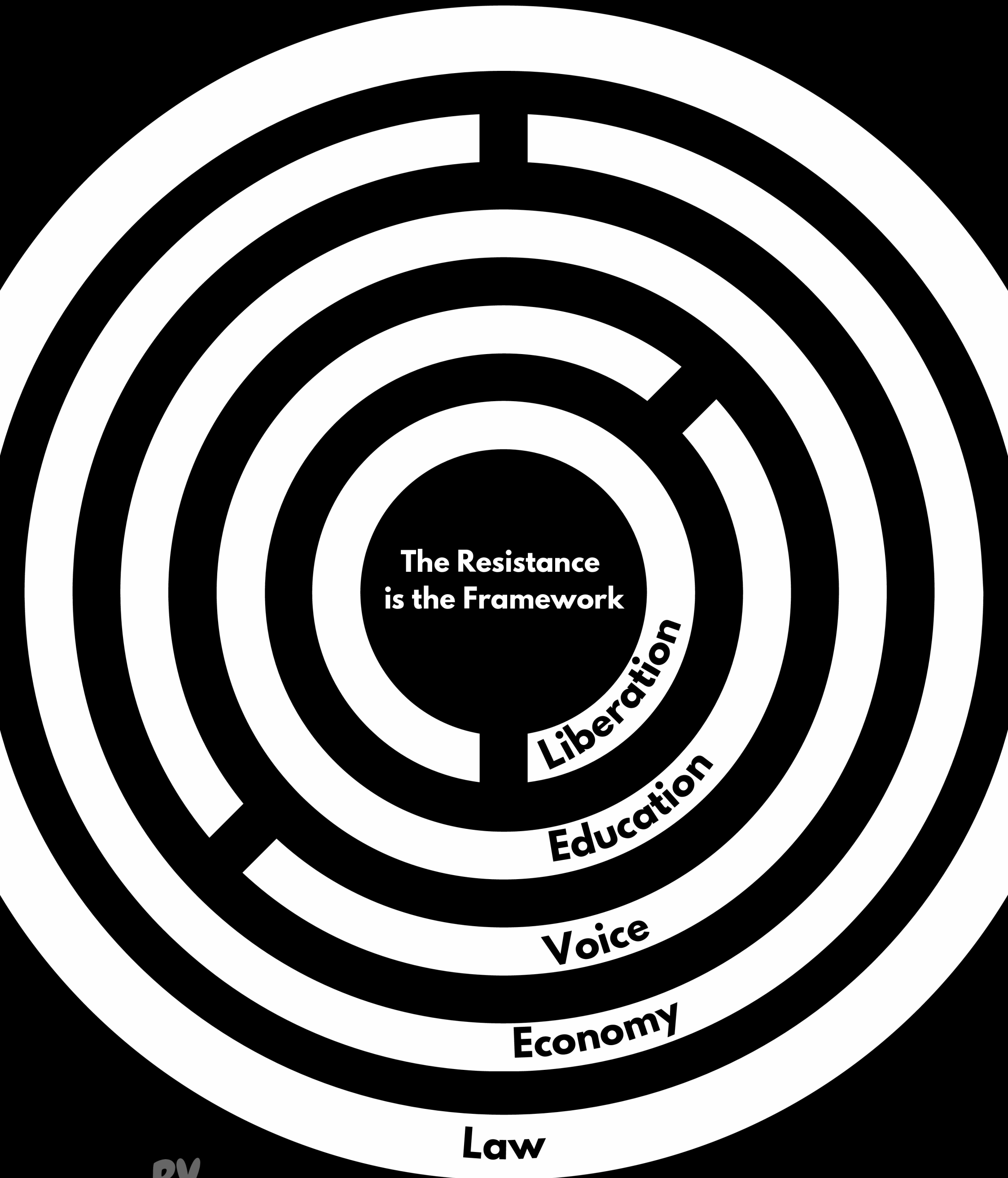


Spiral Model: The Five Fronts