

College and Autism Monthly Coaching Package Comparison

Package	Monthly Cost	Zoom Coaching Sessions	Phone or Voicemail Check-Ins	Text Message Support	Best Fit For
Lower-Support Package	\$129	Two 45-minute sessions per month	One per week, up to 30 minutes	Up to 3 per week	Students who need light accountability or are transitioning toward independence
Standard Package	\$199	One 45-minute session per week	Two per week, up to 30 minutes each	Up to 5 per week	Students who benefit from consistent structure and ongoing skill-building
Higher-Support Package	\$299	Two 45-minute sessions per week	Up to three per week, up to 30 minutes each	Up to 10 per week	Students needing intensive support, frequent check-ins, or high-demand planning