

# ASPIRE GYMNASTICS MARCH BREAK CAMP INFORMATION SHEET

# **MARCH BREAK CAMP**

Thank you for signing up for our March Break Camp, we are so excited and can't wait to enjoy the camp with you!

### **WHAT TO WEAR**

Cool comfortable clothing, it is bare feet in our gym.

## WHAT TO BRING

#### **CAMPERS NEED TO BRING**

- A packed lunch (all food should be nut-free)
- · 2 snacks
- Water bottle (we can refill if needed)
- · Backpack to keep all personal belongings in
- Any epi pens or medication must be handed in to the desk upon
- arrival and labeled.

# FREQUENTLY ASKED QUESTIONS

#### DO YOU LEAVE THE GYM AT ANY POINT?

We spend our days in our fully air conditioned gym, we do not leave our location. We have a small fully fenced in area at the back of our building where children will be able to go outside for short periods during the day.

#### WHAT WILL MY CHILD BE DOING THROUGHOUT THE DAY?

We do a lot of different gymnastics stations, we also do games, parachute, free time, crafts, air track and tumble track. It is an action packed day!

#### **IS YOUR CAMPED THEMED?**

Every day at our camp has a different theme, all our activities, games and crafts are focused on the day's theme!

#### DO YOU HAVE AIR CONDITIONING?

Yes our facility is fully air conditioned!

#### WHAT TIME DOES CAMP START AND FINISH?

Our regular camp hours run from 9:00-4:00pm, extended care runs from 8:00am-5:00pm! Please make sure that you drop off at the camp and pick up on time.