



# Skills Verification Manual

For WPSFA – Wilderness Public  
Safety-First Aid

Karen Wilson EMT  
2023

# Table of Contents:

Skill Sheets .....

- Skill #1: Patient Assessment/Management – Trauma Skill Sheet
- Skill #2: Patient Assessment/Management – Medical Skill Sheet
- Skill #3: Patient Assessment/Management – Environmental Skill Sheet
- Skill #4: Upper Airway Adjuncts and Suction Skill Sheet
- Skill #5: Bag-Valve-Mask Apneic Patient Skill Sheet
- Skill #6: Oxygen Administration Skill Sheet
- Skill #7: Cardiac Arrest Management/AED Skill Sheet
- Skill #8A: Bleeding Control/Shock Management Skill Sheet
- Skill #8B: Hemostatic Dressing Management Skill Sheet
- Skill #9: Spinal Immobilization, Supine Patient Skill Sheet
- Skill #10: Spinal Immobilization Seated Patient Skill Sheet
- Skill #11: Soft Tissue Injury Open Fracture Skill Sheet
- Skill #12: Long Bone Immobilization Skill Sheet
- Skill #13: Joint Injury Skill Sheet
- Skill #14: Traction Splinting Skill Sheet
- Skill #15: Prehospital Childbirth Skill Sheet
- Skill #16: Wound Cleaning and Management Skill Sheet
- Skill #17: Chest Seal Skill Sheet
- Skill #18: Lifting and Moving Patients Skill Sheet
- Skill #19: Epi Pen Auto Injector Administration Skill Sheet
- Skill #20: Naloxone Administration IN Skill Sheet

**Patient Assessment/Management - Trauma**

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

		Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions		1	
<b>SCENE SIZE-UP</b>			
Determines the scene is safe		1	
Determines the mechanism of injury		1	
Determines the number of patients		1	
Requests additional help if necessary		1	
Considers stabilization of spine		1	
<b>INITIAL ASSESSMENT</b>			
Verbalizes general impression of the patient		1	
Determines responsiveness/level of consciousness		1	
Determines chief complaint/apparent life threats		1	
Assesses airway and breathing	Assessment	1	
	Initiates appropriate oxygen therapy	1	
	Assures adequate ventilation	1	
	Injury management	1	
Assesses circulation	Assesses/controls major bleeding	1	
	Assesses pulse	1	
	Assesses skin (color, temperature and conditions)	1	
Identifies priority patients/makes transport decision		1	
<b>FOCUSED HISTORY AND PHYSICAL EXAMINATION/RAPID TRAUMA ASSESSMENT</b>			
Selects appropriate assessment ( <b>focused or rapid assessment</b> )		1	
Obtains, or directs assistance to obtain, baseline vital signs		1	
Obtains S.A.M.P.L.E. history		1	
<b>DETAILED PHYSICAL EXAMINATION</b>			
Assesses the head	Inspects and palpates the scalp and ears	1	
	Assesses the eyes	1	
	Assesses the facial areas including oral and nasal areas	1	
Assesses the neck	Inspects and palpates the neck	1	
	Assesses for JVD	1	
	Assesses for tracheal deviation	1	
Assesses the chest	Inspects	1	
	Palpates	1	
	Auscultates	1	
Assesses the abdomen/pelvis	Assesses the abdomen	1	
	Assesses the pelvis	1	
	Verbalizes assessment of genitalia/perineum as needed	1	
Assesses the extremities	1 point for each extremity includes inspection, palpation, and assessment of motor, sensory and circulatory function	4	
Assesses the posterior	Assesses thorax	1	
	Assesses lumbar	1	
Manages secondary injuries and wounds appropriately		1	
<b>1 point for appropriate management of the secondary injury/wound</b>			
Verbalizes re-assessment of the vital signs		1	
Total:		40	

**Critical Criteria**

- \_\_\_\_\_ Did not take, or verbalize, body substance isolation precautions
- \_\_\_\_\_ Did not determine scene safety
- \_\_\_\_\_ Did not assess for spinal protection
- \_\_\_\_\_ Did not provide for spinal protection when indicated
- \_\_\_\_\_ Did not provide high concentration of oxygen
- \_\_\_\_\_ Did not find, or manage, problems associated with airway, breathing, hemorrhage or shock (hypoperfusion)
- \_\_\_\_\_ Did not differentiate patient's need for transportation versus continued assessment at the scene
- \_\_\_\_\_ Did other detailed physical examination before assessing the airway, breathing and circulation
- \_\_\_\_\_ Did not transport patient within (10) minute time limit



