

fitness **FORUM** 
sports & wellness

Life
P L E X

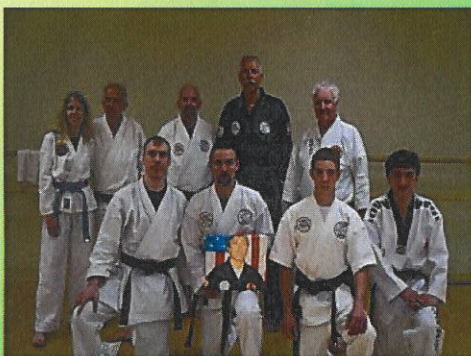
Martial Arts Memberships

Starting at \$40 a month

Student will purchase own uniform

Trained Instructors

in Multiple Styles of Martial Arts



Try Two **FREE** Classes

Tuesdays & Thursdays

6:30-7:15 PM - Kids/Beginners

6:30-8:45 PM - Intermediate/Advanced

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