

+ American Red Cross Lifeguard Certification



Dates/Times

March 19th - 22nd OR May 28th - 31st
Thurs & Fri 4pm-8pm, Sat & Sun 9am- 2pm

Recertification:

March 22nd or May 31 • 9am - 2pm

Water Safety Instructor: May 14th - 17th

*Thurs & Fri 4pm-8pm, Sat 9am- 2pm,
Sunday 1pm - 5 pm*

Cost • \$200 per Lifeguard Training
\$80 for Recertification
\$100 WSI Course

American Red Cross Requirements:

Students must be 15 yrs of age, be able to swim 300 yards non-stop, tread water without hands for 2 minutes, surface dive, and rescue a 10 lb weight and swim to safety with it.