



Rest & Re-create LLC



Meet the Founders

Tuesday, May 19, 2026

6:30-7:30 PM



Dr. Vikki T. Gaskin-Butler



Dr. Stephanie Z. Reed

Join us for a Virtual Meet and Greet

An intimate conversation
about the “why” behind Rest
and Re-create

Find out more about:

- Who we are
- Why we founded Rest and Re-create
- 2026-2027 Wellness Offerings

**Come for a
chance to win
Free Giveaways**

**Must be present during
live event to win.**



www.restandre-create.com

Register Today!

Register even if you are unable to attend to receive a recording of the event.