



# Winter 2025 Gymnastics Classes

## January 6th - April 19th (14 weeks)

183 South Service Road,  
Grimsby, L3M 4H6  
Tel: (289) 442-8286  
Email: [info@aspiregymnastics.ca](mailto:info@aspiregymnastics.ca)  
[aspiregymnastics.ca](http://aspiregymnastics.ca)

Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Parent &amp; Tot</b> (ages 18 months - 3) \$245+HST		11:15-12:00 4:00-4:45		4:00-4:45 4:45-5:30 5:45-6:30		8:45-9:30 9:15-10:00 10:15-11:00 3:30-4:15
<b>Mini Kindergym</b> (ages 2.5 - 4) \$245+HST		9:30-10:15				
<b>Kindergym</b> (ages 3 - 4) \$245+HST	5:15-6:00 5:45-6:30	4:00-4:45	4:00-4:45 5:00-5:45 5:45-6:30	5:00-5:45	5:15-6:00	8:45-9:30 10:00-10:45 11:45-12:30 2:45-3:30 3:30-4:15
<b>Kindergym Plus</b> (ages 4 - 5) \$300+HST	4:00-5:00 4:15-5:15	4:45-5:45 5:00-6:00 5:45-6:45 6:00-7:00	4:00-5:00 4:45-5:45 5:00-6:00	4:00-5:00 5:30-6:30	4:15-5:15 5:30-6:30	9:15-10:15 10:45-11:45 11:15-12:15 12:15-1:15 1:45-2:45 2:30-3:30
<b>Recreational</b> (ages 6 - 8) \$300+HST	4:00-5:00 4:45-5:45 6:30-7:30	4:00-5:00 4:45-5:45 6:45-7:45	4:00-5:00 6:00-7:00	6:30 - 7:30	6:30-7:30	9:00-10:00 10:00-11:00 10:15-11:15 11:00-12:00 1:45-2:45
<b>Recreational Plus</b> (ages 6 - 9) \$395+HST	5:00-6:30 6:00-7:30	7:00-8:30	6:30-8:00	4:00-5:30 5:30-7:00 6:30-8:00	4:00-5:30 6:00-7:30	1:00-2:30
<b>Recreational 9+</b> (ages 9+) \$395+HST	7:30-9:00	7:15-8:45		7:00-8:30		12:15-1:45
<b>Advanced</b> (Assessment required) \$395+HST	7:30-9:00		7:00-8:30	7:00-8:30	6:00-7:30	12:15-1:45
<b>Boys Beginner</b> (ages 6-8) \$300+HST			6:00-7:00		6:30-7:30	
<b>Boys Advanced</b> (ages 8-12) \$395+HST			6:30-8:00			

### Please Note:

\*A Gymnastics Ontario annual membership fee of \$48+HST is also required. (Term July 2024-June 2025)

\*We are closed Monday February 17th for Family Day & Friday April 18th for Good Friday.

\*There are no classes the week of March Break (March 10th - 15th).

Register online at [aspiregymnastics.ca](http://aspiregymnastics.ca)

