



# *Nuggets of Treasure*

## Healing Balm



*August 2024*

*Volume 34 Issue 4*

Life is full of ups and downs: good days and not-so-good days. Sometimes things happen in our lives that hurt us. Perhaps a broken relationship with family members, friends, or co-workers. Possibly we can through a split with a spouse. As a young person a person we thought we could have a relationship with breaks it off. It could be someone close to us leaves this world (dies). Maybe we have financial issues, lose a job, or do not receive recognition or a promotion that we expect. Or are we having health issues, injury, or someone in our family? Maybe we do not live near our family or we cannot see them often. The list could be endless. Our hearts are broken. Having our hearts broken is something that affects numerous people. Age, sex, position, etc. does not exempt us from being hurt.

If we have a broken heart through situations or circumstances we need healing. It will turn to bitterness if we keep holding on to the hurt. Bitterness eventually will cause us to have hard hearts.

So as believers what do we do? First, go to the Lord in prayer. Be honest about your broken heart and why you feel that way. Next, give Him your hurt and broken heart. Believe Him for healing. Ask the Holy Spirit to help you. Look to the Word of God for comfort and peace.

Psalms 34:18 (Message Bible) "If your heart is broken, you'll find God right there; if you're kicked in the gut, he'll help you catch your breath."

Psalms 147:3 (Amplified Bible) "He heals the brokenhearted and binds up their wounds [curing their pains and their sorrows]." What a promise, He will heal our broken hearts. We must believe what His Word says. We can be healed and restored. He is the God of restoration. Restoration is being restored to a former good condition.

Luke 4:18-19 (Amplified Bible) "The Spirit of the Lord [is] upon Me, because He has anointed Me [the Anointed One, the Messiah] to preach the good news (the Gospel) to the poor; He has sent Me to announce release to the

captives and recovery of sight to the blind, to send forth as delivered those who are oppressed [who are downtrodden, bruised, crushed, and broken down by calamity], To proclaim the accepted and acceptable year of the Lord [the day when salvation and the free favors of God profusely abound.]" Luke 4:18-19 (NKJV) "The Spirit of the Lord is upon Me Because He has anointed Me to preach the gospel to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives and recovery of sight to the blind, To set at liberty those who are oppressed; To proclaim the acceptable year of the Lord." When are brokenhearted we are oppressed, downtrodden, bruised, crushed, and broken down by calamity" This is not for just a certain group of people but for all individuals. Jesus is concerned with all aspects of our life. He is active in our lives today by the Holy Spirit. The scripture reveals that healing can happen for broken-hearted people. These are words of hope for what we can expect. This scripture shows us the ac-

## Nuggets of Treasure

### Upcoming Events 2023

September 2 Labor Day



September 22 First Day of Autumn



October 14 Columbus Day

### Church Offices

The Administrative Office is not located at the church building.

Ministry Office is at the church by appointment only:  
13th & Fillmore, Caldwell, ID  
Phone 208-459-6000  
FAX 208-459-6600



"It's much better to tell the truth than to compromise the truth and have someone believe a lie. If you truly love someone, you must be truthful—even if you know it means rejection."—John Bevere

"Any religion that professes to be concerned with the souls of men and is not concerned with the slums that damn them, the economic conditions that strangle them, and the social conditions that cripple them is a dry-as-dust religion."—Martin Luther King Jr.

"Our prayers may be awkward. Our attempts may be feeble. But since the power of prayer is in the one who hears it and not the one who says it, our prayers do make a difference. "—Max Lucado

"While it is true that God does open doors of opportunity for us, it is also true that every door that opens isn't necessarily one that He wants us to walk through. We are to use wisdom regarding what we agree to do or choose not to do. "—Joyce Meyer

### Birthday Blessings

8/8 Mark Dale

8/9 Pastor Carol Wright

8/18 Mandalyn McKay



### Our Helping Hands Show A Loving Heart

Get involved, find a place to help. We all have something to give. We need greeters, ushers, maintenance, socials, visitations, children, youth, food center, music, socials, driving etc.

