

Resource List for Anti-Racists and Developing Allies

Choose your own path of discovery and education by starting where it makes the most sense for you. Do you have a hard time reading all those books you ordered, but love to watch films and documentaries with your family? Do you have a daily commute during which you can listen to a new podcast episode each day? Commit to a manageable schedule to consume this information and tackle this education in the manner that will be most effective for you.

List compiled by the ever-developing allies at [Next Pivot Point](#)

Podcasts

- [Codeswitch](#) - “The fearless conversations about race that you've been waiting for! Hosted by journalists of color, this podcast tackles the subject of race head-on.”
- [Black History in Two Minutes](#) - “It’s Black History delivered in short, lively, fact-packed stories accessible to people of all ages and education levels. It’s fast, accurate U.S. history available in free video podcast recordings describing major historical events and introducing less well-known experiences involving Black Americans.”
- [Historically Black](#) - “Historically Black uses listener-submitted personal artifacts to explore Black history and honor the lived experiences of Black Americans.”
- [1619](#) - “An audio series on how slavery has transformed America, connecting past and present through the oldest form of storytelling.”
- [Intersectionality Matters!](#) - “A podcast hosted by Kimberlé Crenshaw, an American civil rights advocate and a leading scholar of critical race theory.”
- [School Colors](#) - “School Colors is a narrative podcast about how race, class, and power shape American cities and schools. It follows generations of parents and educators fighting for their children and their community in a rapidly changing Black neighborhood in Brooklyn, New York.”
- [Black History Buff](#) - “A fun and thrilling journey through time. Covering the full historical tapestry of the African Diaspora, you’ll hear tales covering everything from African Samurai to pistol-wielding poets. More than just a podcast, the show is a bridge that links communities throughout the African diaspora and enlightens and empowers its friends.”
- [Next Pivot Point](#) - “Sharing stories about those leading like allies, with tools to develop inclusive leaders and promote diversity and inclusion at work.”
- [Race at Work](#) - By the Harvard Business Review, “candid conversations about the role race plays in our careers and lives.”
- [Women at Work](#) - By the Harvard Business Review, “conversations about where women are at in today’s workforce, and how to move forward.”
- [All My Relations](#) - “A podcast where we explore what it means to be a Native person in 2019. To be an Indigenous person is to be engaged in relationships—relationships to land and place, to a people, to non-human relatives, and to one another. All My Relations is a place to explore those relationships, and to think through Indigeneity in all its complexities.”
- [Unlocking Us](#) - “Conversations that unlock the deeply human part of who we are, so that we can live, love, parent, and lead with more courage and heart. By Brené Brown.” A great episode to start with is Brené with Ibram X. Kendi on [How to Be an Antiracist](#).

- [Scene on Radio](#) - “A podcast that tells stories exploring human experience and American society. Produced and hosted by John Biewen, Scene on Radio comes from the Center for Documentary Studies (CDS) at Duke University and is distributed by PRX.”