of the Resistance

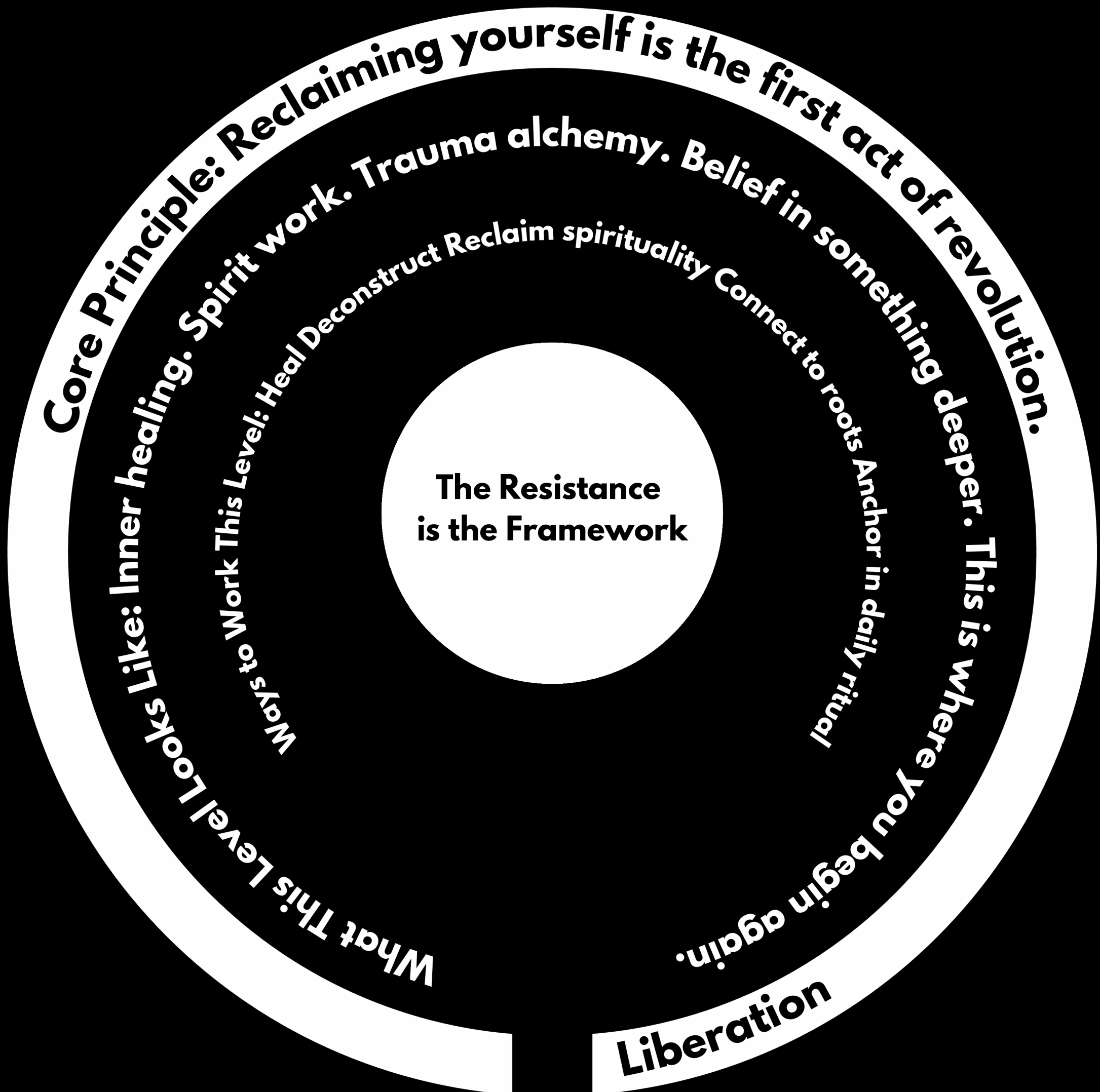


BY:

