## A Vision for a Safe and Peaceful World

What if we lived in a world without pain?

Have you ever thought about what that would look like?

A world where we don't fear ourselves or each other.

A world where we don't need to lock our doors.

A world where we don't love or hate someone, including ourselves, based on physical characteristics.

A world without poverty, pollution, and waste.

A world where we trust ourselves to know the basics between right and wrong.

A world where each one of us maintains our own control and responsibility for our own minds, bodies, emotions, hearts, and souls.

A world where we don't need to look to religions or governments for guidance on how to behave.

A world where we acknowledge everyone is in pain, and we understand we are the primary source of that pain.

A world where we can be open and honest about the sources of our pain, and the people we tell about our pain, believe us and take actions to help us stop more pain.

A world where we acknowledge all children are brilliant and unique with special gifts and talents and they deserve protection throughout all phases of their childhood from any harm which may compromise their ability to develop into happy, healthy, peaceful adults.

A world where we create diverse and inclusive learning options and experiences for all children and adults to fully develop their minds, bodies, emotions, hearts, and souls.

A world where we all work together to help each other through our pain.

## A world where if we stop fueling hate and abuse, they will fade away.

A world where if someone is happy, at peace, and causing no harm, we let them be so.

A world where everyone can reach their full potential because we are supporting each other and operating from a place of peace and love and not from a place of jealousy, greed, revenge, hurt, pain, or fear.

A world where we recognize humans are still evolving and so must all of our systems, particularly our world religions and governments and the way we treat people who cause harm in the world.

A world focused on healing pain, not creating more of it.

# A world where we recognize most people who cause harm to society only do so because our society has harmed and failed them.

A world where people find peace and healing, so trauma and pain stop spreading like wildfire.

A world where life is overflowing with peace, harmony, and happiness instead of hate, trauma, pain, and suffering.

A world where we recognize people who are hurting need help, not hate.

## A world where we recognize people who hurt others need help, not hate.

A world where we amass wealth in all forms using healthy collaboration with respect for each other and the planet.

A world where we explore the unknown limits and the greatness of our human potential with open minds, hearts, and souls.

A world where the wealthiest people help facilitate positive changes and healing in our world.

# A world where we all recognize happy, healthy, safe, peaceful societies accomplish exponentially more than hurtful, hateful, fear-driven societies.

A world where we know if we take care of each other and the planet, our lives will continue to be better.

A world where we are immune to hateful distractions, allowing us to think clearer and further develop our brains, consciousness, and capacity for love and forgiveness.

## A world where we stop profiting from our pain and using our pain against each other.

A world where we take control and responsibility for ourselves to make all life better.

A world where we acknowledge freedom cannot fully exist until we fully heal our minds, hearts, and souls and stop the pain and suffering in the world.

#### A world where we treat everyone as truly equal.

A world where we remember <u>both</u> baby boys and baby girls cry, and at some point, we tell boys to stop crying . . . to stop <u>feeling</u>.

- Do you think telling boys to navigate the world using a limited range of feelings and emotions could lead to boys and men committing almost all of the violent crimes in the world? Do you think telling boys not to fully develop their emotions has led to us sexually exploiting women and treating women as objects? Can you imagine a world where we allow baby boys to grow up and develop all of their emotions, instead of giving them few options to process and express their fear and pain?
- We allow baby girls to develop a different set of emotions, also limiting their full human potential and growth. Do you think this has led to women feeling less powerful and having less power in the world? Do you think stunting emotional growth and expression in girls and boys has led to all sorts of confusion, pain, and trauma in the world? Do you think if we change this one thing alone, we will change the world in the most profound, positive way?

We're a complex species, with unlimited potential for love, peace, kindness, and greatness. Yet, we haven't allowed ourselves to advance anywhere close to our full potential.

Can you imagine how powerful it would be if we allow all humans to develop their full range of emotions? Can you imagine how much less pain there will be? Can you imagine how much smarter, collaborative,

and peaceful our world will be? Can you imagine how much more fun our world will be when we all understand and relate to each other better?

### All of this is possible in a world without pain.

Human pain and suffering, which we inflict upon ourselves and each other, are the sources for all of our problems.

All of us have made choices to get us to where we are today. Our current realities are harsh. We must face the facts if we ever want to evolve and grow as humans and live in a pain free, peaceful society.

In our current world, literally every second, we are allowing someone to be emotionally and sexually violated and exploited. Every second. The victims are usually women and children. Picture that in your head and heart. Are we okay with this? Aren't we all responsible for this happening? Can you imagine how that sort of extreme trauma affects someone? Are we able to fully comprehend how abusive acts contribute to the pain and hate in our world?