Books

RACE

- [I'm Still Here by Austin Channing Brown](#) - “In a time when nearly all institutions (schools, churches, universities, businesses) claim to value “diversity” in their mission statements, I’M STILL HERE is a powerful account of how and why our actions so often fall short of our words. Austin writes in breathtaking detail about her journey to self-worth and the pitfalls that kill our attempts at racial justice, in stories that bear witness to the complexity of America’s social fabric.”
- [How to Be An Antiracist by Ibram X. Kendi](#) - “Ibram X. Kendi’s concept of antiracism re energizes and reshapes the conversation about racial justice in America—but even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other.”
- [The Warmth of Other Suns by Isabel Wilkerson](#) - “In this epic, beautifully written masterwork, Pulitzer Prize-winning author Isabel Wilkerson chronicles one of the great untold stories of American history: the decades-long migration of black citizens who fled the South for northern and western cities, in search of a better life.”
- [The New Jim Crow by Michelle Alexander](#) - “The New Jim Crow is a stunning account of the rebirth of a caste-like system in the United States, one that has resulted in millions of African Americans locked behind bars and then relegated to a permanent second-class status—denied the very rights supposedly won in the Civil Rights Movement.”
- [Me and White Supremacy by Layla F. Saad](#) - “Me and White Supremacy: A 28-Day Challenge to Combat Racism, Change the World, and Become a Good Ancestor leads readers through a journey of understanding their white privilege and participation in white supremacy, so that they can stop (often unconsciously) inflicting damage on black, indigenous and people of color, and in turn, help other white people do better, too.”
- [The Bluest Eye by Toni Morrison](#) - This book “powerfully examines our obsession with beauty and conformity—and asks questions about race, class, and gender with her characteristic subtlety and grace.”
- [Color of Law by Richard Rothstein](#) - In this book “Richard Rothstein argues with exacting precision and fascinating insight how segregation in America—the incessant kind that continues to dog our major cities and has contributed to so much recent social strife—is the byproduct of explicit government policies at the local, state, and federal levels.”
- [1001 Things Everyone Should Know About African American History By Jeffrey C. Stewart](#) - “A comprehensive and engaging account of the most significant events, individuals, terms, ideas, and social movements that make up the dazzling canvas of African American history.”
- [Race Matters by Cornel West](#) - “This classic treatise on race contains Dr. West’s most incisive essays on the issues relevant to black Americans, including the crisis in leadership in the Black community, Black conservatism, Black-Jewish relations, myths about Black sexuality, and the legacy of Malcolm X.” “Now more than ever, Race Matters is an essential book for all Americans, helping us to build a genuine multiracial democracy in the new millennium.”
- [White Fragility by Robin Diangelo](#) - “This book explicates the dynamics of White Fragility and how we might build our capacity in the on-going work towards racial justice.”

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- [Lead Like An Ally by Julie Kratz](#) - “Despite the best of intentions, very few organizations are reaching their equality goals, even those deeply committed to diversity and inclusion. Leaders have the biggest impact on culture, yet they need tools to do this. Lead Like an Ally provides proven strategies, teaching leaders how to be inclusive with its companion manager tool kit to facilitate sustained success.”
- [Better Allies by Karen Catlin](#) - “The highly-acclaimed, practical guide for how to be an ally in the workplace, now in its 2nd edition.”
- [How to be an Inclusive Leader by Jennifer Brown](#) - In this book, “diversity and inclusion expert Jennifer Brown provides a step-by-step guide for the personal and emotional journey we must undertake to create an inclusive workplace where everyone is welcomed, valued, respected, and heard.”
- [Good Guys: How Men Can Be Better Allies For Women In The Workplace by Brad Johnson and David Smith](#) - “Good Guys is the first book to provide a research-based and practical guide for how to be a male ally with women in the workplace.”

Film

- [13th](#) - “In this thought-provoking documentary, scholars, activists and politicians analyze the criminalization of African Americans and the U.S. prison boom.” “Filmmaker Ava DuVernay explores the history of racial inequality in the United States, focusing on the fact that the nation's prisons are disproportionately filled with African-Americans.”
- [All In: The Fight for Democracy](#) - This documentary “examines the issue of voter suppression in the US. The film interweaves personal experiences with activism and historical insight to expose a problem that has corrupted our country from the beginning. With the expertise of Stacey Abrams, the film offers an insider's look into the barriers to voting.”
- [Selma](#) - “Ava DuVernay's powerful drama Selma tells the incredible story of how Dr. Martin Luther King Jr. led the epic march from Selma to Montgomery to secure equal voting rights in an event that forever altered history.”
- [Just Mercy](#) - “A Story of Justice and Redemption - A powerful true story about the Equal Justice Initiative, the people they represent, and the importance of confronting injustice, Just Mercy is a bestselling book by Bryan Stevenson that has been adapted into a feature film.”
- [Blindspotting](#) - “Collin must make it through his final three days of probation for a chance at a new beginning. He and his troublemaking childhood best friend, Miles, work as movers and are forced to watch their old neighborhood become a trendy spot in the rapidly gentrifying Bay Area. When a life-altering event causes Collin to miss his mandatory curfew, the two men struggle to maintain their friendship as the changing social landscape exposes their differences. Explores the intersection of race and class set against the backdrop of Oakland.”
- [The Hate U Give](#) - “Based on the best-selling novel, The Hate U Give tells the story of Starr Carter, who lives in two worlds: the poor, black neighborhood where she resides and the mostly white prep school she attends. This uneasy balance is shattered when she witnesses the fatal shooting of her childhood friend by a policeman. Facing pressures from all sides, Starr must find her voice and stand up for what's right.”
- [42](#) - “42 tells the story of two men- the great Jackie Robinson (Chadwick Boseman) and the legendary Brooklyn Dodgers manager Branch Rickey (Harrison Ford)- whose brave stand against prejudice forever changed the world by changing the game of baseball.”

