medical or surgical diagnosis or treatment and/or hospital care to be rendered to the above named minor child under the general or special supervision and the advice of any physician or surgeon licensed to practice when efforts to contact us are unsuccessful.

* NOTE: This signed Emergency Information & Authorization to Consent to Medical Treatment Form will be kept at the Hart Pool and/ or taken to diving meets, trips, etc. in the event that an accident occurs and the parent(s) or Guardians(s) cannot be reached. These must be completed and on file with Central Mass Diving prior to any participation in the CMD program.

Signed _____ Date ____/____/_____
(Parent or Guardian)

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COLLEGE OF THE HOLY CROSS

WAIVER AND ASSUMPTION OF RISK FOR USE OF POOL

IN CONSIDERATION of being permitted to enter the Pool in the Luth Athletic Complex located on the College of the Holy Cross (herein "Pool") for any purpose, including, but not limited to, observation, participating in physical activities or using facilities or equipment in any way, I, on behalf of myself, my personal representatives, heirs, assigns, and next of kin, hereby acknowledge, agree, represent, and warrant with respect to any present or future entry into or use of the Pool that:

1. Immediately upon entering, I will inspect the premises of the Pool, and I further warrant that such entry into the Pool for observation, participation in physical activities or use of any facilities or equipment constitutes an acknowledgment that I find and accept same as being safe and reasonably suited for the purposes of such observation, participation or use.
2. I am aware that the Pool may have facilities and equipment for athletic activities including, but not limited to, weight training, walking, stair-climbing, jogging and running, rowing, and aerobic activities. I understand that participation in physical activities and the use of facilities or equipment at the Pool involves inherent risks, including but not limited to, death, serious neck and spinal injuries resulting in complete or partial paralysis, heart attacks, and injury to bones, joints, or muscles. I represent that I am voluntarily observing or participating in Pool activities and using Pool facilities or equipment with full knowledge of all potential dangers involved therein and I further understand that the Pool is an unattended facility and there may be no Holy Cross College representatives or staff assigned to monitor my activities at the Pool. I hereby assume full responsibility for and risk of bodily injury, death or property damage (whether due to ordinary negligence or otherwise) arising in connection with my observation, participation in physical activities and use of Pool facilities and equipment.
3. I represent to Holy Cross College and CMD that I am physically fit to perform those activities which I may undertake to perform at the Pool and that I am solely responsible for all health risks associated with such activities. I understand that Holy Cross College & CMD recommends that I seek approval from a physician before participating in such activities. Either I have had a physical examination and have received a physician's permission to participate in these activities, or I have decided to participate in these activities without the approval of my physician. I understand that any evaluation or assessment of my physical fitness and any recommendation of activities made by Athletics Staff shall not be a substitute for obtaining such evaluation, assessment or recommendation from my physician before undertaking a physical exercise program or engaging in any of the activities at the Pool. I understand that any information about my physical condition that I provide to the athletic staff is for informational purposes only and that Holy Cross College is not responsible for determining my physical fitness.
4. I understand and agree that my use of the Pool is voluntary and only to be undertaken on my own personal time. If am an employee, I understand that my use of the Pool is not within the course or scope of my employment.
5. I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE Central Mass diving, Holy Cross College, its trustees, officers, employees, independent contractors and agents (hereinafter referred to as "Released Parties") from any and all liability for loss or damage, and any claim or demands therefore on account of injury to my person or property or resulting in my death, whether caused by the ordinary negligence of the Released Parties or otherwise arising in connection with my presence in, upon or about the Pool or my observation, participation in physical activities or the use of the facilities or equipment.
6. I HEREBY AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Released Parties from any loss, liability, damage or cost (including but not limited to attorney fees) they may incur arising in connection with my presence in, upon or about the Pool or my observation, participation in physical activities or the use of the facilities or equipment and whether due to my negligence or otherwise.
7. I understand that this RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as permitted by the laws of the state and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I confirm that I am at least 18 years of age, am freely signing this agreement, and that no oral representations statements or inducements apart from this written agreement have been made. I have read this form and fully understand that by signing this form, I am giving up legal rights and remedies that I might have now or in the future. I understand that my information will be kept secure and in confidence. The information contained herein shall be used for the sole purpose of assisting the staff in the evaluation of my safety for participation. External disclosures of this information will be limited to valid legal requests by law enforcement authorities and government agencies, legal proceedings where disclosure is necessary to protect the interest of the Athletic Staff and Holy Cross College in subpoenas and similar legal process.

By signing below, I confirm that I have read this Assumption of Risk and Waiver, understands its meaning and effect, and agree to be bound by its terms.

Your Printed Name: _____ Date: _____

Your Signature: _____

Parent's signature, if participant is under the age of 18: _____

SUMMER WORKOUT PAYMENT PLAN



Workout will be conducted: 1st session from 8:30-11

- 1) **Check preferred:** PAYABLE TO “WIL AYBAR”

**A processing fee of \$25 will be charged for returned checks. **

- 2) CASH APP \$CMDTWISTERS or VENMO @CMD_TWISTERS

You can scan this QR code on your phone using Cash app OR Venmo

**** (reminder to add \$35 to cover transaction fees if using CASHAPP or VENMO) ****



- 3) COST Check off which one you would like.

	ANY 1 WEEK 8:30AM - 11:00AM	BOTH WEEKS 1 & 2 8:30-11
CMD TWISTER: FEE		
Single walk-in rate	\$100 <input type="checkbox"/>	
Week 1 AUG 1-4 (4 days) (15 max limit)	\$300 <input type="checkbox"/>	
Week 2 AUG 8-11 (8 days) (15 max limit)	\$300 <input type="checkbox"/>	\$500 <input type="checkbox"/>

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