## Patient Assessment/Management - Medical

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

								Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions								1	
<b>SCENE SIZE-UP</b>									
Determines the scene is safe								1	
Determines the mechanism of injury/nature of illness								1	
Determines the number of patients								1	
Requests additional help if necessary								1	
Considers stabilization of spine								1	
<b>INITIAL ASSESSMENT</b>									
Verbalizes general impression of the patient								1	
Determines responsiveness/level of consciousness								1	
Determines chief complaint/apparent life threats								1	
Assesses airway and breathing		Assessment						1	
		Indicates appropriate oxygen therapy						1	
		Assures adequate ventilation						1	
Assesses circulation		Assesses/controls major bleeding						1	
		Assesses pulse						1	
		Assesses skin (color, temperature and condition)						1	
Identifies priority patients/makes transport decisions								1	
<b>FOCUSED HISTORY AND PHYSICAL EXAMINATION/RAPID ASSESSMENT</b>									
Signs and symptoms (Assess history of present illness)								1	
Respiratory	Cardiac	Altered Mental Status	Sepsis	Diabetes	Alcohol / Drug	Obstetrics	Behavioral		
*Onset?	*Onset?	*Description of the episode.	*History of illness?	*Are you a diabetic? When did you ingest food?	*Source?	*Are you pregnant?	*How do you feel?		
*Provokes?	*Provokes?	*Onset?	*How long have you been sick?	*Have you taken your medications?	*Effects?	*How long have you been pregnant?	*Determine suicidal tendencies.		
*Quality?	*Quality?	*Duration?	*Progression?	*Over what time period?	*Duration?	*Pain or contractions?	*Is the patient a threat to self or others?		
*Radiates?	*Radiates?	*Associated Symptoms?	*Interventions?	*Interventions?	*Loss of consciousness?	*Bleeding or discharge?	Is there a medical problem?		
*Severity?	*Severity?	*Evidence of Trauma?				*Do you feel the need to push?	Interventions?		
*Time?	*Time?	*Interventions?				*Last menstrual period?			
*Interventions?	*Interventions?	*Seizures?							
		*Fever?							
Allergies								1	
Medications								1	
Past pertinent history								1	
Last oral intake								1	
Event leading to present illness (rule out trauma)								1	
Performs focused physical examination (assesses affected body part/system or, if indicated, completes rapid assessment)								1	
Vitals (obtains baseline vital signs)								1	
Interventions (obtains medical direction or verbalizes standing order for medication interventions and verbalizes proper additional intervention/treatment)								1	
Transport (re-evaluates the transport decision)								1	
Verbalizes the consideration for completing a detailed physical examination								1	
<b>ONGOING ASSESSMENT (verbalized)</b>									
Repeats initial assessment								1	
Repeats vital signs								1	
Repeats focused assessment regarding patient complaint or injuries								1	
<b>Critical Criteria</b>									
Total:								30	

- \_\_\_\_\_ Did not take, or verbalize, body substance isolation precautions when necessary
- \_\_\_\_\_ Did not determine scene safety
- \_\_\_\_\_ Did not obtain medical direction or verbalize standing orders for medical interventions
- \_\_\_\_\_ Did not provide high concentration of oxygen
- \_\_\_\_\_ Did not find or manage problems associated with airway, breathing, hemorrhage or shock (hypoperfusion)
- \_\_\_\_\_ Did not differentiate patient's need for transportation versus continued assessment at the scene
- \_\_\_\_\_ Did detailed or focused history/physical examination before assessing the airway, breathing and circulation
- \_\_\_\_\_ Did not ask questions about the present illness
- \_\_\_\_\_ Administered a dangerous or inappropriate intervention



