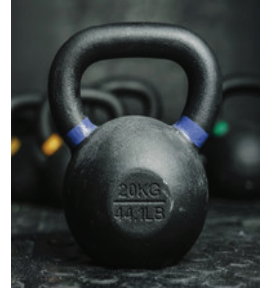




# Personal Training Packages



Individual	Couple	Group (3-5)
\$150.00 for 4 Sessions	\$130.00 for 4 Sessions	\$120.00 for 4 Sessions
\$300.00 for 8 Sessions	\$256.00 for 8 Sessions	\$236.00 for 8 Sessions
\$360.00 for 10 Sessions	\$315.00 for 10 Sessions	\$290.00 for 10 Sessions
\$840.00 for 24 Sessions	\$720.00 for 24 Sessions	\$690.00 for 24 Sessions
\$1600.00 for 48 Sessions	Couple and Group Personal Training rates listed are per person.	

