

# Nuggets of Treasure

### Grateful



Volume 29 Issue 10

February 2020

Let's start out the year on the right foot. Let's start out with right thoughts but especially attitudes; a grateful attitude. Start out the year being grateful each day. As believers, we have many reasons to be grateful every day. Grateful that we are born again, for family, friends, a place to live, and provision just to name a few. Grateful for the goodness and mercy of God. Grateful that we have the Holy Spirit to help us live each day.

We should deliberately choose to focus on good. Think good thoughts. Preserve an attitude of gratefulness by speaking out your gratefulness. Verbalize it daily. How are you today? I am grateful or I am full of thanksgiving.

I Thessalonians 5:18-19 (AMP) "Thank [God] in everything [no matter what the circumstances may be, be thankful and give thanks], for this is the will of God for you [who are] in Christ Jesus [the Revealer and Mediator of that will]. 19 Do not quench (suppress or subdue) the [Holy] Spirit;" Perhaps, we quench the Holy Spirit when we are not thankful or grateful. Being thankful or grateful is God's will for our life. Being grateful is a choice, so choose

to be grateful. God does not want us to be complaining or moaning. He does not want us to be resentful or forget to be thankful. Too often, we forget the good things because we focus on the negative.

Ask the Holy Spirit to help you see God working in every situation. If we remember that God is working on our behalf, we will be thankful and grateful. As believers, we should abound in thanksgiving. By walking in the Holy Spirit, we will be able to carry out the will of God. By the Holy Spirit, we can be grateful. Being grateful should characterize our life just as joy and prayer should be constant in our lives. When we express our gratitude publicly, it encourages other's to be thankful.

At all times, we are to thank God even during adverse circumstances. Ephesians 5:20 (AMP) "At all times and for everything giving thanks in the name of our Lord Jesus Christ to God the Father." We can be grateful because our hope is in the Lord and He is always working in our lives. Romans 8:28 (AMP) "We are assured and know that [God being a partner in their labor]

all things work together and are [fitting into a plan] for good to and for those who love God and are called according to [His] design and purpose." We can be grateful for His constant presence through the Holy Spirit. Giving thanks in every situation shows that we are trusting the Lord and He has a plan is working in all our circumstances. Henry Ironside states, "We would worry less if we praised more. Thanksgiving is the enemy of discontent and dissatisfaction. When we give thanks to the Lord during all things, we are putting things into His Hands. Psalm 136:1 (AMP) "O give thanks to the Lord, for He is good; for His mercy and loving-kindness endure forever." We must remind ourselves to be thankful every day. An evergreen is always green despite the changes in weather around it. It is green in the heat of summer, as well as the cold of winter. So also, our lives are to be characterized by an enduring thankfulness that is unaffected by the changes around us. When the heat of a pressured week or the deadly cold of pain strikes us, we should stand "ever green," always thankful, regardless of that which surrounds us. An unknow author wrote, "The art

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### Upcoming Events 2020

February 2 Celebrate Monthly Birthdays & Anniversaries

February 7 Valentine's Party

February 14 Valentine's Day



February 17 President's Day

March 1 Celebrate Monthly Birthdays & Anniversaries

March 8 Daylight Saving Time Begins



March 17 Saint Patrick's Day

March 19 First Day of Spring



### **Church Offices**

The Administrative Office is not located at the church building.

Ministry Office is at the church by appointment only: 13th & Fillmore, Caldwell, ID Phone 208-459-6000 FAX 208-459-6600



"We are not built for ourselves, but for God. Not for service for God, but for God."—-Oswald Chambers

"Live with your destination in view."—-Unknown

"Never worry about numbers. Help one person at a time, and always start with the person nearest you."—-Mother Teresa

"If you seek your Lord Jesus in all things you will truly find Him, but if you seek yourself you will find yourself, and that will be to your own great loss."—-Thomas a Kempis

"When you know the Word of God, it will change you."— Kenneth E. Hagin

"Believe the unbelievable and receive the impossible."

-- Jesse Duplantis

"Put your expectations on God, not on people."

Joyce Meyer

"God wants you well. God wants you prosperous. God wants you a whole person."

