

Gratitude Journal

Loving What You Love

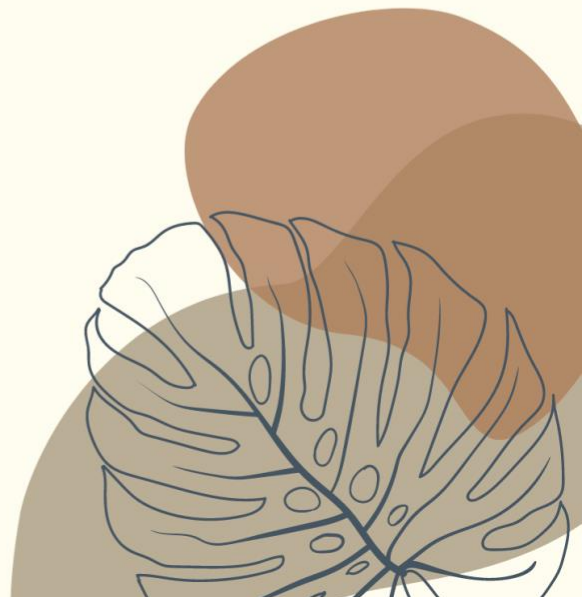


A gift from Kisma





This journal belongs to:

A rectangular box with a green grid border, intended for writing a name. The box is empty and has a slightly shadowed, 3D effect.

