

HAPPY BIRTHDAY

June 2023 | Issue 07

Village POST

Connecting Bridekirk, Dovenby, Gilcrux and Tallentire



**We know
the area, the people,
the news.
We strive to support
the community and
celebrate the joys of
village life!**



First anniversary edition



WELCOME
TO EDITION 7

Village ^{P O S T}

Happy (almost) summer to all our readers from your *Village Post* volunteer team!

We hope you enjoy the happy pictures and reports from the Coronation events in the villages.

It's a special edition this time as *Village Post* celebrates its first anniversary. We've come a long way from the days of planning a replacement for the small Parish magazine to becoming 17th out of 450 in the 2022 National Parish magazine awards with our two first editions. Watch out for 2023!

The content is expanding and so are the contributors. We hope you enjoy our interviews, particularly with Malcolm Wilson of M-Sport as his world famous business is on our doorstep and he is a locally born and bred success story.

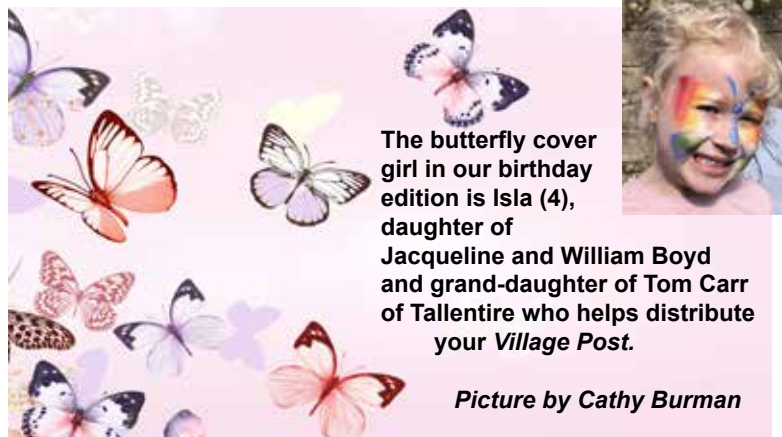
Going into our second year there is much more planned. In particular, a *Village Post* website and the launch of a Goodwill Partners scheme to ensure that the future of the magazine is fully community-based and sustainable. Read about that in the August edition.

Meanwhile enjoy our birthday edition!

Marjory Thompson

Village Post editor

email: editor@villagepost.uk tel: 07836 371035



Village Post is written FOR and BY local residents. It is delivered free through your door six times a year and aims to be the 'Go To' place for local and community information.

Dates for delivery of your 2023 editions are:

August	29-31 July
October	30 September-2 October
December	30 November-2 December

VILLAGE POST is the ideal place for you to advertise, whether you are a trader, have a small business or offer a service in the area.

Contact Silvana on 07901 286000
or email sales@villagepost.uk

Contents

Happy birthday to us!	3
Tallentire party	4-5
Gilcruix party	6-7
Marathon marvels	8
Dovenby, Bridekirk, Greengill spotlight	9
Sue Bird tribute	10
Meredyth meets	11
Kendall couple tribute	11
Cooking & Gardening	13
Reclaim your paths	14
Meet Malcolm Wilson	15
St Bridget's Church	16/17
Bridekirk Dovenby School	18/19
Bowling Club invitation	20

The VP team



EDITOR:
Marjory Thompson



TREASURER:
Emma Williams



SALES:
Silvana Hewitt



FOUNDER & TRUSTEE:
Meredyth Bell MBE



TRUSTEE:
Rev Dr
Adrian Thompson



TRUSTEE:
Parish councillor
Roy Stenson



PHOTOGRAPHER
Sophie Cowan



**CONTRIBUTOR
and DOVENBY
REPORTER**
Matthew Chambers





Celebrating a year of your village magazine



Village ^{POST}

Village Post was launched in June 2022 by a volunteer team of your neighbours who wanted to boost community links and connect people of all ages. This current issue will be our seventh.

Although we distribute every second month, an extra issue for the Platinum Jubilee events in Gilcrux, Tallentire and Bridekirk in July and Dovenby in September really helped embed the magazine in the community.

The contributors have been growing and the feedback has been really positive.

Even **Her Majesty Queen Elizabeth** got in touch with TWO letters of congratulations on our publication and her thanks to our villages for celebrating her Jubilee.

Our first two editions were entered into the National Parish Magazine Awards. And, despite being brand new, came 17th/450 entries!!!!

We've made links with other parish magazines throughout the country to share best practice and exchange ideas, really worthwhile. Compressed versions of the magazine are emailed on request to the community and advertisers.

From the very start, involvement of young people has been a major goal and we have welcomed contributions from photographer Sophie Cowan from Tallentire and contributor/distributor Matthew Chambers from Dovenby as well as other local youngsters who have sent in stories, drawings and pictures.

School buy-in has been outstanding thanks to headteacher Julia Fish. Pupil newshounds launched in the October edition to boost the school news reports.

We only have a small team of volunteers but we have been forging links with Parish Councils, Gilcrux Village Hall, Bridekirk Church and local organisations.

We've thanked Cumbria Community Foundation for the grant to start *Village Post* (via Tallentire Windfarm Fund) by publishing promotional articles encouraging panel members and promoting projects that have received grants locally.

In October we recruited an enthusiastic new treasurer Emma Williams from Dovenby who has proved a real asset. We also were delighted to welcome a team of 10 willing distributors from our four villages who also act as a focus group to drive content.