## Patient Assessment/Management – Environmental

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

		Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions		1	
<b>SCENE SIZE-UP</b>			
Determines the scene is safe		1	
Determines the mechanism of injury/nature of illness		1	
Determines the number of patients		1	
Requests additional help if necessary		1	
Considers stabilization of spine		1	
<b>INITIAL ASSESSMENT</b>			
Verbalizes general impression of the patient		1	
Determines responsiveness/level of consciousness		1	
Determines chief complaint/apparent life threats		1	
Assesses airway and breathing	Assessment	1	
	Indicates appropriate oxygen therapy	1	
	Assures adequate ventilation	1	
Assesses circulation	Assesses/controls major bleeding	1	
	Assesses pulse	1	
	Assesses skin (color, temperature and condition)	1	
Identifies priority patients/makes transport decisions		1	
<b>FOCUSED HISTORY AND PHYSICAL EXAMINATION/RAPID ASSESSMENT</b>			
Signs and symptoms (Assess history of present illness)		1	
Bites / Stings	Drowning	Altitude	Allergic Reaction
Poisoning	HRI	Hypothermia	Lightning
*Onset? *Provokes? *Quality? *Radiates? *Severity? *Time? *Bleeding? *Associated soft-tissue trauma? *Interventions?	*Onset? *Provokes? *Quality? *Radiates? *Severity? *Time? *Hypothermia? *Associated trauma? *Interventions?	*Description of the episode. *Onset? *Duration? *Associated Symptoms? *Evidence of Trauma? *Interventions? *Seizures? *Fever?	*History of allergies? *What were you exposed to? *How were you exposed? *Progression? *Interventions?
*Substance involved? When did you ingest/become exposed? *How much did you ingest? *Over what time period? *Interventions? *Estimated weight?	*Source / temperature? *Effects? *Syncope, heat exhaustion, heat stroke? *Duration? *Loss of consciousness? *Dehydration? *Interventions?	*Source / temperature? *Effects? *Localized or generalized? *Associated trauma? *Duration? *Loss of consciousness? *Interventions?	*Effects? *Trauma involved? *Loss of consciousness? *Localized or generalized? *TBI or SCA? *Continuing risk to rescuer? *Interventions?
Allergies		1	
Medications		1	
Past pertinent history		1	
Last oral intake		1	
Event leading to present illness (rule out trauma)		1	
Performs focused physical examination (assesses affected body part/system or, if indicated, completes rapid assessment)		1	
Vitals (obtains baseline vital signs)		1	
Interventions (obtains medical direction or verbalizes standing order for medication interventions and verbalizes proper additional intervention/treatment)		1	
Transport (re-evaluates the transport decision)		1	
Verbalizes the consideration for completing a detailed physical examination		1	
<b>ONGOING ASSESSMENT (verbalized)</b>			
Repeats initial assessment		1	
Repeats vital signs		1	
Repeats focused assessment regarding patient complaint or injuries		1	
<b>Critical Criteria</b>		<b>Total:</b>	<b>30</b>

- \_\_\_\_\_ Did not take, or verbalize, body substance isolation precautions when necessary
- \_\_\_\_\_ Did not determine scene safety
- \_\_\_\_\_ Did not obtain medical direction or verbalize standing orders for medical interventions
- \_\_\_\_\_ Did not provide high concentration of oxygen
- \_\_\_\_\_ Did not find or manage problems associated with airway, breathing, hemorrhage or shock (hypoperfusion)
- \_\_\_\_\_ Did not differentiate patient's need for transportation versus continued assessment at the scene
- \_\_\_\_\_ Did detailed or focused history/physical examination before assessing the airway, breathing and circulation
- \_\_\_\_\_ Did not ask questions about the present illness
- \_\_\_\_\_ Administered a dangerous or inappropriate intervention

**AIRWAY, OXYGEN AND VENTILATION SKILLS  
UPPER AIRWAY ADJUNCTS AND SUCTION**

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

**OROPHARYNGEAL AIRWAY**

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions	1	
Selects appropriately sized airway	1	
Measures airway	1	
Inserts airway without pushing the tongue posteriorly	1	
<b>Note: The examiner must advise the candidate that the patient is gagging and becoming conscious</b>		
Removes the oropharyngeal airway	1	

**SUCTION**

<b>Note: The examiner must advise the candidate to suction the patient's airway</b>		
Turns on/prepares suction device	1	
Assures presence of mechanical suction	1	
Inserts the suction tip without suction	1	
Applies suction to the oropharynx/nasopharynx	1	