-- Oral Roberts

### **Birthday Blessings**

2/3 Matt Dibben 2/3 Thea Johansen 2/12 Jacob McHenry 2/23 Megan McHenry



### **Happy Anniversary**

2/22 Pastors Royce & Carol



### Our Helping Hands Show A Loving Heart

Get involved, find a place to help. We all have something to give. We need greeters, ushers, maintenance, socials, visitations, children, youth, food center, music, socials, driving etc.

### **VOLUNTEER**



### **Oasis Food Center Update**

<u>January 2020</u> (as of 1/29/20)

Lunches: 494 Families: 1,269 New Families: 71 Total People: 4,805

**Year to Date 2020** (as of 1/22/2020)

Lunches: 494 Families: 1,269 New Families:71 Total People: 4,805

### Year to Date 2018

Lunches: 5,167 Families: 16,828 New Families: 1,497 Total People: 61,637

### Children's Corner

### Nuggets of Treasure



BOW

LOVE

## VALENTINE

WORD SEARCH

KISSES

H G M U Y E E S P Q E T R F W K D C U P I D B
L B F Y E A B Y C U R C H O C O L A T E L J S
W R M H Z O D X V O R J L W P K I A R Z E D E
Z M J V Q N P F K P E M K W H E C P C R Y Q R
O L T M A P D X H F I P U G B R Q W D T O A H
P A O C F O D E R V V S B B P O T L W X K W Y
E X K T T Y A E L A X X X J G K L W T S K W W M
D M D P D P W H R L M L Y Y K N R G I K D Y E
T R G C Z V Q M O E W C F F Z A K W Y W R I P
N O V G G R D R H N D D J M E D M R N U L W A
N O R V Z H U G S T J V N H E J K V U M C R W V Y I
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O O O D S C Y Z G N K T W I R K V C G F E N Q
N R X W F Y X B R E B A C B G N C L X V C E D
E Z Z D X K F L K I S S E S G T C R B W N O T
M X R T X K C N W J I F Y Q D D Q Z V P I Q Y E
HEART VALENTINE SWEET CUPID FEBRUARY
FEBRUARY

HUGS



### Bring Your Friends and Join the Fun at Church!

Sunday Morning 10:30 am







### **RECIPE CORNER**

### Chicken with a Lemon Herb Sauce

### **Ingredients**

#### Chicken:

- 2 tablespoons extra-virgin olive oil
- 4 boneless skinless chicken breast halves
- Kosher salt and freshly ground black pepper

### Lemon Herb Sauce:

- 1 clove garlic, peeled
- 1/4 teaspoon salt
- 1/2 cup chopped fresh parsley leaves
- 1/3 cup chopped fresh mint leaves
- 1 1/2 teaspoons freshly ground black pepper
- 1 lemon, zested and juiced
- 1/3 cup extra-virgin olive oil

#### **Directions**

For the Chicken: Preheat an oven to 450 degrees F.

Heat a large ovenproof skillet over medium-high heat. Add the olive oil and swirl to coat the skillet. Season the chicken breast with salt and pepper on the smooth side of each breast. Place in the skillet seasoned side down and cook without disturbing until brown and crisp, about 3 to 4 minutes. Season the top side of the chicken and flip. Cook 1 minute over the burner; then transfer the skillet to the oven until chicken registers 165 degrees F on an instant-read thermometer, about 6 to 8 minutes more. Place on a cutting board and let rest for 5 minutes before slicing.

For the sauce: smash the garlic clove, sprinkle with the salt, and with the side of a large knife, mash and smear the mixture to a coarse paste. Transfer to a blender with the parsley, mint, pepper, lemon zest, and juice. Pulse until coarsely chopped and then slowly drizzle in the olive oil. Pour into a small bowl and adjust seasoning. Deglaze pan with the sauce, if desired, and serve with the chicken.