As we start our second year, it is the wonderful partnership with *We Are Curious Cumbria* (launched in the February edition) which is likely to make a major impact on the environment around our lovely villages.

The 'Reclaim Your Paths' campaign has attracted a huge support from many people following an excellent launch meeting. Access to local paths has been THE biggest single issue from readers since we launched. Now it's happening ... with you behind it in a big way! Thank you for your continuing and growing support.

Watch out for regular reports every issue on the progress (see page 14).



What you have to say!

Our experience with the wonderful *Village Post* has been nothing but positive.

Delivery of the first edition was eagerly awaited, and the arrival of each subsequent one in the post box has been welcomed. They have all been read from cover to cover and thoroughly enjoyed. The sense of community that the publication has created has been amazing - fellow Tallentire residents who were previously just faces passing by in cars or nodding acquaintances are now all on first name terms. Dog walking time has had to be extended to accommodate innumerable friendly chats and catching up with all the news and gossip. What an absolutely splendid achievement! Keep up the great work team.

Andrew Williamson, Tallentire

Well done. A success.

Eve Dumbhill, Dovenby

My opinion is that the *Village Post* has proven to be a great asset to the parishes in both publishing events and also promoting cohesion between the community. Although social media is also important, it is not to everyone's taste with many preferring the written word on paper! I congratulate you and all the team on *Village Post*, a great read!

Helen Johnson, Gilcrux

***Village Post* is reflective of a wide range of aspects of village life and indicative of modern times and more relevant to the inhabitants of each village rather than the very old church/parish magazine.**

It allows villagers to respond where requests for help are made.

(I responded to the school's request for help with the sensory garden).

The magazine is well put together and attractive to look at, well written with warmth and humour and reaches all ages.

Sue Waterhouse, Bridekirk

Coming next

Village Post website
Cut out and keep useful numbers
Nutrition support and advice
More nature and history articles
Parish Council news

TALLENITRE



A massive thank you to the ladies of Tallentire Fundraisers who pulled off yet another fabulous village event. There was a great turnout in Fernleigh Close which looked amazing with gazebos, bunting and right royally decorated tables, splendid food and not



one, not two but **three** huge Coronation cakes. Sunny weather, good chat and a wonderful magician kept all ages amused for the entire afternoon. Special thanks to **Gill Dungleison** who succeeded yet again in securing money from the Tallentire Windfarm Fund to pay for the celebrations!!!!

Pictures by Marjory Thompson and Cathy Burman





Bouncy castle, face-painting, crown-making and brilliant magician... that was the amazing fun at Tallentire street party. Young Freddie Walsh floated in the air while Eadie Relph turned a white dove into a guinea pig called Tickle with help from magician Mr Martigny.



Thanks to Ray and Monica who hosted a wonderful musical evening at the Bush after the street party.



Not 'lion' to say that the Coronation commemorative goodie bags went down very well with young Gilcrux villagers.



GILCRUX



Full on fun at Gilcrux village

What beautiful weather on Sunday 8 May!!! It was great to that so many families

turned out for Sports Day on the Green in Gilcrux.

In the late afternoon, the Village Hall was packed for afternoon tea in celebration of the Coronation of King Charles and Queen Camilla.

What dreadful weather on the Monday holiday!!! Still, despite the heavy rain, lots of people ventured out to the Mason's Arms to enjoy a busy craft fair, coffee and homemade cakes.

The artists and makers involved donated a percentage of their sales to the Gilcrux Social Fund and *We are Curious Cumbria*. Their generosity meant both groups secured £200 each.

Outside the Mason's, *We are Curious Cumbria* held a plant sale of cottage garden herbaceous perennials, raising a further £200 of which £100 was donated to the Gilcrux Social Fund (GSF).

Plants will be sold throughout the summer to raise funds for both groups. Please text 07359 011144 if you want to come and see what's available.

Traditionally, the GSF exists to provide free days out to the over 60s in the parish, but today under 60s from both Bridekirk and Gilcrux parishes are also welcome on trips for a modest charge.

This year, the GSF have planned a day trip to Alnwick Castle and Gardens in Northumberland, and there's a boat trip and a visit to the car museum in Bowness on Windermere later in the year. Invitations will be delivered very soon, pre-booking is absolutely essential.



Debbie Lilyjones



B.E.
DECOR

Cockermouth-based painters and decorators

Outstanding reputation for high quality workmanship and excellent professional customer service. We can meet all your painting and decorating needs.

We are a professional, friendly, family run locally based painters and decorators with over 20 years experience.

From a complete internal or external redecoration to a single wall we can do it all. Some of our work can be viewed at www.berryelitedecorators.com

Please call **Ashley** on
07908 640607 or
01900 878335 and **017687 85120**

RAYSONS
CARPET CLEANING
Family Business Established 1980

When was the last time you had YOUR carpets cleaned?

For your **FREE QUOTE**
Call us today on **07860 643 795**

- Fully trained, insured, uniformed
- Upholstery Cleaning
- Domestic+ Commercial
- Stainguarding
- Stain Removal

2021 ENGLANDS BUSINESS AWARDS WINNER

Raysons Carpet Cleaning | [raysonscarpetcleaning](https://www.instagram.com/raysonscarpetcleaning) | [@raysonscleaning](https://www.twitter.com/raysonscleaning)

Marathon marvels

As *Village Post* went to print two local walkers were setting out on a marathon walk in aid of Gilcrux village (23 May). Josie Gunson (left) and Helen Moss are neighbours on the



Forelands. They started walking around the villages to keep fit and enjoy the scenery.