- [John Lewis: Good Trouble](#) - “An intimate account of legendary U.S. Representative John Lewis’ life, legacy and more than 60 years of extraordinary activism — from the bold teenager on the front lines of the Civil Rights movement to the legislative powerhouse he was throughout his career.”
- [When They See Us](#) - “This four-part Netflix series is based on the story of the Central Park Five, a group of Black teenagers who were wrongfully convicted of rape and assault of a white female jogger, as well as attacks on eight other people in 1990.” “When They See Us achieves quite a lot, asking us all to consider who in America really gets the presumption of innocence when accused of a crime.”
- [PBS special on YouTube – Race: The Power of an Illusion](#) - “We hope this series can help clear away the biological underbrush and leave starkly visible the underlying social, economic, and political conditions that disproportionately channel advantages and opportunities to white people.”
- [Get Out](#) - “Funny, scary, and thought-provoking, Get Out seamlessly weaves its trenchant social critiques into a brilliantly effective and entertaining horror/comedy thrill ride.”
- [If Beale Street Could Talk](#) - “A young woman embraces her pregnancy while she and her family set out to prove her childhood friend and lover innocent of a crime he didn't commit.” “From acclaimed director Barry Jenkins comes this timeless love story set in 1970s Harlem, where a young couple and their families fight for justice – and the promise of the American dream.”
- [The Death And Life Of Marsha P. Johnson](#) - “Marsha P. Johnson was an advocate for transgender individuals whose actions helped ignite the LGBTQ+ rights movement in New York City.” “As she fights the tide of violence against trans women, activist Victoria Cruz probes the suspicious 1992 death of her friend Marsha P. Johnson.”

Television

- [Dear White People](#) - “Students of color navigate the daily slights and slippery politics of life at an Ivy League college that's not nearly as "post-racial" as it thinks.”
- [black-ish](#) - “A fun yet bold look at one man's determination to establish a sense of cultural identity for his family.” “[grown-ish](#) then follows daughter Zoey Johnson as she heads to college and begins her hilarious journey to adulthood.”
- [Atlanta](#) - “Two cousins work through the Atlanta music scene in order to better their lives and the lives of their families.”
- [Insecure](#) - “Modern-day black women might be described as strong and confident; in other words, just the opposite of Issa and Molly. As the best friends deal with their own real-life flaws, their insecurities come to the fore as together they cope with an endless series of uncomfortable everyday experiences.”
- [The Wire](#) - “This series looks at the narcotics scene in Baltimore through the eyes of law enforcers as well as the drug dealers and users. Other facets of the city that are explored in the series are the government and bureaucracy, schools and the news media. The show was created by former police reporter David Simon, who also wrote many of the episodes.”