### VOLUNTEER



### Oasis Food Center Update

#### July 2024

Families: 1,244

New Families: 84

Total People: 4,841

#### Year to Date 2024 (as of 8/01/24)

Families: 9,820

New Families: 627

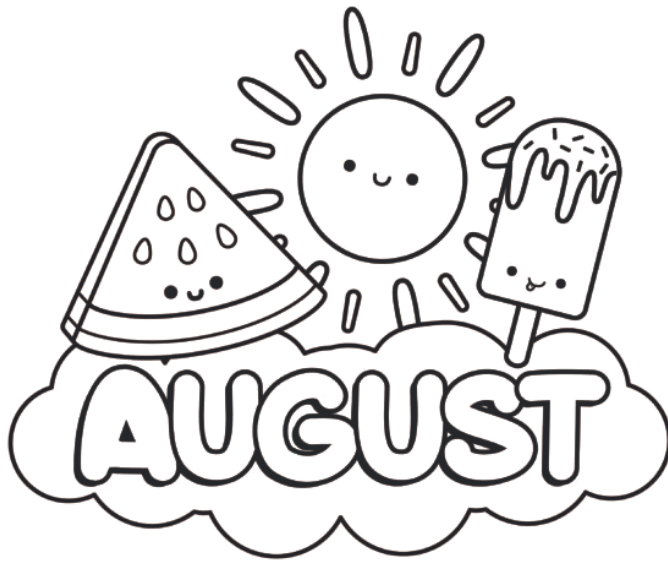
Total People: 38,423

#### Year to Date 2023

Families: 15,676

New Families: 855

Total People: 60,772



### August Word Search

H	J	E	I	M	O	N	T	H	K	A
F	B	A	S	E	B	A	L	L	O	Y
A	U	G	U	R	V	U	H	M	S	T
W	S	X	M	B	M	G	K	P	C	X
P	U	K	M	A	O	U	I	O	H	F
G	O	S	E	S	I	S	Q	D	I	O
A	D	O	R	E	C	T	K	P	U	W
Q	U	C	L	B	S	C	H	O	O	L
F	G	E	I	G	H	T	H	J	R	E



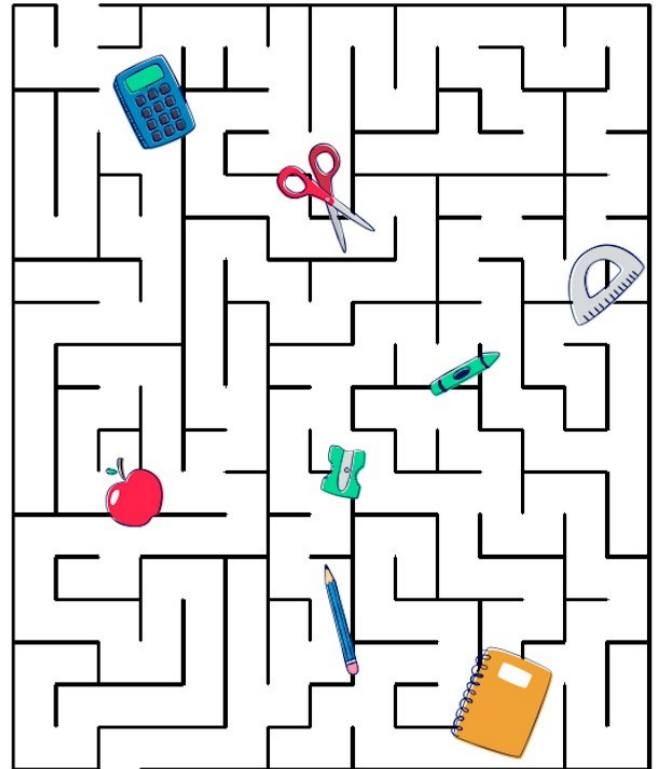
August  
Summer  
Eighth  
Month

Hot  
Pool  
Baseball  
School

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## Back-to-School Maze

What 5 school supplies to you pass to get out of the maze?



Bring Your Friends and Join  
the Fun at Church!

Sunday Morning  
10:30 am





## RECIPE CORNER

### Nuggets of Treasure

tivity of the Holy Spirit and what He can do in our lives.

We all have a choice to hold onto our broken hearts or release the frustration or hurt, forgive or forget, and receive healing. It is not always easy, but it will happen. We cannot isolate ourselves and sit around feeling sorry for ourselves. Sometimes we believe no one will understand our situation, but we must share how we feel, and allow others to pray for us. We need to ask the Holy Spirit for help and to work in us. The Holy Spirit can bring a healing balm.

### Frozen Peanut Butter Bites

#### Ingredients

- 1 (18-ounce) jar creamy peanut butter
- 2 1/2 cups confectioners' sugar
- 1 teaspoon vanilla extract
- 8 ounces semi-sweet chocolate, chopped



#### Directions

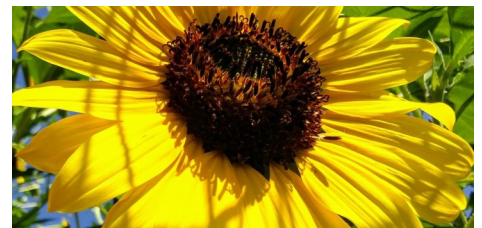
Using an electric mixer or a whisk, beat the peanut butter and confectioners' sugar together until smooth and stiff. Beat in the vanilla extract. Shape the peanut butter mixture into 20 (1-inch) balls and place on a waxed paper-lined sheet tray. Place the tray in the freezer for 1 hour.