“We live in a beautiful part of the country after all,” said Josie. “On one of these walks I had an idea of doing a marathon walk for the village - from Braithwaite to Keswick and back including twice round Derwentwater. We live in a beautiful village so it's good to be able to support it in any way we can. The money will be split between St Mary's Church, Village Hall and Gilcrux Social Fund.

Welcome Arthur

Obviously going to have a bubbly personality is young Arthur Drew Robinson.

He was born in March to Courtney and Matthew who moved to Tallentire last year.

This lucky little boy also has grandparents in the next village of Gilcrux - Paul and Josie Gunson (see story above about proud grandmother Josie).



Well done Barney and Martha

“We donated a small amount of £18.67 to Oak Tree Animal Charity because, as you may know, we love and support all animals.

“We decided to do a bake sale in Fernleigh Close because we love baking and have lots of recipes ready to be used!

“We delivered the money to Oak Tree Animal Charity rescue centre in Carlisle where we got to see all the animals. “Thank you so much to everyone who bought cakes from our stall, we wouldn't have raised that money without you!”



Barney and Martha Kinghan, Tallentire

Dovenby

Pictures by Dovenby's
Matthew Chambers



GRUB'S UP!
(Right) Zac
Hodgson and
his incredible
chilli!



MATTHEW writes: A wonderful group of village
volunteers came together to make this day possible.
A big thank you to them and I hope everybody had a
brilliant Coronation Day!



Greengill



**Dress(aged)
for the occasion**

Joanna Litt from Greengill Farm Cottage
made sure she and pony Victor were
royally dressed for their online dressage
competition.
Little sister Grace was there to support
them in her Coronation T shirt!

Bridekirk

Best door decoration



Tribute to Sue Bird

Lots of Tallentire villagers will have fond memories of Sue Bird, whose funeral took place at Landican Crematorium near Birkenhead on Friday 14 April.

Sue threw herself into village life and was one of the founder members of the Bush Inn's darts team, which played biannual matches against the Mason's Arms, Gilcrux.

On the first few occasions the Bush Inn kept getting stuffed, which didn't please competitive Sue, and to try and halt these defeats the team started going to the pub more often to practice.

Pretty soon this became a regular Sunday night fixture and one of the highlights of the week. Not just because the team was getting better and better at darts, but the camaraderie and banter while having a few pints was tremendous ... and did everyone lots of good.

Sue was a focal point of this, always reliable at turning up on a Sunday night and making sure in the WhatsApp group that the rest of the team would as well. And she had the magic touch when trying to extend last orders with her good friends Ray and Monica.

The practice paid off and the Bush Inn then went undefeated at darts for the next few years. Being a member of the darts team showed the absolute best of Sue - someone who was ultra-determined and would work extremely hard to attain a winning target, but also someone who was an enormous amount of fun.

Sue's speciality at darts, at the end of the night, was a



Sue (front row, second from the left) with Tallentire Bushwhackers.

convoluted and complicated game called Mickey Mouse. Even if she'd been playing rubbish all night at regular 501 she'd suddenly come alive at Mickey Mouse and start trouncing everybody. And just as everyone was set to leave she'd conjure up another round of drinks from Monica and persuade her teammates to hang around a bit longer to get beat again. Sue also played cricket for the Tallentire Bushwhackers pub team. A distinctly ordinary bunch of cricketers, but Sue could properly whack a ball with a bat when she caught one right. She was also a highly effective bowler - sometimes! On one occasion her first ball of the over was a wide, which was immediately followed by her clean bowling someone to take a wicket. Her very next ball was a wide, at which point the Tallentire captain exclaimed: "We know what's coming next" and sure enough Sue clean bowled her next victim. Sue was a loyal friend and will be sadly missed.

Ben Hutton



150 Club Draw April 2023

1 Mrs A Prickett 2 Mr A Lester
3 Mr D Roberts 4 Mr K Bowe.
The First Responders offer an invaluable service to the parishes of Isel, Bridekirk and Setmurthy. They are all trained in life support and give their time freely, bringing their skill and equipment to an emergency in those vital first few minutes.

The "150 club" is a main source of income to provide these volunteers with training and equipment.

If you would like to join the "150 club", or know someone who would, contact Moira Purvis on 01697320534 or email moirapurvis@hotmail.com

Community First Responders offer a free CPR and emergency first aid course

John Thompson, leader of the Community First Responders group, will be putting on a free CPR and emergency first aid course in Blindcrake Village Hall.

A previous course was very well received. The date has not yet been fixed, to allow time for people to register interest.

If would like to be involved, please contact Marisa Soppitt at marisasoppitt@aol.com



We say a big thank you to our Community First Responders

MEREDYTH meets

Bridekirk's Mary McFadyen

I was delighted to meet up with Mary McFadyen as we go back a few years.

Mary, who lives in Bridekirk, is now recovering from a pretty blighting stroke but, as is her norm, she is fighting it and we had a lot of laughs.

Mary hails from a farming family near Wetherell on part of Corby Castle estate. She met her late husband Michael (Mick) whilst working at Martins Bank. Mick's first posting was West Lancs branch followed by his move to Cockermouth Barclays.

Whilst in Lancashire they had two sons and both ended up in hospital at the same time. Neil had his tonsils out and Stuart his adenoids. Mary - starting to show her true grit - complained to the consultant that Neil wasn't well. She was worried. Dismissed as an over-anxious mother she went home, only to be told by the same consultant on the phone that she had been right. Her son had a severe infection.