Quick Consumables, Great for Ice Breaker Discussions

- [Systemic Racism Explained](#) - <5 minutes
- [How racial bias affects the wealth gap](#) - 5 minutes
- [Explained: Racial Wealth Gap](#) - 16 minutes
- [The Daily Show - Leaving the KKK and White Supremacy](#) - 7 minutes
- P&G Shorts
 - [The Look](#) - <2 minutes, [The Choice](#) - <2 minutes, [The Talk](#) - 2 minutes
- [James Corden Gets a Lesson on White Privilege](#) - 5 minutes
- [The Daily Show - Trevor Breaks Down Reparations & White Privilege](#) - 4 minutes

- [How to Be an Active Bystander When You See Casual Racism](#) - NYTimes Article - 10 minute read
- [The Lens of Systemic Oppression](#) - Applying a Racial Equity Frame, an article by the National Equity Project. - 15 minute read
- [Situation-Behavior-Impact \(SBI\) to Understand Intent](#) - 5 minute read
- [How microaggressions are like mosquito bites](#) - 2 minutes (*explicit language*)
- [Are you biased?](#) - Explores the flip it to test it tool - 8 minutes
- [Sympathy vs empathy](#) - 5 minute read and video
- [Michael Che's Civil Rights Update](#) - 4 minutes (*explicit language*)

Organizations, Educators & Activists, Articles, and Exercises

- [Equal Justice Initiative](#) - "The Equal Justice Initiative is committed to ending mass incarceration and excessive punishment in the United States, to challenging racial and economic injustice, and to protecting basic human rights for the most vulnerable people in American society." [Subscribe to their newsletter.](#)
- [Black Lives Matter](#) - Black Lives Matter is a movement calling for action and response to anti-Black racism. It's also an excellent resource for political action steps and organized peaceful protest information.
- [Anti-Racism Daily](#) - "Daily actions to dismantle white supremacy." A daily newsletter with insightful, impactful information and action steps for anti-racism work.
- [Harvard Implicit Bias Assessment](#) - Assessment to find out your implicit associations about race, gender, sexual orientation, and other topics.
- [From Privilege to Progress](#) - "a national movement to desegregate the public conversation about race and racism. The movement calls on all Americans to join on the path to antiracism by learning, speaking up in their everyday lives and amplifying the voices of people of color." Be sure to follow them on social media.
- [The List: From Slavery to George Floyd](#) - "For Those Who Need a Brief Understanding of History, Systemic, and Structural Racism in America. 401 years summed up in 60 historical facts connecting the very first slaves (1619) to the death of George Floyd (2020). Contrary to popular belief, history does not exist in a vacuum and racism and discrimination does not need to be overt with white hoods and water hoses to be real. Systemic and structural racism is still very much a thing, and everything is connected."
- [Southern Poverty Law Center](#) - "The SPLC is a catalyst for racial justice in the South and beyond, working in partnership with communities to dismantle white supremacy, strengthen intersectional movements, and advance the human rights of all people." [Subscribe to their newsletter.](#)
- [IBRAM X. KENDI](#) - "is one of America's foremost historians and leading antiracist scholars. He is a National Book Award-winning and #1 New York Times bestselling author of seven books."
- [McKinsey Women in the Workplace Study](#) - "This effort, conducted in partnership with LeanIn.Org, tracks the progress of women in corporate America. The data set this year reflects contributions from 317 companies that participated in the study and more than 40,000 people surveyed on their workplace experiences; more than 45 in-depth interviews were also conducted to dive deeper on the issues. These efforts were in the field from June to August of 2020, although the pipeline data represents employer-provided information from calendar year 2019."
- [Human Rights Campaign](#) - "Leading the fight for LGBTQ rights. The Human Rights Campaign envisions a world where every member of the LGBTQ family has the freedom to live their truth without fear, and with equality under the law." [Subscribe to their newsletter.](#)
- [Next Pivot Point](#) - Organization (ours!) that provides corporate training and thought leadership around diversity, equity, and inclusion in corporate spaces and beyond. Check out Julie Kratz's blog, the Next Pivot Point podcast, and the available free resources and assessments. [Subscribe to our newsletter.](#)

