



How to Prepare the New Moon Seed Packet

- Print this page on 8.5x11 paper.
- Cut out the seed packet and the insert.
- Fold the packet in the places noted with the side and bottom tabs covering the back panel.
- Glue or tape the tabs onto the back panel.
- To close the packet, fold the top tab down and seal or push into the packet, whichever you prefer.

The Seed I Plant

Date:

Some Leo New Moon Themes
Creativity, Leadership,
Children, Joy, Love,
Generosity

On the day of the New Moon, write a brief statement about the seed you are planting.

Insert the statement into the packet. You might want to dab a bit of essential oil on the statement to give it a special scent.

You can add things to the packet that are helpful for visualizing your dream. You can include items related to Leo to strengthen the packet: a real sunflower seed, some herbs of Leo (chamomile, rosemary, saffron, mustard seed, rice, turmeric) or drop in a small yellow crystal to represent the Sun, Leo's ruling planet. Include some pictures or photos that inspire you. The important thing is that the symbols are meaningful to you.

Place the packet in a place where you will find it in six months at the Full Moon in Aquarius when the results of your New Moon wishes will be illuminated.

Things we've LEARNT as ARTISTS

"Be yourself. Don't waste time trying to be the artist you admire or love most but instead learn to trust your own creative style. Most artists work will evolve and change over time, so be on the lookout for those changes in yourself and stay true to what you love."

-- Rae Missigman

"Listen to your inner voice - don't try to be like others or make works that are "in-fashion" or you feel that your followers would like to see from you. Authenticity is much more rewarding and you'll see that your followers will be pleased to see the real you much more"

-- Kasia Avery

"AS AN ARTIST I HAVE LEARNED THAT EVERY PIECE OF ART, OR ART JOURNAL PAGE THAT I MAKE HAS A STAGE WHERE IT LOOKS AWFUL AND I WANT TO PUT IT IN THE BIN. I NOW KNOW TO KEEP GOING, KEEP GOING, KEEP GOING. BECAUSE LAYERS DEFINITELY MAKE EVERYTHING BETTER."

--Kate Crane

"I've learnt that to me the process is more important than the finished piece. I have a physical need to play and create and once it is created I move on. I don't find myself attached to my work just the process. I've learnt that you have to be true to you!! I create art to satisfy my soul and not for it to be admired. I've also learnt that you have to go through a lot of ugly to become a swan! Keep going and the beauty will emerge."

-- Dyan Reaveley

"I have learned that no one can define "art" for me or anyone else. No one can put a label on it and no one can tell me if it is good or bad. Art just "is." So embrace everything you create. We are all Artists in one form or another and the moment we second guess that fact, we diminish our ability to inspire others with our gifts and limit our freedom to express!"

-- Lorraine Bell

1. COMPARISON IS THE THIEF OF JOY.
2. AUTHENTIC EXPRESSION = MAKING ART I LIKE AND THAT IS HONEST AND MEANINGFUL TO ME.
3. TO UNDERSTAND, TRUST AND BE TRUE, TO ONE'S OWN RELATIONSHIP TO THE CREATIVE PROCESS.
4. VALIDATION IS AN INSIDE JOB.
5. HAVE BOUNDARIES. CREATIVE PRACTICE IS A SACRED SPACE, DON'T CONTAMINATE IT WITH CRITICISM.
6. SHOW UP WITH A CHILDLIKE SPIRIT OF CREATIVE CONFIDENCE, EASE, CURIOSITY & PLAY."

-- Amanda Grace

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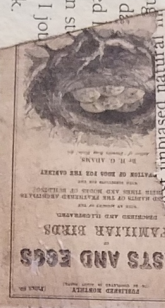
Ways to stay
creative:

1. *Connect with nature.*
2. **Make notes.**
3. **CREATE EVERY DAY.**
4. **EXPOSE YOURSELF TO A VARIETY.**
5. *Meet with people.*
6. **Turn off distractions.**
7. *Be kind to yourself.*
8. **Be playful and daring.**

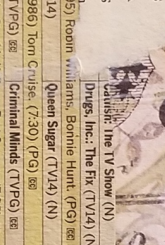
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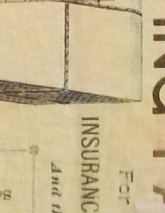
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Agatha sighs: "Hast thou not received the human ty
breast, and didst thou not receive the ideal but conventi
ment therefrom?" Her nude arms for that ideal but convent
the arms and legs of the henchman-called divine. He made
of life and beauty which the introber of a real baby, and
nude always produces. The draw the features of living in
ressively skilful and true, and lurckhart calls, "the most
plays so masterfully through its ch Museum," is Filippo's
that this composition ranks among " (69), which the art
the true conception of art. Originally
extended above the square top, in
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gives a sense of discomfort mingled with delight
— in a word, a voluptuous solemnity sets them apart
from all other sacred paintings.
But Lotto was at his best in his portraits, and
the "Portrait of an Architect" (1533) is one that
in many respects comes near to Titian. The full-
bearded man stands looking at us as he holds a
scroll of paper in one hand, while the forefinger
of the other hand, which holds a draughtsman's
compass, rests lightly on the end
seems as if the earnest, intellect
is explaining something about his
pared. Lott



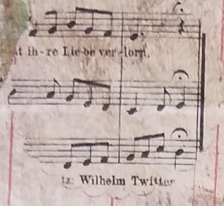
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from all other sacred paintings.

But Lotto was at his best in his portraits, and in many respects comes near to Titian. The full-bearded man stands looking at us as he holds a scroll of paper in one hand, while the forefinger of the other hand, which holds a draughtsman's compass, rests lightly on the end of the scroll. He seems as if the earnest, intellectual man is explaining something about the scroll to the artist.



...sinking down... who with her... sheet before the blue... part of the martyr's body... away on a plate by a page... Agatha signs: "Hast thou not banished as a substitute for myself... breast, and didst thou not receive the brought the human tr... the arms and legs of the hennamalled drive. He made... of life and beauty which the intruder of a real baby' and... nde always produces. 'The draw the features of living m... pressively skilful and true, and turehart calls "the most... plays so masterfully through its ch... Mussum" is Filippo's... that his composition ranks among" (69), which the art... the true conception of art. Original... extended above the square top, in... eated around a heart...



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with One
these is... to carry a scroll to the
onor, the Abbot Arnoldi, an aged cleric of re-
scent mien... opsite him kneels a young frater,
who lay... ed deprecatingly upon his breast
toward the heavenly vision. The
sed stand out
of the landscape
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spectacle by a Neapolitan natu-
tiano del Piombo, in a painting
Palace in Florence, pictures it
ail. Tiepolo depicts the scene
rge Corinthian column rises
ces therefrom stands a giga-
ropic type of the Visigoth, with
ad and around his loins. Jus-
reen is the maiden, of lovely i
ack into the right arm
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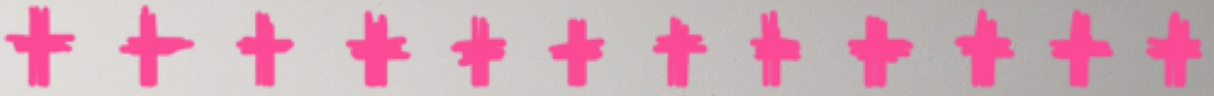


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I PAINT OBJECTS AS I THINK THEM
NOT AS I SEE THEM



-PABLO PICASSO