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of thanksgiving is "thanksliving". It is gratitude in action. It is thanking God for the gift of life by living it triumphantly. It is thanking God for your talents and abilities by accepting them as obligations to be invested for the common good. It is thanking God for all that men and women have done for you by doing things for others. It is thanking God for happiness by striving to make others happy. It is thanking God for beauty by helping to make the world more beautiful. It is thanking God for inspiration by trying to be an inspiration to others. It is thanking God for health and strength by the care and respect you show your body. So, lets verbalize our gratitude daily but also let us express our gratitude by how we live our life.



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Have you laughed today? Proverbs 17:33 (KJV) "A merry heart doeth good like a medicine: but a broken spirit drieth the bones." Little children laugh often. When we are out walking, we will hear children outside playing and laughing. They are just full of joy. They do not have a care in the world. Often as adults, we do not seem to laugh very often or much. We do not think there is any reason to laugh or even be happy or joyful. Maybe this why the Word of God tells us to be like little children.

We need to realize that our inner life affects our well-being. A merry heart brings healing and relief. Wrong or distorted thinking leads to a bitter attitude which results in physical issues. How is our inner life? How is our well-being? Depression kills. Emotions have a big impact on our bodies. Negative emotions can cause rashes, ulcers, headaches, even causing our hair to fall out and the list continues. Laughter produces chemicals that relieve stress, so joy is a reliver. Joyfulness prolongs our days. Gladness of heart is the life of man. As believers, we have every reason to be joyful.

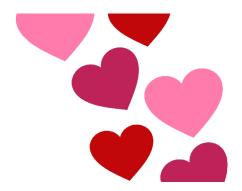
Proverbs 15:13 (AMP) "A glad heart makes a cheerful countenance, but by sorrow of heart the spirit is broken." Our inner joy shows on our face on the other hand sorrow creates despondency and despair. Prov-

**Everyday Godly Living** 

erbs 15:15 (AMP) "All the days of the desponding and afflicted are made evil [bv anxious thoughts and forebodings], but he who has a glad heart has a continual feast [regardless of circumstances]." The joy of the Lord in us helps us continue despite circumstances. The state of heart governs the outward condition. The joy of the Lord is our strength. In His presence is fullness of joy. If our joy is waning, we need to get in His presence.

Here is a story that will warm our hearts. A stranger in St. Louis stopped a policeman one Sunday morning and asked him to recommend a church. He directed him to one at a little distance. "What's the matter with these other churches that I see along the way?" asked the stranger. "Why don't you recommend them?" "To tell the truth," replied the policeman, "I am an unbeliever myself, but people coming out of that church are always happy. They are different. If I ever decided to go to church, that's where I'd go. They've got something there that makes them happy." That something was the gospel of Jesus Christ. You may not be able to fully understand it, but it has the power to give you the joy, peace, and satisfaction of heart that the whole world cannot give. Are we making an impact by our joyfulness?

As believers, we should be satisfied from within, our joy is not result of circumstances. Jov based on circumstances is often short lived. When ever we think of joy, think of David dancing before the Lord unashamedly. As a child of the God, we should have real joy, the joy of the Lord in our life. Not only is the Lord our Savior but also our daily portion. If we are casting all our cares upon Him, we are putting all our affairs into His hand and we will be joyful and have a cheerful countenance. Someone who has a burden heart is someone is trying to do things in their own power and carrying their own cares. Are we joyful? Have we laughed today? We should have inner joy all the time. Psalms tells us we should serve the Lord with gladness. Are we serving, worshipping the Lord joyfully?





## FEBRUARY 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Celebrate Monthly Birthday & Anniver- saries 10:30am MW/ Children/Youth 6:30 pm Music Practice 7pm Evening Service		4	5 Feed the Needy 12 pm– 2:00 pm 7pm Bible Study	6 Feed the Needy 4 pm– 6 pm	7 Valentine's Party 7 pm	8
9 10:30am MW/ Children/Youth 6:30 pm Music Prac- tice 7pm Evening Service		11		13 Feed the Needy 4 pm– 6 pm	14 Valentine's Day	15
		18		20 Feed the Needy 4 pm– 6 pm	21	22
23  10:30am MW/ Children/Youth  6:30 pm Music Practice 7pm Evening Service		25	Feed the Needy 12 pm– 2:00 pm	27 Feed the Needy 4 pm– 6 pm	28	29