What are the reverberating negative effects of abuse and exploitation? How many people who commit crimes in society are victims themselves of sexual abuse or some other abuse? Our current criminal justice systems don't promote healing. They promote more pain, and we need to stop this cycle of pain if we want to live in a peaceful world. What benefit does more harm bring?

If we don't think heinous acts like human sex trafficking are wrong and must be stopped immediately, then what's wrong with us? Aren't humans able to empathize with pain and suffering in a way to make sure we stop more pain and suffering? Are we unable or unwilling to understand pain and suffering negatively affect all of us and the planet? We need to help each other heal, so we can stop the global pain. We

need to accept that all humans must develop a full range of emotions, regardless of gender.

So much pain exists—rape, incest, pedophilia, sex trafficking, racism, sexism, hate, murder, war, corruption, greed, revenge, and poverty, to name a few—and we are letting it all happen. Why?

We have the power to change this. What does it mean about the human species if we don't choose peace over pain? What does it mean if we continue to let people hurt each other? We are all responsible for the pain and suffering in the world. Why would we allow people to be tortured every day? Who is going to fix this? What's stopping us from creating a world where every interaction is positive, peaceful, and healing?

The human species is the only species on the planet who has developed countless laws, governments, religions, organizations and innumerable systems to protect ourselves from <u>each other</u>.

Why are we convinced we can't take individual action and change our world to make a peaceful one, where every person is free to pursue their own creativity and gifts without harm? Why are we stuck thinking someone else will save us, and we don't have to help each other stop the hate and pain in the world? Is this what religions and governments promised us—that they will make the world better? **Are these organizations failing us, or are we failing us?** 

We can't point the finger at anyone but ourselves. It's ALL of our fault. We've all made choices to get us here, but that doesn't mean we have to stay on this trajectory. We can make different choices, if we trust ourselves to know the basics of right from wrong. If we don't get distracted by hate and frustration in a world that seems to want hate, frustration, and confusion to exist. A world that wants us to harm each

## other. A world that makes trillions of dollars off us harming each other.

When are we going to use our immense individual power to make positive changes in the world? We don't need laws, religions, or governments for that, do we? When will we recognize we are all in pain and only <u>hurt</u> people, <u>hurt</u> other people? It's up to each one of us to stand up for what's right and wrong. It's up to each one of us to help each other heal by creating a safe world for all. It's up to us to protect each other and love one another. It's our responsibility to take action when we know someone is hurting someone else, and to help those who hurt others, so we stop the cycle of pain.

This isn't about money, politics, or religions. They are part of the distraction to keep us painfully toiling for something we think we want or need. And, if you think about it, almost everything is a distraction, including our gender, ethnicity, and skin color. These distractions exist and are often distorted and used against us, so we don't focus on healing ourselves and each other. Why do you think that is?

Our world makes trillions of dollars off of human pain and suffering. We actively engage in hate every day, like we love it and derive joy from it. Do we? Does it make us feel good to hurt ourselves and each other by using our pain to cause more and more pain in the world? Is that who we are as a human species? Can't we do much, much better than this?

Can you imagine how we would feel if we lived in a peaceful world, where hate and pain didn't exist, where pure love was our primary fuel?

What does it mean that our species allows women and children to become sex slaves every single second?

What does it mean when we allow people to continue to hurt others?

#### Healthy, happy, peaceful people don't hurt other people.

Happy, healthy, peaceful people want everyone to have their own power.

Happy, healthy, peaceful people don't suppress emotional growth.

Happy, healthy, peaceful people want to live in peace, not chaos.

Happy, healthy, peaceful people want to learn from each other and build a world based on love, trust, honesty, collaboration, understanding, empathy, forgiveness, healing, and peace.

### This is about our humanity, our souls.

How much are we worth?

Are we worth saving ourselves, each other, and the planet?

We have the power to make changes.

It's much easier and more natural to love than to hate, isn't it?

Our brains and hearts are powerful. Don't let the noise created by our pain prevent us from seeing all of the good in the world. Don't let the noise stop us from seeing a completely different path, where love and peace drive all of our actions, not hate, fear, greed, and pain.

We know right from wrong. We know we are all responsible for all of the pain in the entire world. We know and trust we have all of the answers inside ourselves and each other. We know and trust the path to peace and healing is natural, intuitive, and easy if we open our hearts and minds and choose a different path with unlimited possibilities.

Let's choose to leave fear, hate, and pain in our pasts.

Let's choose to help each other heal.

Let's choose to work together, inspire each other, and create a peaceful world with an unlimited potential for greatness.

Don't all of us deserve that?

Why wouldn't we choose to do that?

What's stopping us?