D'Journey Louise

Spiral Model: The Five Fronts of the Resistance

Inner Level: Liberation



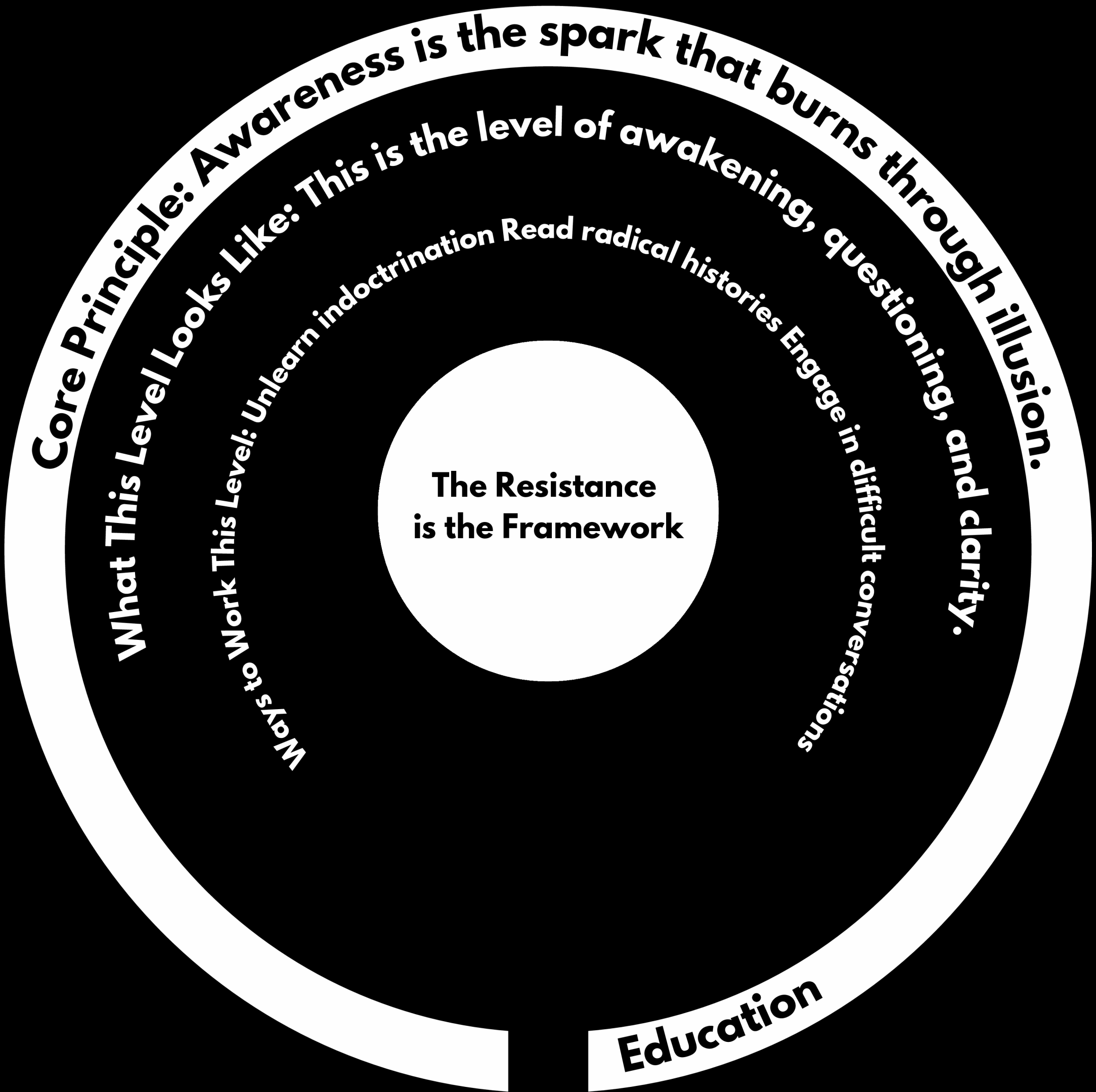
BY:

D'JourneyLouise

What have I been taught about freedom?
What does liberation look like for me?
How do I reconnect to my own power?

