

T. Scott Smith Consulting

T. Scott Smith, PhD
2851 Johnston Street, Suite 527
Lafayette, LA 70503
Mobile: (337) 501-2104
scott@tscottsmithconsulting.com

Frequently Asked Questions

Academic Counseling and Coaching for College Students with Autism

What is academic counseling and coaching?

Academic counseling and coaching focuses on helping college students develop the skills needed to succeed in higher education. Services emphasize organization, time management, self-advocacy, academic planning, and navigating college systems. The goal is to support independence, confidence, and long-term academic and vocational success.

How are services provided?

Services are delivered remotely through voice calls, text-based support, and Zoom meetings. This flexible format allows students to receive consistent support regardless of location and supports real-time problem-solving.

Who can benefit from academic counseling and coaching?

College students with autism who experience academic, organizational, or transition-related challenges may benefit. Services are also appropriate for students who are academically capable but need support with planning, communication, or managing college demands.

What service plans are available and what do they include?

\$129 per month – Foundational Support Plan

- One scheduled voice or Zoom session per month
- Ongoing text-based check-ins and reminders
- Academic planning and goal setting
- Organization and time management strategies

\$199 per month – Enhanced Support Plan

- Two scheduled voice or Zoom sessions per month
- Priority text-based support
- Support with self-advocacy and accommodations
- Scheduling and academic decision-making support

\$299 per month – Comprehensive Support Plan

- Weekly scheduled voice or Zoom sessions
- Unlimited text-based support
- Executive functioning and self-advocacy coaching
- Major selection and career planning support
- Coordination with disability services or vocational rehabilitation

How is academic counseling and coaching different from therapy?

Academic counseling and coaching are skill-based and goal-oriented services focused on practical strategies rather than mental health treatment.

What are your professional qualifications?

Dr. T. Scott Smith is a Licensed Rehabilitation Counselor, Certified Rehabilitation Counselor (CRC), and Certified Life Care Planner (CLCP). He has over 13 years of experience as an academic counselor at the collegiate level and has completed more than 2,500 rehabilitation and collegiate counseling referrals.

For More Information

Dr. T. Scott Smith

Vocational Rehabilitation Counselor

collegeandautism.com

2851 Johnston Street, Suite 527

Lafayette, LA 70503