All ended well but you don't argue with Mary! Early last year when Michael was very poorly in hospital, the ward sister on her rounds introduced herself and all the patients then said: "If you need anything ask Mary. She'll do it or get it done for you - she's a doer!"

Mary went to work at Thomas Armstrong's as the PA to the Managing Director until she retired at 61.

She was then wondering what to do with her time when she received an invitation from Age Concern to attend a strawberry and cream treat in Bridekirk Church Rooms. During the tea they asked for volunteers to carry it on as a Friendship Group.

Mary and Carolyn Heslop volunteered. There may be no such thing as a free meal, only now it was lunch with soup, sandwiches and cake! Mary did the soup, Carolyn the cake and they shared the sandwiches between them. Encouraged by the then Vicar Isabel Halsall (they used her fridge!) it got off to a grand start with nearly 30



people attending for a voluntary donation of £3. Every Christmas Mary sent out begging letters to loads of people for help with funding. A big thank you to Greggs who gave a magnificent £2k for two years. Tallentire Wind Farm Fund gave £700 to cover cutlery and kitchen needs. It didn't just stop at food, there was Christmas lunch at Houghton Hall and bus trips to museums. Sadly, this came to a halt with Covid but has restarted with modest coffee and cakes, Monday mornings 10.30-12 noon.

I have to add a little snippet from Mary. Her lovely home has a wonderful picture window and view. Our vicar Adrian Thompson visited after Michael died and Mary told him about her disappointment that the tree in her front garden had died and so the usual visits of birds (flocks of long tailed tits) had stopped. Adrian turned up 10 days later with a fabulous bird feeder which he fixed into the ground! Birds and Mary's smiles duly returned. Wonderful! I really enjoyed meeting Mary. Her indomitable spirit shines through. We will all miss Mary who is moving down to Cockermouth. Thank you also to friend Carol Dawson who got me up the steps in my wheelchair and took photos. A truly happy morning!



A tribute to Wilson and Carole Kendall ... by their daughter Emma

It is very sad to hear that Wilson and Carole Kendall of Woodcote House, Bridekirk have died within weeks of each other. They lived in Bridekirk since 1989.

Said daughter Emma: "My dad Wilson sadly passed away suddenly aged 72 on 30 January. He loved golf, gardening and searching for crab apples and blackberries.

"He adored his grandchildren Arthur and Maisie. His face would light up whenever they were with him. He loved nothing more than playing silly games with them, becoming young again in those moments. "Wilson spent the last years caring for

Carole who was diagnosed in 2007 with multiple sclerosis.

"My mum Carole also enjoyed spending time with her grandchildren, watching them play and taking them for rides on her wheelchair.

"She loved socialising and shopping and, before her MS stopped her, she was a mean cross stitcher. Carole sadly also passed away on 4 April after a short illness.

"To lose one parent is hard but to lose both parents within nine weeks of each other is difficult to understand.

"I will miss them both deeply - especially their nightly phone calls to tell me which TV programmes to watch and also my dad's Sunday roast."



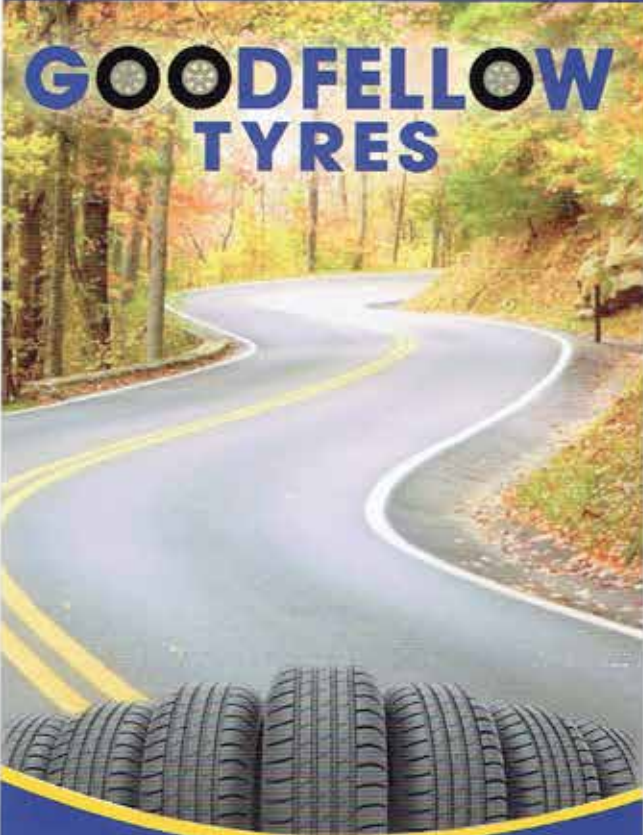
OUTERSPACE
 Designing and building all kinds of gardens in Cumbria since 1993.
 We carry out all aspects of garden work, from stone walling to planting
 Tel: 0791 777 4775

St Helens⁺
Dental
 Market Place, Cockermouth



To book a new patient exam call us on **01900 826210**
 For more information on our services visit our website
www.sthelensdentalpractice.org.uk

GOODFELLOW TYRES



Fairfield Buildings, Cockermouth
01900 823 600
www.goodfellowtyres.com
TYRES • BATTERIES • EXHAUSTS

John Sandelands Funeral Directors Ltd



24 hour personal service

Independent family firm serving West Cumbria since 1850

Rest Chapels at:
 10 Bridge Street, Cockermouth
 56a Main Road, Seaton, Workington
 18 South William Street, Workington

Golden Charter Funeral Plans available.

