

How to Maintain an Organized Home



Steps to Follow

One In, One Out	For every new item that comes into your home, remove one item that you no longer use. This works great for closets!
Reset Routines	Take 15 minutes each day to reset surfaces, return items to their respective homes, and tidy up high-traffic areas like the kitchen and living room.
Donation Bin	Place a labeled bin or bag in a closet or laundry area to collect items for donation. Aim to empty monthly.
Chunk It Down	Instead vague to-do lists like “clean the kitchen”, break it down to more specific, manageable tasks like “organize junk drawer” or “tidy pantry”.
Clutter Hotspots	Have a “catch-all” bin in clutter-prone areas. Review and empty it daily or weekly, returning all items to their home.
Ask For Help	Body double with a family member or friend, hire a professional organizer, or set deadlines with check-ins. Accountability helps follow-through.
Make It Fun	Pair organizing with music or a podcast. Use digital task tools to track completed tasks - small hits of dopamine will help with motivation!

Need Help?

Whether you’re overwhelmed by clutter or looking to bring more intention to your living space, **The Sorted Nest** is here to help! We specialize in transforming stressful spaces into calm, curated sanctuaries.

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