

SMALL GROUP PERSONAL TRAINING - Train Smarter. Stay Motivated. Save Money.

What You Get

- ✓ Personal coaching (max 4 per group)
 - ✓ Supportive, motivating environment
 - ✓ **Personalised weekly training program included**
 - ✓ Flexible booking options
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Simple Pricing

Total session cost: \$120

 4 people → **\$30 each**

 3 people → **\$40 each**

 2 people → **\$60 each**

 1 person → **\$120 (1-on-1 session)**

✓ *Session runs once the full \$120 is covered*

How It Works

Purchase a credit through our app, Studio Bookings



Book your session <https://activeagers.co.nz/booking-information>

Invite friends or join others

👉 Once \$120 is reached, your session is locked in

Flexible Options

Share cost if fewer people join

Keep it as a smaller group

Upgrade to 1-on-1

Wait for others to join

 **Want Control of Your Group?** *Book with people you know to guarantee a great training environment*

 **Ready to Start?**  Book your session today  Invite your crew  Let's train!
