



Winter 2026 Gymnastics Classes

January 5th - April 4th (12 weeks)

183 South Service Road
Grimsby, L3M 4H6
(289) 442-8286
info@aspiregymnastics.ca
aspiregymnastics.ca

Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parent & Tot (ages 18 months - 3) \$216+HST		11:15-12:00 4:00-4:45		4:00-4:45 4:45-5:30 5:45-6:30		8:30-9:15 9:15-10:00 10:15-11:00 11:30-12:15 3:30-4:15
Mini Kindergym (ages 2.5 - 4) \$216+HST		9:30-10:15			11:30-12:15	
Kindergym (ages 3 - 4) \$216+HST	5:15-6:00 5:45-6:30	4:00-4:45	4:00-4:45 5:00-5:45 5:45-6:30	5:00-5:45	5:15-6:00	8:30-9:15 8:45-9:30 10:00-10:45 11:45-12:30 3:30-4:15
Kindergym Plus (ages 4 - 5) \$264+HST	4:00-5:00 4:15-5:15	4:45-5:45 5:00-6:00 5:45-6:45 6:00-7:00	4:00-5:00 4:45-5:45 5:00-6:00	4:00-5:00 5:30-6:30	4:15-5:15 5:30-6:30	9:15-10:15 10:45-11:45 11:15-12:15 12:15-1:15 1:45-2:45 2:30-3:30
Recreational (ages 6 - 8) \$264+HST	4:00-5:00 4:45-5:45 6:30-7:30	4:00-5:00 4:45-5:45 6:45-7:45	4:00-5:00 6:00-7:00	6:30 - 7:30	6:30-7:30	9:00-10:00 9:45-10:45 10:30-11:30 10:45-11:45 1:45-2:45
Recreational Plus (ages 6 - 8) \$348+HST	5:00-6:30 6:00-7:30	7:00-8:30	6:30-8:00	4:00-5:30 5:30-7:00 6:30-8:00	4:00-5:30 6:00-7:30	1:00-2:30
Recreational 9+ (ages 9+) \$348+HST	7:30-9:00	7:15-8:45		7:00-8:30		12:15-1:45
Advanced (Assessment required) \$348+HST	7:30-9:00		7:00-8:30	7:00-8:30	6:00-7:30	12:15-1:45
Boys Beginner (ages 6-8) \$264+HST			6:00-7:00		6:30-7:30	
Boys Advanced (ages 8-12) \$348+HST			6:30-8:00			
NEW CLASSES						
Tumbling (ages 7-12) \$264+HST	A one-hour class dedicated to floor & tumble track! Athletes will develop skills like walkovers, handsprings, & more advanced tumbling, depending on their ability. Prerequisite: Handstand & cartwheel required.					2:30-3:30
Parent & Me (ages 6-8) \$216+HST <i>per person</i>	Please Note: Both the athlete and participating parent must register for this class to ensure Gymnastics Ontario coverage for both participants. Parents must add themselves as a student in their Parent Portal before completing registration.					3:30-4:30

Please Note:

*A Gymnastics Ontario annual membership fee of \$48+HST is also required. (Term July 2025-June 2026)

*There are no classes during the week of March Break (March 16th-March 21st)

*We are closed Monday February 16th for Family Day & Friday April 3rd for Good Friday!

Register online at aspiregymnastics.ca