Spiral Model: The Five Fronts of the Resistance

Mind Level: Education



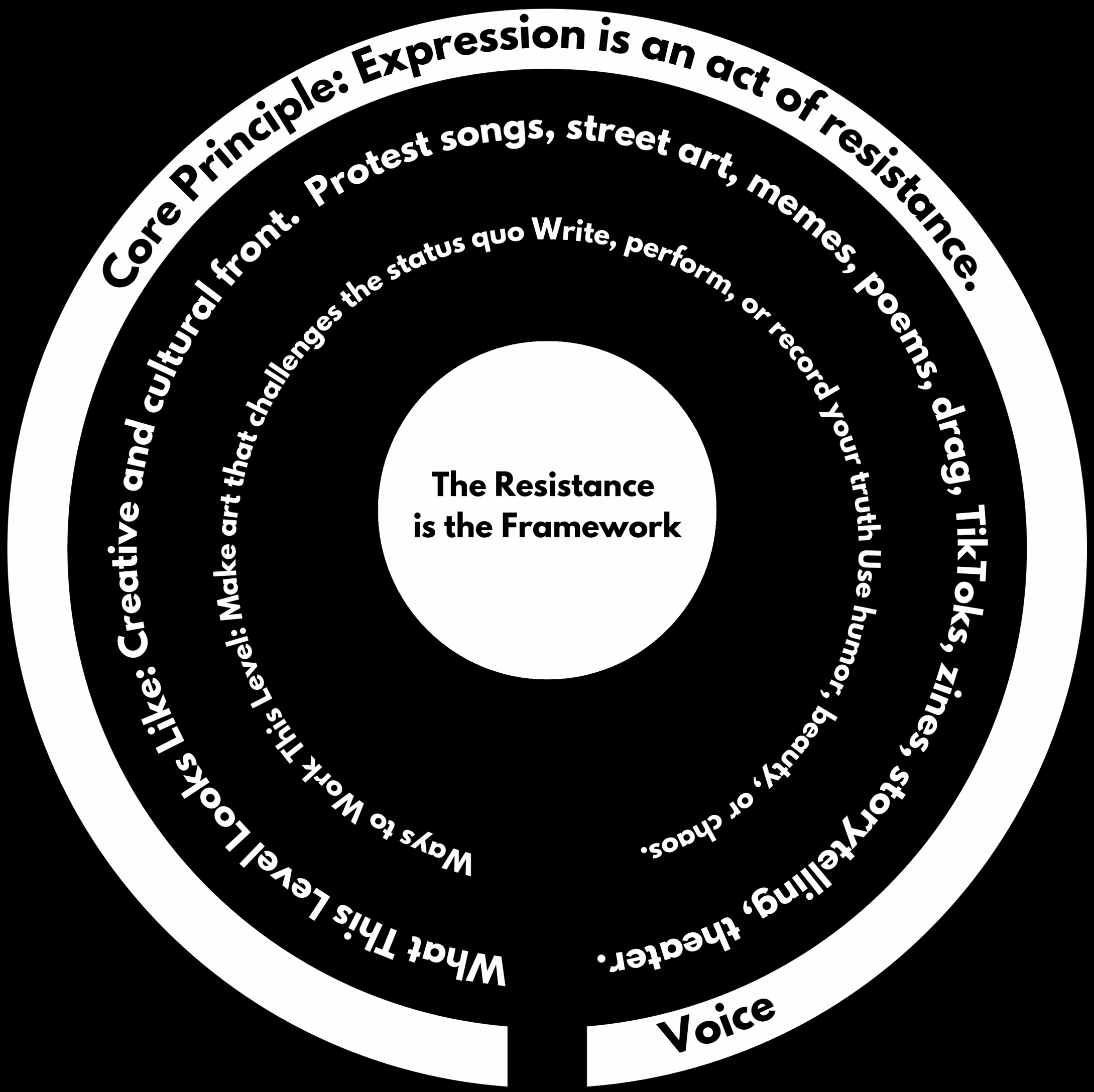
BY:

D’JourneyLouise

What systems taught me to stay silent?
What beliefs have I never questioned?
How do I use what I’ve learned to set others free?