**NASOPHARYNGEAL AIRWAY**

<b>Note: The examiner must advise the candidate to insert a nasopharyngeal airway</b>		
Selects appropriately sized airway	1	
Measures airway	1	
Verbalizes lubrication of the nasal airway	1	
Fully inserts the airway with the bevel facing toward the septum	1	
Total:	13	

**Critical Criteria**

- \_\_\_\_\_ Did not take, or verbalize, body substance isolation precautions
- \_\_\_\_\_ Did not obtain a patent airway with the oropharyngeal airway
- \_\_\_\_\_ Did not obtain a patent airway with the nasopharyngeal airway
- \_\_\_\_\_ Did not demonstrate an acceptable suction technique
- \_\_\_\_\_ Inserted any adjunct in a manner dangerous to the patient



**BVM Ventilation of an Apneic Adult Patient**  
**Skill Verification**

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

ASSESSMENT	Skill Completed	Did Not Complete
Takes, or verbalizes, body substance isolation		
Checks responsiveness (no response)		
Checks breathing and pulse simultaneously (pulse but not breathing)		
Open airway using head-tilt-chin-lift		
Assembles Bag Valve Mask		
Attaches BVM to oxygen (optional)		
Correctly positions mask to face		
Correctly uses "E-C" hand placement		
Correctly pulls face to mask		
Ventilates the patient at a rate of one breath every 5-6 seconds		
Correct volume to cause visible chest rise		
<b>Total</b>		

**Critical Criteria**

\_\_\_\_\_ Did not use "E-C" hand placement

\_\_\_\_\_ Did not pull face to mask (incorrectly pushed face to close airway)

\_\_\_\_\_ Ventilates with incorrect rate (too slow or too fast)

## OXYGEN ADMINISTRATION

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions	1	
Assembles the regulator to the tank	1	
Opens the tank	1	
Checks for leaks	1	
Checks tank pressure	1	
Attaches non-rebreather mask to oxygen	1	
Prefills reservoir	1	
Adjusts liter flow to 12 liters per minute or greater	1	
Applies and adjusts the mask to the patient's face	1	
<b>Note: The examiner must advise the candidate that the patient is not tolerating the non-rebreather mask. The medical director has ordered you to apply a nasal cannula to the patient.</b>		
Attaches nasal cannula to oxygen	1	
Adjusts liter flow to 6 liters per minute or less	1	
Applies nasal cannula to the patient	1	
<b>Note: The examiner must advise the candidate to discontinue oxygen therapy</b>		
Removes the nasal cannula from the patient	1	
Shuts off the regulator	1	
Relieves the pressure within the regulator	1	
Total:	15	

### Critical Criteria

- \_\_\_\_\_ Did not take, or verbalize, body substance isolation precautions
- \_\_\_\_\_ Did not assemble the tank and regulator without leaks
- \_\_\_\_\_ Did not prefill the reservoir bag
- \_\_\_\_\_ Did not adjust the device to the correct liter flow for the non-rebreather mask  
(12 liters per minute or greater)
- \_\_\_\_\_ Did not adjust the device to the correct liter flow for the nasal cannula  
(6 liters per minute or less)



**CARDIAC ARREST MANAGEMENT/AED  
WITH BYSTANDER CPR IN PROGRESS**

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

	Points Possible	Points Awarded
<b>ASSESSMENT</b>		
Takes, or verbalizes, body substance isolation precautions	1	
Briefly questions the rescuer about arrest events	1	
Turns on AED power	1	
Attaches AED to the patient	1	
Directs rescuer to stop CPR and ensures all individuals are clear of the patient	1	
Initiates analysis of the rhythm	1	
Delivers shock	1	
Directs resumption of CPR	1	
<b>TRANSITION</b>		
Gathers additional information about the arrest event	1	
Confirms effectiveness of CPR (ventilation and compressions)	1	
<b>INTEGRATION</b>		
Verbalizes or directs insertion of a simple airway adjunct (oral/nasal airway)	1	
Ventilates, or directs ventilation of the patient	1	
Assures high concentration of oxygen is delivered to the patient	1	
Assures adequate CPR continues without unnecessary/prolonged interruption	1	
Continues CPR for 2 minutes	1	
Directs rescuer to stop CPR and ensures all individuals are clear of the patient	1	
Initiates analysis of the rhythm	1	
Delivers shock	1	
Directs resumption of CPR	1	
<b>TRANSPORTATION</b>		
Verbalizes transportation of the patient	1	
<b>Total:</b>	<b>20</b>	

