

T. Scott Smith Consulting

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Career Exploration and Employment Preparation While in College

Educational Brochure for College Students

Overview

Preparing for employment is an important part of your college experience. College provides opportunities to explore careers, build job skills, and gain work experience that can support your goals after graduation. Starting career planning early can reduce stress and increase confidence about the future.

This brochure highlights ways to explore career interests, develop workplace skills, and use campus and community resources to prepare for employment while you are still in college.

Key Areas of Career and Employment Preparation

- Identifying interests, strengths, and career goals
- Exploring careers related to your academic program
- Gaining experience through internships, part-time work, or volunteering
- Developing resumes, cover letters, and interview skills
- Understanding disclosure and accommodations in the workplace

Student Career Preparation Checklist

- ✓ Visit campus career services early in your college program
- ✓ Participate in internships or work-based learning opportunities
- ✓ Build and update your resume regularly
- ✓ Practice interview and workplace communication skills
- ✓ Explore vocational rehabilitation services if additional support is needed

Recommendations for Students

Career development is a process that happens over time. Trying new experiences, reflecting on what you enjoy, and learning from challenges can help you make informed decisions. Using available support and planning ahead increases your readiness for employment and long-term independence.

For More Information

For individualized guidance, transition planning, or vocational rehabilitation services related to college students with autism, please contact:

Dr. T. Scott Smith

Vocational Rehabilitation Counselor

collegeandautism.com

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