Spiral Model: The Five Fronts of the Resistance

Voice Level: Voice

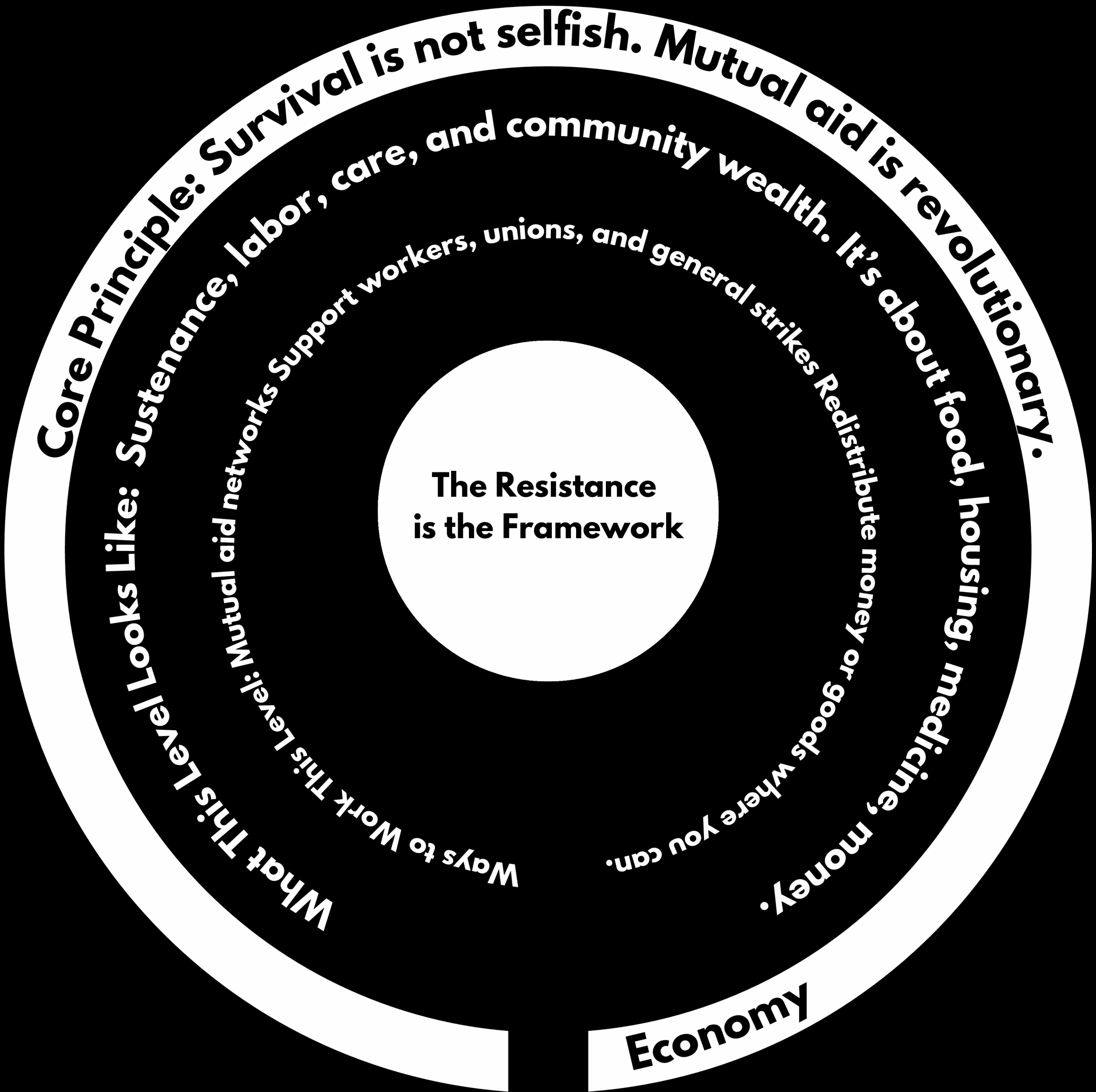


BY:
D'Journey Louise

What stories have I been afraid to tell?
How do I want to be remembered?
What can I create that shifts culture?