WEEKLY PLANNER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY


FRIDAY

SATURDAY

TO DO LIST

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

SUNDAY

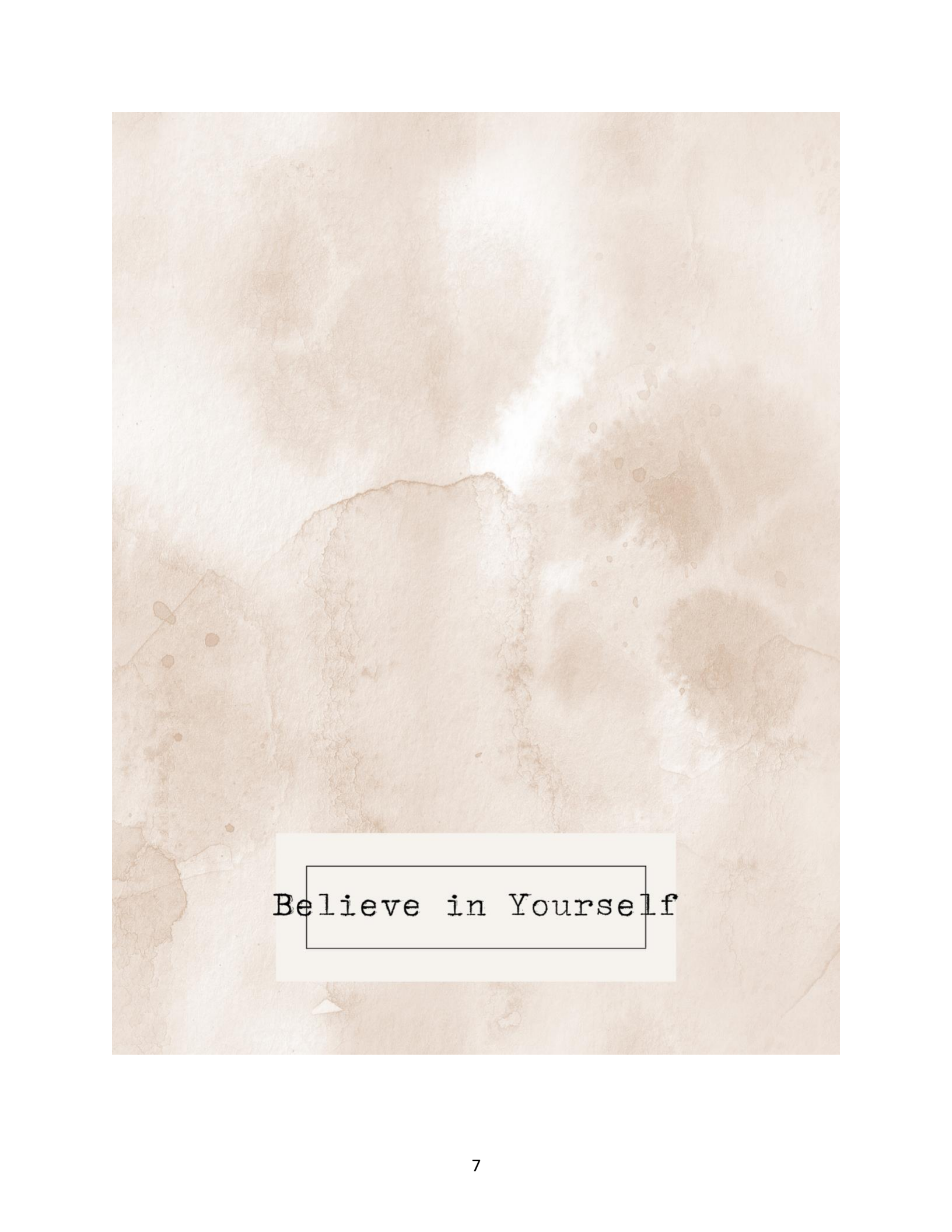


NOTES

- _____
- _____
- _____
- _____
- _____
- _____

KEEP GOING!





Believe in Yourself

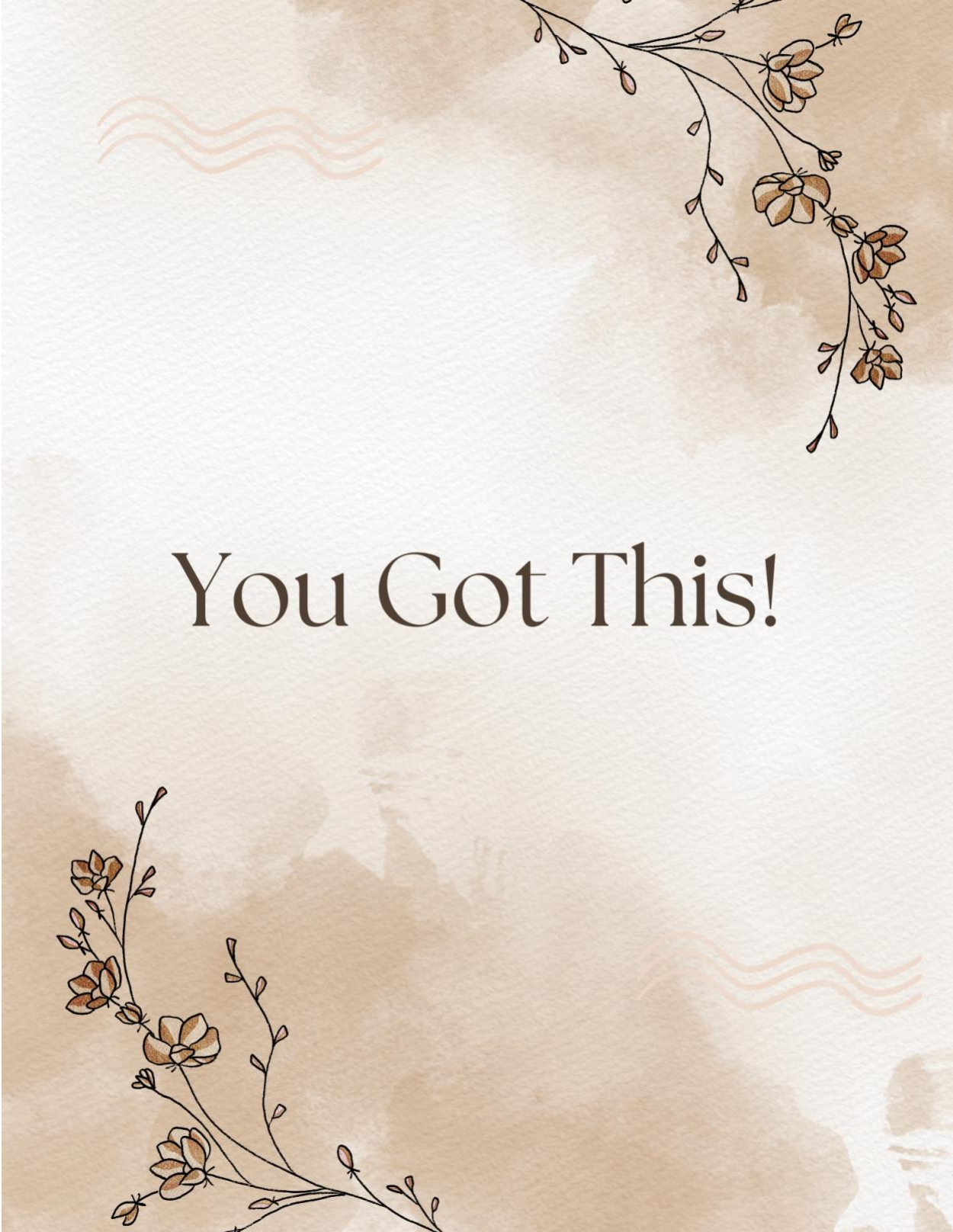


HEY
BUDDY!

