

PRESERVE THIS CERTIFICATE—IT IS VALUABLE

It shows that this birth is legally registered with the Vital Statistics Division of the State Department of Health.

This notification of birth registration will be valuable in proving the name, age, birthplace, and parentage of the child for school records, working rights, establishing identity, and other purposes.

If errors are found in the statements on this notification, please return it with corrections at once to the Special Agent of the Bureau of the Census at the office of the State Registrar of Vital Statistics, as shown on the front of this certificate.

The original record of birth on file in the office of the State Department of Health will then be completed and a corrected Notification of Birth Registration will be mailed to you free.

NOTICE

If any errors are found in the statements given on the face of this certificate, kindly send corrections at once to MARGARET M. CROWE, REGISTRAR, CITY HALL, KANSAS CITY, MISSOURI. The official record will than be corrected.

THE NEWBORN BABY

- 1. **NUTRITION:** Breast-feeding at regular intervals is the most important and most neglected health measure in the early months of life.
- 2. PHYSICAL DEVELOPMENT: Periodic visits to the physician is an important feature of a preventive medicine program. Advice on infant feeding and general care, frequent checks on the weight-gain and physical development and methods for preventing digestive and nutritional disorders may be obtained from your family physician.
- 3. HEALTH HABITS: The newborn baby should have a bed to himself and if possible, his own room. A regular routine of eating, sleeping, bathing and time out-of-doors, in the first year, lays the foundation for correct health habits and avoidance of behavior problems in later childhood.
- 4. PREVENTABLE DISEASES: Every baby should be immunized against diphtheria and smallpox before the end of the first year. These immunizing procedures are simple, safe and effective. Ask your physician about protection against other communicable diseases prevalent in infancy and childhood.
- 5. When the child reaches school age you will need this birth certificate.