Add chopped chocolate to a small bowl set over gently simmering water. Stir to melt. Remove chocolate from heat. With 2 forks, carefully dip the chilled peanut butter balls 1/2 way into the chocolate, let excess drip off, and lay onto the waxed paper-lined sheet tray.

With a fork, swirl some decorative chocolate across the top of each bite. Place in the refrigerator for the chocolate to set and the peanut butter to solidify, about 30 minutes.

#### Cook's Note

If it's a hot and humid day outside dust your hands with confectioners' sugar before rolling the balls. This will make it less sticky.





## Nuggets of Treasure

It is easy for us to make our own decisions without seeking advice or input. We often rush ahead of the Lord. As believers, we should seek the Holy Spirit's guidance about decisions that need to be made in our daily lives. With His guidance, we will experience peace on the inside even though things might seem chaotic on the outside.

Psalms 27:14 (NKJV) "Wait on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!" We need to believe that His timing is perfect and that He will fulfill His promises in ways beyond our imagination. He brings what is needed as we seek Him, and rely on Him, instead of doing things in our strength. When we do not wait on the Lord we get ourselves into situations that cause more issues. We also will not have His strength. Everything in our walk with the Lord involves trust in Him. We trust He knows what is best for us and in His timing. We trust His wisdom, ability, and resources. It might seem like everything is failing but we must trust Him. Stuart Hamblin wrote in one of his familiar songs, "I know not what the future holds / but I know who holds the future." If Jesus is your Lord and Savior, then we have nothing to fear. While we wait, we trust in His Word.

We need to take heart while we wait, but we tend to ignore

## Everyday Godly Living

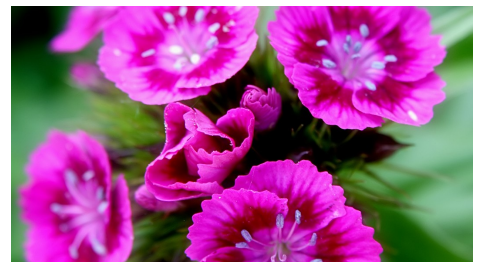
that and instead worry, stress, and even fear, or become agitated and sometimes angry. If God does not move in our timing; then we jump in and try to make things happen the way we think things should work or what we want to transpire.

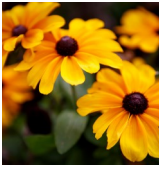
Isaiah 40:31 (Amplified) "But those who wait for the Lord [who expect, look for, and hope in Him] shall change and renew their strength and power; they shall lift their wings and mount up [close to God] as eagles [mount up to the sun]; they shall run and not be weary, they shall walk and not faint or become tired." We live in America we have learned to expect everything instantly or quickly. Waiting implies seeking and relying on Him and involves patience. In every situation we need to seek Him and rely on Him; as we do we receive the strength and power we need to go through whatever we are facing. We receive the strength from Him to go forward in life. In verse 30 of Isaiah 40 it indicates being weary. It indicates exhaustion from the hardness of life. If we wait on Him He will give us the strength that we need to carry on.

Sometimes we forget what He has done for us in the past. We can trust that as He acted on our behalf before He will act on our behalf again. The Lord God cares for His

people. Luke 18:1 (Amplified Bible) "ALSO [Jesus] told them a parable to the effect that they ought always to pray and not to turn coward (faint, lose heart, and give up)." Often, we fail in praying because we lose heart. We become discouraged, and then no longer pray as we should. Part of waiting and seeking the Lord is to pray. We pray for guidance and wisdom.

The Lord always has a plan we just need to be patient and trust Him, to see how it will unfold for our good. Living by faith means not giving up. God may delay answering, but his delays always have good reasons. Believers should not be discouraged by God's delays.





# AUGUST 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1  Feed the Needy 4 pm – 6 pm	2	3
4 10:30am MW/ Children/Youth  6:30pm Music Prac- tice 7pm Evening Service	5	6	7  Feed the Needy 12 pm – 2:00 pm  7pm Bible Study	8  Feed the Needy 4 pm – 6 pm	9	10
11 10:30am MW/ Children/Youth  6:30pm Music Prac- tice 7pm Evening Service	12	13	14  Feed the Needy 12 pm – 2:00 pm  7pm Bible Study	15  Feed the Needy 4 pm – 6 pm	16	17
18 10:30am MW/ Children/Youth  6:30pm Music Prac- tice 7pm Evening Service	19	20	21  Feed the Needy 12 pm – 2:00 pm  7pm Bible Study	22  Feed the Needy 4 pm – 6 pm	23	24
25 10:30am MW/ Children/Youth  6:30pm Music Prac- tice 7pm Evening Service	26	27	28  Feed the Needy 12 pm – 2:00 pm  7pm Bible Study	29  Feed the Needy 4 pm – 6 pm	30	31