Tel: 01900 602753
 Email: andrew.sandelands@btconnect.com



Home grown cooking with Annette

Spring carrot salad



Annette Gibbons is well known for her wonderful cooking. A former Cumbria Woman of the Year, she hosted her own Border TV series called "Home Grown". Annette has taught nutrition and cooking, run her own cookery school at home in Mawbray and organised 'Cumbria on a Plate' gourmet tours.

A quick look around my garden confirms Spring is properly here. New herb leaves are pushing through - wild garlic, chives, parsley, mint and perpetual spring onions. Once these are large enough, I snip green leaves to encourage growth, keeping the supply strong and nutritious. I love them in soups, casseroles, salads, sauces, dressings, bread and scones. When making soup I often run for the parsley knowing it will lift the final flavour. An old wife's tale says that if parsley is prolific in the garden, the woman of the household wears the trousers. Hmmmm? Well, in our kitchen garden it grows abundantly and is much appreciated. Take from that what you will! It's a biennial plant which I always let go to seed and enjoy finding it in the most unlikely places. Then I have to remember where I've seen it! Once thriving, the leaves can be cut, shaken off but not washed and put into a container for the deep freeze. It's really useful to crush straight from the freezer during winter months. I also love mint which runs riot just by the kitchen door. My favourite is an apple mint which has a soft downy leaf and less astringent flavour. Apple mint works well with savoury dishes like cucumber and yoghurt, tomatoes and finely sliced red onion or beetroot and apple. Use it to bring a freshness to any seasonal salad. **This is a vibrant salad for anytime of the year!**

Ingredients:

- 4 carrots washed and peeled**
- 1 orange, wash well then zest the skin, separate the juice**
- Handful of fresh mint**
- 2 tablespoon olive oil**
- 1 teaspoon cider vinegar**
- 1 clove garlic crushed**
- Salt, freshly ground black pepper**

Method

- Finely grate the carrots into a large bowl.**
- Prepare the orange and add to the carrots.**
- Pour the olive oil and cider vinegar with the orange juice and garlic in a small jug or bottle and whisk.**
- Season well and add to the carrots, mix well.**
- Chop the mint and turn through the carrots to serve.**

GARDENING WITH MEREDYTH

JUNE

Continue weeding and deadheading, remembering to look for pests and suckers on roses. Lift leaves of plants in containers to look for and remove snails. Finish pruning spring flowering shrubs. Any new shoots that have flowers can be cut back to control size and encourage growth. Lift and divide overgrown clumps of bulbs. Take cuttings from pinks and sow seeds of perennials. Remember to water around roots in hot weather, water on flowers can cause scorching. Cut old flower stems of early perennials - you might get a second bloom. Ponds can become prevalent with blanket weed. Get a stick, twist and remove. Mow lawns more frequently and possibly at a lower cutting height and trim edges. A boost from liquid feed and watering is good. Plant out summer bedding and winter brassicas plus any new plants. Tender vegetables can go outside such as tomatoes. Sow chicory and peg down strawberry runners to make new plants. Shade and ventilate the greenhouse.

In Bloom: digitalis, rose, ornamental poppy, lilac, alliums, delphiniums, impatiens, wisteria, weigela and astilbe.



JULY

Gardens always keep you busy and July is no exception. Ensure baskets, planters, annuals and birds have enough water.

It will also be a better show with regular feeding. Always deadhead flowers when they fade.

Fill any gaps in beds and borders with bedding plants. Sow the last vegetables for harvesting in autumn and plant out all winter brassicas. Prune shrubs that flowered earlier and take semi-ripe cuttings from them. Summer - prune wisteria, divide bearded iris, take cuttings from carnations and pinks, plant autumn flowering bulbs. Lift garlic, onions, new potatoes and pinch out tops of runner beans. Pick raspberries and currants and harvest herbs. Damp down and ventilate greenhouses. If you are going away, try and get your plants cared for.

In Bloom: penstemon, clematis, honeysuckle, buddleja, hydrangea, lavender, hibiscus, lupins and hostas.

EV charger installations
Testing & certification (EICRs)
Fuse board changes
Home batteries
Solar panels

TIM IRLAM
ELECTRICAL

Tim Irlam
 07806 656650
 ti.electricaltd@gmail.com

#timirlamelectrical @ti.electrical

TREEMASTERS
 Professional Tree Services

07823443570 | info.treemasters@yahoo.com



RECLAIM OUR PATHS

Thanks to everyone who showed up for the inaugural 'Reclaim our Paths' meeting, in association with *Village Post*. Also thank you to those of you who want to be kept informed. At the time of writing, we've over 60 people interested in taking this project forward. **Result!**

WELL, YOU'RE ALL FANTASTIC!
A MASSIVE THANK YOU to the local businesses and community organisations that are sponsoring a Gilcrux well or spring for the year, enabling our team of volunteers to keep the area around the Gilcrux wells tidy and the water flowing where it should. Your sponsorship will also enable us to develop and maintain a 'nectar cafe-garden' for bees, butterflies and pollinators in the area around Yarling Well in Gilcrux.
We want to use some of the funds we've raised so far to plant a suitable tree, build a pathway and install a bench and weatherproof interpretation board in this area. More information to follow.