Spiral Model: The Five Fronts of the Resistance

Body Level: Economy



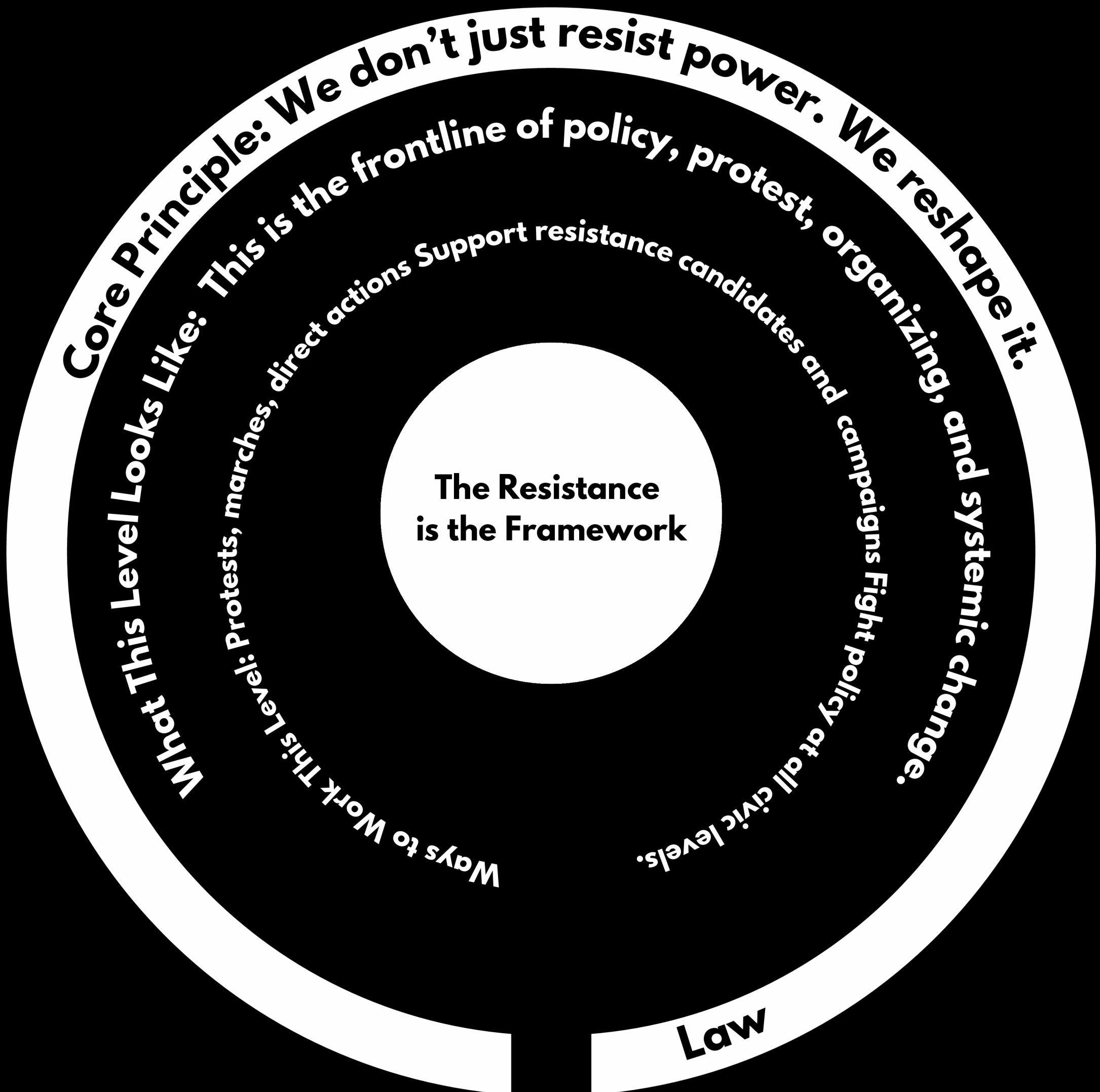
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D'JourneyLouise

Who taught me that scarcity is normal?
How can I share power or resources today?
What does care look like in action?

Spiral Model: The Five Fronts of the Resistance

System Level: Law



BY:

D'JourneyLouise

What systems am I helping uphold?
How do I hold power accountable?
What does a future system built on justice look like?