- [Native Land](#) - Native Land Digital allows you to enter your address to learn about the Indigenous land you are on. "It strives to create and foster conversations about the history of colonialism, Indigenous ways of knowing, and settler-Indigenous relations, through educational resources such as our map and Territory Acknowledgement Guide."
- [Dr. Brené Brown](#) - "Brown has spent the past two decades studying courage, vulnerability, shame and empathy. She's the author of five #1 New York Times bestsellers: The Gifts of Imperfection, Daring Greatly, Rising Strong, Braving the Wilderness and Dare to Lead, which is the culmination of a seven-year study on courage and leadership."
- [Brittany Packnett Cunningham](#) - "Cited by President Barack Obama as a leader whose "voice is going to be making a difference for years to come," Brittany is an award-winning educator, organizer, writer, and leader. Brittany has become a sought-after voice in the work of social change and empowerment."
- [Embrace Race](#) - Resources for parents to raise a generation of children who are thoughtful, informed, and brave about race.
- [Racial Equity Tools](#) - "Designed to support individuals and groups working to achieve racial equity. It offers tools, research, tips, curricula, and ideas for people who want to increase their understanding and to help those working for racial justice at every level."
- [Blair Imani](#) - "is a critically-acclaimed historian, outspoken advocate and activist, and dynamic public speaker. The author of two historical books, she centers women and girls, global Black communities, and the LGBTQ community."
- [The Diversity Movement Black History Month Programming Guidebook](#) - An excellent guide for planning your organization's programming for Black History Month (and beyond).
- [Anti-Racism Resources for White People](#) - Another excellent resource list, created for white people and parents to deepen their anti-racism work.
- [Gender-Neutral Language](#) - A guide to understanding and removing gendered language.
- [Better Allies](#) - Sign up for the 5 Ally Actions weekly newsletter
- [The Representation Project](#) - "Global non-profit organization dedicated to ensuring all humans achieve their full potential, unencumbered by limiting gender norms. We use documentary films, education, and activism to shift the public's attitudes and behavior around gender in order to transform culture."

Other Ways to Support and Grow

- **Donate & Volunteer** - *Give back to the practitioners and organizations that you are using as educational resources.*
 - [Charity Navigator](#) - Use this trusted resource to vet nonprofits and organizations before you donate or volunteer.
 - [Volunteer Opportunities](#) - Search for opportunities in your own community. Here are some resources for seeking out opportunities.
 - [VolunteerMatch.org](#), [Idealist.org](#), [CatchAFire.org](#), [TaprootPlus.org](#)
- **Support Black-Owned Businesses** - *"Voting with your pocketbook is one of the best ways to effect change in a capitalist society."*
 - [Official Black Wall Street](#) - Directory of businesses and an App.
 - [Forbes 100 Black-Owned Businesses to Support](#)
 - [Black Enterprise Top 100](#)
 - [Etsy Black Owned Shops](#)
 - [Bon Appetit Black-Owned Restaurants](#)
 - Look for resources specific to your state or city. Your local [Black Chamber of Commerce](#), Black Lives Matter chapter, or other racial-equity nonprofit has likely compiled this information already.

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- **Educate your Children** - *Ensure that your child's daily life lessons and school curriculum includes this material!*
 - [Inclusion School](#) - "This is a space to learn, share, and connect with tools and content to help you discuss diversity and inclusion with children." Excellent resources list for parents.
 - [Teaching Tolerance](#) - "Our mission is to help teachers and schools educate children and youth to be active participants in a diverse democracy."
 - [Embrace Race](#) - "Let's Raise a Generation of Children Who Are Thoughtful, Informed, and Brave About Race."
 - [The Conscious Kid](#) - "We are an education, research, and policy organization dedicated to equity and promoting healthy racial identity development in youth. We support organizations, families, and educators in taking action to disrupt racism in young children."
 - [List of Diverse Children's Books](#) - Compiled by Vivian Kirkfield
 - [Ditto Kids Magazine](#) - An anti-bias and anti-racism magazine for kids

Have a suggested resource to add? [Let us know here.](#)

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