Right now, a number of volunteers with *We are Curious Cumbria* are compiling an easy-to-use PROW (public rights of way) document and survey form so volunteers can choose which PROW in our parishes they'd like to survey. As you know, many of the public rights of way network of walks connect our parishes and provide views of the northern lake district fells, the Solway coast and Dumfries/Galloway hills. We'd like to have a survey of all the routes by Saturday 23 September.

Wouldn't it be great to have a hand drawn map of each walk. And how about giving each walk a name? We've contacted the staff at Bridekirk Dovenby and Oughterside schools to see if this is a project the pupils and their families would like to be involved in.



A PODCAST UPDATE ... and how about your very own history archive?

Our ad-free community podcast around the subjects of local and natural history is made especially for residents in Bridekirk and Gilcrux parishes.

It's now available on all the major podcast channels including Apple, Spotify and Google - just search for '*We are Curious Cumbria*.' As the podcast gains momentum, we've compiled a lot of information about the history of our parishes which we print out and install in ring binders.

Mary, a young lady in Gilcrux, gave us the idea of raising funds for a physical archive. We're wondering if this could be in the form of a secure archive cabinet that any interested parishioner could access. Is this something that could be kept, say, in Bridekirk church rooms? Please let us know your thoughts and ideas by emailing wearecuriouscumbria@gmail.com

Emily's Ecuadorian adventure
The amazing Andy of The Mason's Arms made a pizza sized cookie and raffled off tickets. The winner then kindly auctioned off the cookie and the fabulous sum of £167 was donated to Emily's fundraising effort.
Emily is looking forward to her next fundraiser, which is a race night at Gilcrux Village Hall on 1 July. There will be six races and the bar will be open, with free entry to the event.



Brockbanks Solicitors



A Family Oriented Firm, Providing High Levels of Service & Attention to Detail

- Will writing & Probate Services
- Lasting Powers of Attorney
- Buying and Selling a Property
- Commercial Contracts & Leases
- Crime & Motoring
- Employment
- Family & Matrimonial

WHITEHAVEN
01946 692194

COCKERMOUTH
01900 827222

MARYPORT
01900 813488

WORKINGTON
01900 603563

CARLISLE
01228 521383

Also KESWICK as Oglethorpe & Broatch 01768 772125

www.brockbanks.co.uk

The man behind M-Sport



Interview by Silvana Hewitt

I was very pleased to get the chance to meet Malcolm Wilson, owner and founder of M-Sport, at the headquarters in Dovenby.

Not enough people in our area realise how important M-Sport is in the world of motor racing. It has become an industry leader with state-of-the-art facilities and winning performances around the world.

The Ford Motor Company chose M-Sport to mastermind the assault on Ford's major Global Motorsport activity - the World Rally Championship and success after success has rolled in.

Many people in the industry expressed doubts about Malcolm's chosen location of Dovenby, thinking it "too far from civilisation" i.e. the south of England! However Malcolm has made it work.

Perhaps the chief reason is that Malcolm is a local lad, born in Cockermouth in 1956, educated at Cockermouth School with a family who are deeply rooted here.

His father had a car parts business in Workington and Malcolm was integrated into cars from his early years, learning the rudiments of driving at eight years old! He entered autocross competitions from 10 and this desire to drive fast, and well, never left him.

As he got older, he wanted to prep his car for racing but realised that obtaining parts in our location was tricky in those days before the internet and with total reliance on the Royal Mail for deliveries.

With just a £100 loan from the bank and some funding from his dad, which he paid back in two years, he set up a business dealing in motor parts in 1970 with his motto being "*Don't let people down*".

The business grew steadily and securely but Malcolm still had the yearning to drive rally cars himself.

He became a professional rally driver in 1980 and retired in 1995, still running his business. Within two years after retiring as a driver, the company got the Ford contract and this is still going strong today, one of the longest



Malcolm Wilson - born and bred in Cockermouth

lasting contracts in the business.

M-Sport has recently got two more projects from the US so business is booming!

Ford really loves the area around here.

M-Sport has access to forests around Greystoke to test the cars so you can understand the appeal.

Although M-Sport seems to have a low profile with local people, they have active community involvement, sponsoring charitable groups and events.

A local cycling club will come to use the track in the summer to teach safe cycling to children and, last summer, Bridekirk Dovenby Primary School used the site for their sports day, something Malcolm would like to happen again.

The Apprenticeship scheme is very important and M-Sport is linked with Carlisle College, Myerscough College, Bolton University and Cranfield University, providing apprenticeships for aspiring technicians, designers and engineers.

Malcolm also set up the Malcolm Wilson Rally many years ago, starting in Cockermouth and ending in Penrith. It started in Main Street and brought in a great amount of business with competitors and visitors from around the world. Unfortunately, it became too difficult to use the centre of town but it would be a splendid sight to see those amazing cars. So I, for one, hope something can be arranged in future.

I asked Malcolm about the future, for himself and for the company. He, of course, wants M-Sport to continue, knowing that the test facilities will ensure it is "future-proof". The target is for the cars to have zero emissions and have 100% sustainable fuel. It is a very big business now and he is working on succession planning, though he clearly feels reluctant to leave it all yet.

He would be glad to have more time to pursue some of his other business interests, such as working on properties he has in the area, but it's hard to imagine him stepping away from all he has achieved at M-Sport.

What an impressive legacy to pass on!

BLINDCRAKE PARISH GARDEN SAFARI

Sunday 25 June 10.30-4.30.

Come and enjoy the gardens of Blindcrake and adjoining villages.