5 minute journaling





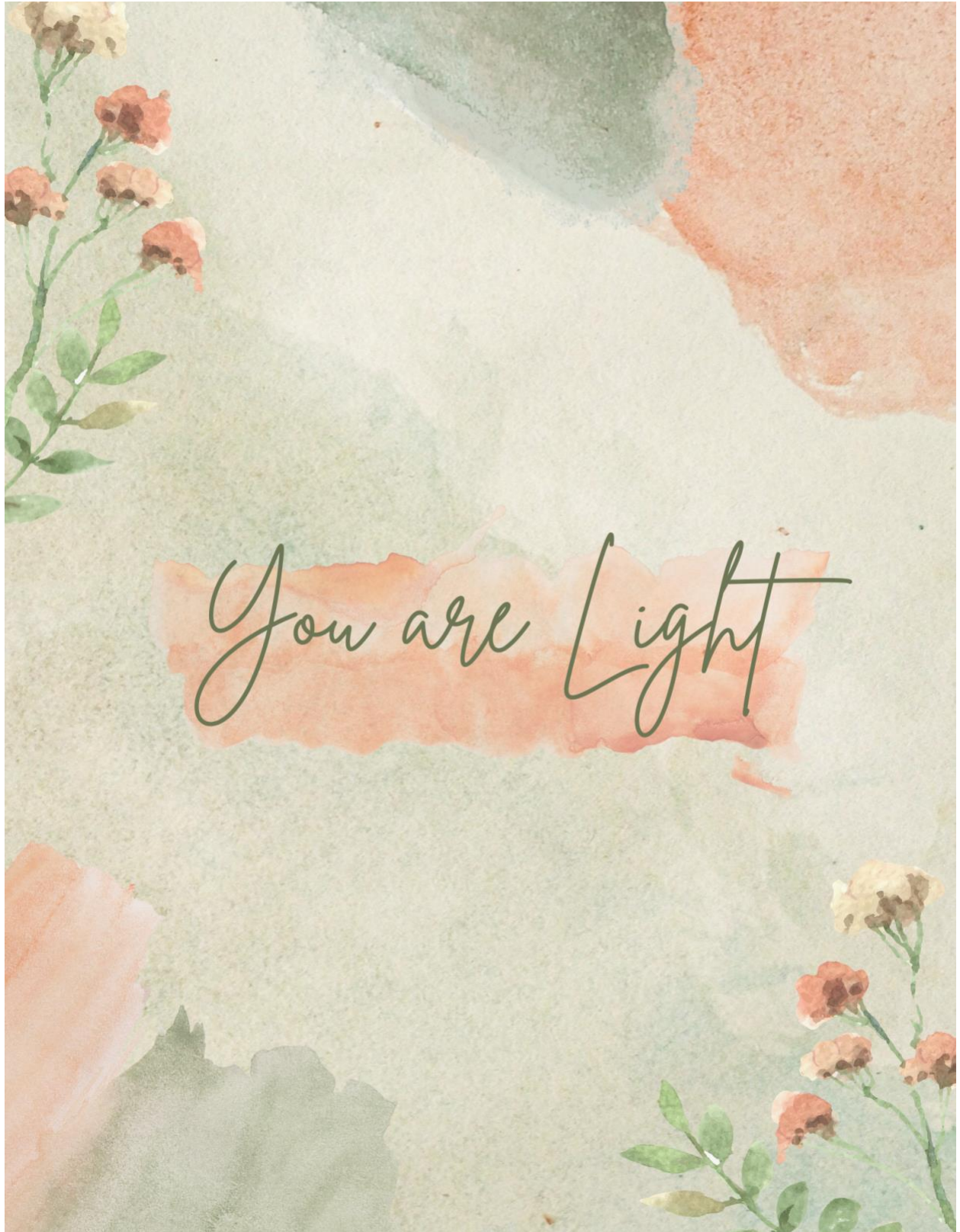


You Got This!



Each Day Is
Beautiful





Weekly check in

DATE _____

TOP 3 THINGS I DID THIS WEEK

MOST REWARDING INTERACTION I HAD THIS WEEK

THIS WEEK I FELT



NEXT WEEK I WANT TO

THINGS I ACCOMPLISHED THIS WEEK

WHAT WAS THE BEST THING ABOUT THE WEEK?

MY RANKING OF THE WEEK