**Critical Criteria**

\_\_\_\_\_ Did not take, or verbalize, body substance isolation precautions

\_\_\_\_\_ Did not evaluate the need for immediate use of the AED

\_\_\_\_\_ Did not immediately direct initiation/resumption of CPR at appropriate times

\_\_\_\_\_ Did not assure all individuals were clear of patient before delivering a shock

\_\_\_\_\_ Did not operate the AED properly or safely (inability to deliver shock)

\_\_\_\_\_ Prevented the defibrillator from delivering any shock

## BLEEDING CONTROL/SHOCK MANAGEMENT

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions	1	
Applies direct pressure to the wound	1	
<b>Note: The examiner must now inform the candidate that the wound continues to bleed.</b>		
Applies tourniquet	1	
<b>Note: The examiner must now inform the candidate the patient is now showing signs and symptoms indicative of hypoperfusion</b>		
Properly positions the patient	1	
Administers high concentration oxygen	1	
Initiates steps to prevent heat loss from the patient	1	
Indicates the need for immediate transportation	1	
Total:	7	

**Critical Criteria**

\_\_\_\_\_ Did not take, or verbalize, body substance isolation precautions

\_\_\_\_\_ Did not apply high concentration oxygen

\_\_\_\_\_ Did not control hemorrhage using correct procedures in a timely manner

\_\_\_\_\_ Did not indicate a need for immediate transportation

## Hemostatic Gauze and Pressure Dressing Skill Verification

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

<b>ASSESSMENT</b>	<b>Skill Completed</b>	<b>Did Not Complete</b>
<b>For junctional injury not amenable to tourniquet placement</b>		
Takes, or verbalizes, body substance isolation		
Expose the wound and identify the bleeding		
Pack gauze tightly into the wound and directly onto the source of bleeding using fingers		
Use gloved fingers to maintain pressure and hold gauze		
Apply and hold direct, firm pressure with remaining gauze for three minutes (may verbalize)		
Apply a pressure dressing to provide ongoing pressure and secure the wound packing in place		
Place 4X4 or pad on top of hemostatic dressing		
Wrap pressure bandage by stretching (wrap distal-to-proximal)		
Assess for excess bleeding		
Assess for excess pressure with cap refill, pulse Oximeter		
Assess CSM (circulation/sensation/motion)		
<b>Total</b>		

### Critical Criteria

\_\_\_\_\_ Did not apply hemostatic gauze directly into wound

\_\_\_\_\_ Did not apply pressure for a minimum of three minutes

\_\_\_\_\_ Moved or unnecessarily manipulated hemostatic dressing

\_\_\_\_\_ Applied pressure dressing too tight or too loose



## Long Board Spinal Immobilization (Supine Patient)

### Skill Verification

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

ASSESSMENT	Skill Completed	Did Not Complete
Takes, or verbalizes, body substance isolation		
Directs assistant to place/maintain patient's head in neutral, in-line position		
Assess patient's CSM (circulation/sensation/motion) in each extremity		
Measure and apply appropriate cervical collar		
Directs additional assistants to prepare to log-roll or lift-and-slide patient		
Directs the movement of the patient onto the long spine board without compromising the integrity of the spine		
Correctly positions the patient as a unit on the long board device		
Applies padding between patient's torso and board		
Correctly directs assistants to immobilize patient's torso to the board		
Correctly directs assistants to immobilize patient's head to the board		
Verbalizes need to watch for hypothermia		
Verbalizes need to watch for any airway compromise		
Assess CSM (circulation/sensation/motion)		
<b>Total</b>		

#### Critical Criteria

\_\_\_\_\_ Did not direct assistant to maintain manual stabilization of the head until immobilized to the board