This garden safari has been a very popular event for many years now and provides a full day out!

Starting point: Blindcrake Village Hall

Admission (and map) £5 per person

Free Hail&Ride bus for far-flung gardens

Refreshments, raffle (and more) in the hall

'Market-in-the-Marquee' with stalls, on the village green, plant stall too!

All profits to Village Hall funds.



At St Bridget's, we move into a long late spring and summer period when we focus on the teachings, ministry and parables of Jesus.

Please note our revised service pattern:-

Holy Communion [HC] (1st and 3rd Sundays of the month) and Service of the Word [SoW] (2nd, 4th and any 5th Sundays of the month): June/July details below.

All Age 'Celebration' Services are now planned to coincide with key landmarks in the church year, such as Harvest, Education Sunday and Christmas.

Sunday School runs monthly, but on differing Sundays month to month. To assist with planning attendance, all such All Age and Sunday School dates are publicised in advance via social media.

Do join us at any service and you will be made most welcome!

All Sunday morning services start at 11am.
All are welcome!

June

Sunday 4/6 – HC: Big Green Sunday/The Great Commission

Sunday 11/6 – SoW*: God's Love in Action

Sunday 18/6 – HC: God's Good News: Keeping it simple and inviting

Sunday 25/6 - SoW*: Bursting to Tell

July

Sunday 2/7 – HC: A glimpse into God's economy

Sunday 9/7 – SoW*: Jesus' invitation: It's no yolk!

Sunday 16/7 – HC: God's still sowing!

Sunday 23/7 – SoW*: Grow where you are planted!

Sunday 30/7 – SoW*: What growth from tiny beginnings? Wait and see!

*To keep up to date with all our activities – including news of future plans for All Age Services and Sunday School – date information is available on social media, or by emailing us – see below.

Find us on:-

Facebook

www.facebook.com/stbridgetsbridekirk

Instagram

www.instagram.com/stbridgetsbridekirk/

email

bridekirk_church@grasmoormc.church



Wildflower meadow is the perfect backdrop to the Church

Are you feeling alone?

Would you like some company?



BRIDEKIRK FRIENDSHIP GROUP

EVERY MONDAY MORNING
(EXCEPT BANK HOLIDAYS)

St Bridget's Church room, Bridekirk

10:30 - 12:00

We are a small friendly group of people who meet together for a chat over a cup of tea, coffee and home baked cakes each Monday morning. Why not drop in anytime in the morning, for as long or as little time as you feel comfortable.

Our volunteers look forward to welcoming you.



FOR MORE INFORMATION

bridekirk_church@icloud.com

01900 824311

Please support our 2023 Stewardship Campaign

Celebrating the links between St Bridget's Church, Bridekirk and our wider local communities

Dear Friends,

We are pleased to be able to use this article both to update you on news from the life of St Bridget's Church in working with and serving our wider communities, and to offer you the opportunity to support our Stewardship Campaign.

In recent months we have celebrated the re-opening of Baby Club after the pandemic, as well as rejoicing at the growing numbers regularly attending our weekly Bridekirk Friendship Group (BFG).

If you are not familiar with these, teams of church members and the local community work together to provide these volunteer groups for people of different ages to meet together weekly.

It is also through collaboratively working with our community that the Church grounds are kept well maintained and our bell ringers meet weekly to practice. Highlights in our year include the many times children from Bridekirk Dovenby School come up to Church for their services especially at Easter, Christmas and Harvest time. Both our clergy and some congregation members also appreciate contributing to the life of the school through serving as Governors and offering Collective Worship. It is wonderful to celebrate and work together. One of our clergy and a congregation member have also enjoyed serving the community in their roles as members of the team of trustees responsible for the launch and ongoing publication of this Village Post magazine. It is through such collaboration with our community, through the faithful giving of our congregation, local villagers and school families alike, that we are able



ST. BRIDGET'S, BRIDEKIRK
People of hope and love

to provide for the mission and ministry of St. Bridget's Church. And, because of this generosity, that we can sustain our presence in your community, continuing to be here, ready to be alongside you at key times of life like baptisms, weddings and funerals, as well as offering our regular Sunday worship.

Our 21 May Annual Gift Day opened this year's ongoing St Bridget's, Bridekirk Stewardship Campaign, and so we here offer you the opportunity to consider whether you might like to make a one-off donation, or a more regular gift, to help us ensure we are here for our community for many years to come.

We are so very grateful for the generosity of our local community, congregation and school families given in the past. Thank you!

Rev. Jane Charman and Rev. Adrian Thompson

If you would like to make your gift by bank transfer, please include your initials and surname in the BACS reference.

Account name: Bridekirk District Church Council

Account number: 00 20 11 46

Sort Code: 20 66 97

Branch: Barclays, Cockermouth

Or a cheque payable to 'Bridekirk District Church Council', can go to either of our Church Wardens:

David Johnson, Premier House, Belle Vue,

Papcastle, Cockermouth, CA13 0NT, or Richard

Green, The Orchard, Tallentire, Cockermouth, CA13 0PT.

Gift aid

If you are a UK taxpayer, please let us know as we can claim 25% tax relief on your donation.

Please email bridekirkchurch@gmail.com with your name and address to confidentially make your Gift Aid declaration via our Church Treasurer.

Thank you for your continued support. We look forward to welcoming you to Bridekirk Church soon.



Baby & Toddler Club



ST. BRIDGET'S, BRIDEKIRK
People of hope and love

Toys & Refreshments provided

Please bring your own travel mug/lid



You're Invited!

