



# Nuggets of Treasure

## Prayer



*May 2023*

*Volume 33 Issue 1*

Philippians 4:6-8 "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things." It is easy to say do not be anxious and pray, but not always easy to do it. Being anxious pulls us in different directions. When we are anxious or worried, we can have physical consequences, like headaches, ulcers, etc. Worry also affects our thinking. As believers, we can say worry is wrong thinking about circumstances, people, and things. Worry and anxiety steal our joy. It is not enough to tell ourselves to "quit worrying." So how do we get the victory over worry or being anxious? The antidote to worry is a secure mind. Philippians 4:7 "And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." We need to pray and think right.

Prayer is making a request known to the Lord. Whenever we worry,

our first action ought to be to get alone with God and worship Him. We must see the greatness and majesty of our Lord God. We should know that He is big enough to solve our problems. We cannot just rush into His presence and tell Him our needs; we need first to worship Him. Then we can earnestly share our needs and problems in supplication. After we share, our needs, comes giving thanks to the Lord. As parents and grandparents like to hear "thank you," so does the Lord. Remember the ten lepers; only one returned to give. Are we in the ten percent like the lepers? Too many people are eager to ask but slow to appreciate. Are we one of them?

We are to take everything to God in prayer. We are not to worry about anything but pray about everything. Too often, we only pray about "big things"; we do not want to bother the Lord with the so-called "little things." Guess what? Those "little things" can become things. We should go to the Lord God about everything that concerns us; that is the first step toward victory over worry.

Victory over worry and having peace does not mean the absence of trials, but it means we have confidence within, regard-

less of circumstances, people, or things. Daniel gives us an instance of peace through prayer. Daniel still prayed to the Lord when the king announced that none of his subjects were to pray to anyone except the king. Daniel 6:10 "When Daniel knew that the document had been signed, he went to his house where he had windows in his upper chamber open toward Jerusalem. He got down on his knees three times a day and prayed and gave thanks before his God, as he had done previously." Daniel prayed, gave thanksgiving, and as a result, had peace in difficulty. Daniel could spend the night in the lion's den in perfect peace. The first condition for a mind to stay on Him, and victory over worry and anxiousness is praying, coming into His presence.

Peace involves the heart and the mind. Isaiah 26:3 "Thou wilt keep him in perfect peace, whose mind is stayed on Thee: because he trusteth in Thee." We must bring into captivity every thought to the obedience of Christ.

Paul tells us in detail what we ought to think about as believers. First, whatever is true. What is true? The Word of God is true. Dr. Walter Cavert reported a survey on worry that indicated that only 8 percent of the things people worried about were legitimate matters



## Upcoming Events 2023

May 14 Mother's Day



May 29 Memorial Day

June 18 Father's Day



July 4 Independence Day



### Church Offices

The Administrative Office is not located at the church building.

Ministry Office is at the church by appointment only:  
13th & Fillmore, Caldwell, ID  
Phone 208-459-6000  
FAX 208-459-6600

"I find that when I think I am asking God to forgive me I am often in reality (unless I watch myself very carefully) asking Him to do something quite different. I am asking Him not to forgive me but to excuse me. But there is all the difference in the world between forgiving and excusing. Forgiveness says "Yes, you have done this thing, but I accept your apology, I will never hold it against you and everything between us two will be exactly as it was before." But excusing says "I see that you couldn't help it or didn't mean it, you weren't really to blame." Real forgiveness means looking steadily at the sin, the sin that is left over without any excuse, after all allowances have been made, and seeing it in all its horror, dirt, meanness and malice, and nevertheless being wholly reconciled to the man who has done it. "—C.S. Lewis

"All you have to decide is what to do with the time that is given to you. "—J R R Tolkien

"Never get too busy to pray."—Toby Mac



### Our Helping Hands Show A Loving Heart

Get involved, find a place to help. We all have something to give. We need greeters, ushers, maintenance, socials, visitations, children, youth, food center, music, socials, driving etc.

### VOLUNTEER



### Oasis Food Center Update

#### April 2023

Families: 1,207  
New Families: 65  
Total People: 4,609

#### Year to Date 2023 (as of 5/4/23)

Families: 5,297  
New Families: 297  
Total People: 20,813

#### Year to Date 2022

Families: 15,288  
New Families: 766  
Total People: 60,604





## RECIPE CORNER

### Nuggets of Treasure

of concern! The other 92 percent were imaginary, never happened, or problematic issues the people had no control over. We can control our minds through the Holy Spirit and the truth.

We are to think about honest and just things, which means "worthy of respect and right." We focus our attention on the Word of God and let the Word of God control our thoughts. Think about the Lord; He is honest and just.

We are to think about the things that are pure, lovely, and of a good report. Don't focus on the wrong or corrupt things but think about God's things. The Word is pure, lovely, and of a good report.