Day - Every Thursday
Time - 1-3pm
Place - St Bridget's Church, Bridekirk.

EVERYONE WELCOME

An opportunity to share time and a chat with other families whilst the children play together.



[stbridgetsbridekirk](https://www.instagram.com/stbridgetsbridekirk)



[stbridgetsbridekirk](https://www.facebook.com/stbridgetsbridekirk)



<https://cockermouthareachurches.church/st-bridgets-bridekirk/>



Join our team!

Perhaps you would like to volunteer to join our helper rota?

For more information contact us:

bridekirk_church@grasmoormc.church





Out of school care

Before school childcare is available from 7.50am.

Cost per session is £3.70 including breakfast.

Breakfast is served until 8.10am.

After school, the sessions run until 5.30pm and include a healthy snack and activities.

Cost per session is £7.40.

Moving forward, we wish to remain as flexible as we can, trying to match our offering with the changing needs of our community.

Last minute is OK!

We offer long term contracts as well as last minute bookings to both our breakfast and after school care.

We don't charge a registration fee and we give credit for cancellations within our terms of reference.

If we're not already registered with your childcare voucher provider, just let us know and we'll register with them for you. We're happy to help parents in any way we can!

For further information, look on the school website or email:

admin@bridekirkdovenby.cumbria.sch.uk



Would you like to support Bridekirk Dovenby by becoming a school governor?

School governors have 3 core functions.

- Governors ensure clarity of vision, ethos, and strategic direction.
- Governors hold the headteacher to account for the educational performance of the school and the effective and efficient performance management of staff.
- Governors oversee the financial performance of the school and make sure its money is well spent.

You don't need to have any experience in Education to become involved. We will provide training.

Are you retired, wanting to fill some free time, or working and wanting to develop your career with support from your employer?

Being a governor is rewarding, and you will make an impact on the young lives of the school you support.

You will gain a variety of skills, such as teamwork, negotiation, decision making, influencing, technical skills.

You will access networking opportunities to share new ideas, be open to new ways of working, and it can enhance career progression.

You will gain knowledge in different processes, such as safeguarding, policy writing, finance, and inspection.

It is an opportunity to become part of your local community as a volunteer. As a rural Church school, these links with the church and community are important to us.

If this is of interest, please contact the Chair of Governors for more information, and to arrange an informal chat:

Julie.hodgson@bridekirkdovenby.cumbria.sch.uk



All pupils had the opportunity to make art work for the garden. Here are some of our Year 6 pupils with their pieces.

Sensational sensory garden to open soon

The Sensory Garden at school is coming on beautifully.

The shed/summer house has been painted, bright wooden features have been installed, planting has gone on apace and the children have been making artwork to be installed. As in every garden, there is always more work to be done and it is wonderful to have various volunteers offering a bit of their time.

It is hoped to have an opening celebration on Friday 23 June after the final construction elements are in place. Look out for details on the school website or in your village Facebook pages.

Left: the Jubilee Tree is already flowering



Have you a child ready to start school? Bridekirk Dovenby Primary School Open Days

Friday 16th June @ 1pm - 2.30pm

OR Saturday 17th June @ 10am - 11.30am

Ask questions and have a tour of the building and grounds...

Enquire at our school office **01900 829889** or via email:

admin@bridekirkdovenby.cumbria.sch.uk

Can't make the date? An individual appointment can be provided.

We look forward to showing you around our wonderful school!



Bridekirk Dovenby Out Of School Club
7.50 am - 5.30 pm



O.O.S.C

Established 2009

Work Together, Aim High, Shine Bright



Give bowls a try

Harris Park Bowling Club in Cockermouth has several members from our villages who all enjoy the game as well as friendship and social events on a regular basis.

New members are always welcome and the club has just started bowling outside in the lovely premises in Cockermouth (at the top of Fern Bank at the junction with Parkside Avenue) which has great views of the fells and is a real suntrap.

All year round bowling

During the winter the club is lucky enough to have an indoor rink section.

John Graves, John Thompson and Rod Wickham from Tallentire and Sue Waterhouse from Bridekirk - indeed all the members - will make you most welcome. John Graves and Sue are seasoned players but Rod and John joined more recently and are now firm fans of the club and the game. You can play for fun or take part in competitions.



John Thompson, Sue Waterhouse, Rod Wickham and John Graves

Bowls is considered to be a low impact, therapeutic exercise that can improve fitness, coordination and confidence as well as encourage social contact and friendship. It doesn't matter what age you are, it can be played by all ages and abilities. Harris Park Club has even had local school kids come along for a game.

There are bowls you can borrow and all you need are flat shoes. The club has 'come and try' sessions open to all on a regular basis but you can contact:-

- Secretary Julia Barcock on 07703 352341 to find out more or arrange to come along.
- Village Post (editor@villagepost.uk) and we will pass on your details to the club or to one of our local members if you prefer.


Lakes Electrical Supplies
LIMITED

Station Road
Cockermouth
Cumbria CA13 9PZ

As a local family run business we offer a friendly, reliable service. So why not drop in, have a look around and see if we can help you with your electrical appliance needs.

**We Supply
Deliver
Install & Repair**



**Washing Machines
Tumble Dryers
Dishwashers
Cookers
Ovens
Fridges / Freezers
Kettles / Toasters
Lighting
Electric Fires
Hoovers
TVs etc.
& Electrical Contractor Supplies**

Tel. 01900 821822