We are to think about the things of virtue and praise. If something is worthy of praise, we should tell others. Psalms 19:7-9 "The law (Word) of the Lord is perfect, reviving the soul; the testimony (Word) of the Lord is sure, making wise the simple; the precepts (Word) of the Lord are right, rejoicing the heart; the commandment (Word) of the Lord is pure, enlightening the eyes; the fear of the Lord is clean, enduring forever; the rules (Word) of the Lord are true, and righteous altogether." Psalms 119:165 "Great peace have they which love The Law (Word)." Right thinking is the result of daily meditation on the Word of God.

### Lemon Pudding Cake with Fresh Mixed Berries

#### Ingredients

- 1 tablespoon unsalted butter
- 2/3 cup superfine sugar, plus more for dusting
- 2 eggs, separated
- 2/3 cup reduced fat buttermilk
- 2 tablespoons lemon juice
- 1 tablespoon lemon zest
- 1/4 cup all-purpose flour
- 1/4 teaspoon salt

#### Garnish:

- 1 cup fresh raspberries
- 1 cup fresh blueberries
- 1 cup fresh blackberries
- 2 tablespoons confectioners' sugar



#### Directions

Preheat oven to 325 degrees F. Butter and lightly sugar 4 ramekins (about 1-cup size).

In a mixer, add egg yolks, buttermilk, lemon juice and lemon zest and beat until well combined. Reduce the speed to low and sift in flour, sugar and salt. Continue to mix until combined. Beat egg whites until you get stiff peaks then combine the 2 mixtures by gently folding them together, a little at a time. Divide evenly amongst ramekins then bake in a water bath - set ramekins in a roasting tray and fill with water halfway up the sides of the ramekins.

Bake for 45 minutes until the top springs back when gently pressed and the cakes have a nice golden brown color. Allow to cool slightly, then carefully invert onto a plate. Serve with fresh berries and dust with powdered sugar.



## Nuggets of Treasure

Luke 10:25-37 “And behold, a lawyer stood up to put him to the test, saying, “Teacher, what shall I do to inherit eternal life?” He said to him, “What is written in the Law? How do you read it?” And he answered, “You shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself.” And he said to him, “You have answered correctly; do this, and you will live.” But he, desiring to justify himself, said to Jesus, “And who is my neighbor?” Jesus replied, “A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him and departed, leaving him half dead. Now by chance, a priest was going down that road, and when he saw him, he passed by on the other side. So likewise, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was, and when he saw him, he had compassion. He went to him and bound up his wounds, pouring on oil and wine. Then he set him on his own animal and brought him to an inn and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, ‘Take care of him, and whatever more you spend, I will repay you when I come back.’ Which of these three, do you think, proved to be a neighbor to the

## Everyday Godly Living

man who fell among the robbers?”

To truly understand the impact of this story, we must realize that Samaritans and Jews were enemies. So the people in the story that we expect to help the injured man walked on by, but the person who was supposed to be the enemy helped and went the extra mile. Are we like the lawyer in the story asking, “Who is our neighbor?” Our neighbor is anyone we can help.

Jesus tells us that if we love God with all of our heart and love our neighbor as ourselves, we will help others in need. We will have compassion. Are we a person who offers assistance to those in need even if it costs us something, inconvenience, time, or money? Are we a neighbor to anyone in need, even those who are unlike us?

An outgrowth of our love for God will cause us to respond to fellow humans. We are to love and be neighbors to those who are part of our lives, those we come in contact with. Kindness or being a neighbor is not found in a racial bond, nationality, color, gender, proximity, or by living in a particular neighborhood. We become a neighbor by

responding sensitively to the needs of others. Such was the example of the Samaritan, who not only makes comfortable the beaten man’s wounds but also took him to a place of shelter, cared for him, and made sure his needs were met. The Samaritan cared for a person he had never seen before. Without asking questions, he was merciful and kind to a person half-dead. By reviving life, he demonstrates life. If we seek to limit those we serve, we need to take notice of the lesson Jesus taught the lawyer. The question is not who we may or may not serve but serving where a need exists. We are not to seek to regulate who our neighbors might be. Instead, we are to be neighbors to those whose needs we can meet.





# MAY 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Feed the Needy 12 pm – 2:00 pm  7pm Bible Study	4  Feed the Needy 4 pm – 6 pm	5	6
7 10:30am MW/ Children/Youth  6:30pm Music Prac- tice 7pm Evening Service	8	9	10 Feed the Needy 12 pm – 2:00 pm  7pm Bible Study	11  Feed the Needy 4 pm – 6 pm	12	13
14 <i>Mother's Day</i> 10:30am MW/ Children/Youth	15	16	17 Feed the Needy 12 pm – 2:00 pm  7pm Bible Study	18  Feed the Needy 4 pm – 6 pm	19	20
21 10:30am MW/ Children/Youth  6:30pm Music Prac- tice 7pm Evening Service	22	23	24 Feed the Needy 12 pm – 2:00 pm  7pm Bible Study	25  Feed the Needy 4 pm – 6 pm	26	27
28 10:30am MW/ Children/Youth  6:30pm Music Prac- tice 7pm Evening Service	29	30	31 Feed the Needy 12 pm – 2:00 pm  7pm Bible Study			