\_\_\_\_\_ Allowed patient's torso to be moved excessively

\_\_\_\_\_ Did not check CSM before and after immobilization

\_\_\_\_\_ Applied straps to patient's head before torso is immobilized

## Short Board Spinal Immobilization (Seated Patient)

### Skill Verification

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

ASSESSMENT	Skill Completed	Did Not Complete
Takes, or verbalizes, body substance isolation		
Directs assistant to place/maintain patient's head in neutral, in-line position		
Assess patient's CSM (circulation/sensation/motion) in each extremity		
Measure and apply appropriate cervical collar		
Directs additional assistants to prepare the immobilization device (OSS or KED)		
Directs the movement of the device behind the patient		
Correctly secures the patient's torso to the device		
Applies appropriate tension to torso straps (adjust as necessary)		
Correctly directs assistants to immobilize patient's head to the board (pad behind head as necessary)		
Verbalizes need to watch for hypothermia		
Verbalizes need to watch for any airway compromise		
Assess CSM (circulation/sensation/motion)		
<b>Total</b>		

#### Critical Criteria

\_\_\_\_\_ Did not direct assistant to maintain manual stabilization of the head until immobilized to the board

\_\_\_\_\_ Allowed excessive movement of the patient

\_\_\_\_\_ Did not check CSM before and after immobilization

\_\_\_\_\_ Applied straps to patient's head before torso is immobilized

## Soft Tissue Injury Open Fracture of an Extremity

### Skill Verification

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

ASSESSMENT	Skill Completed	Did Not Complete
Takes, or verbalizes, body substance isolation		
Directs assistant to stabilize patient's limb in neutral, in-line position		
Remove clothing and check for excessive bleeding		
Assess patient's CSM (circulation/sensation/motion) in injured extremity		
Apply sterile dressing to wound without compressing bone ends		
Apply "donut" compression dressing to control bleeding without compressing bone ends		
Correctly wraps compression dressing using gauze		
Select and measure appropriate splinting material (measure using patient's uninjured limb)		
Correctly applies splint to injured limb (applies appropriate padding)		
Immobilizes the joint above the injury		
Immobilizes the joint below the injury		
Applies sling-and-swathe (arm) or verbalizes evacuation method (leg)		
Assess CSM (circulation/sensation/motion) in injured extremity		
<b>Total</b>		

#### Critical Criteria

\_\_\_\_\_ Did not direct assistant to maintain manual stabilization of the limb until immobilized to the splint

\_\_\_\_\_ Allowed excessive movement of the injured limb

\_\_\_\_\_ Did not check CSM before and after immobilization



**IMMOBILIZATION SKILLS  
LONG BONE INJURY**

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions	1	
Directs application of manual stabilization of the injury	1	
Assesses motor, sensory and circulatory function in the injured extremity	1	
<b>Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"</b>		
Measures the splint	1	
Applies the splint	1	
Immobilizes the joint above the injury site	1	
Immobilizes the joint below the injury site	1	
Secures the entire injured extremity	1	
Immobilizes the hand/foot in the position of function	1	
Reassesses motor, sensory and circulatory function in the injured extremity	1	
<b>Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"</b>		
Total	10	

**Critical Criteria**

\_\_\_\_\_ Grossly moves the injured extremity

\_\_\_\_\_ Did not immobilize the joint above and the joint below the injury site

\_\_\_\_\_ Did not reassess motor, sensory and circulatory function in the injured extremity before and after splinting

## Joint Immobilization Skill Verification

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

ASSESSMENT	Skill Completed	Did Not Complete
Takes, or verbalizes, body substance isolation		
Directs assistant to stabilize patient's limb		
Assess patient's CSM (circulation/sensation/motion) in injured extremity		
Select and measure appropriate splinting material (measure using patient's uninjured limb)		
Correctly applies splint to injured limb (applies appropriate padding)		
Immobilizes the bone above the injury		
Immobilizes the bone below the injury		
Applies sling-and-swathe (arm) or verbalizes evacuation method (leg)		
Assess CSM (circulation/sensation/motion) in injured extremity		
<b>Total</b>		

### Critical Criteria

\_\_\_\_\_ Did not direct assistant to maintain manual stabilization of the limb until immobilized to the splint

\_\_\_\_\_ Allowed excessive movement of the injured limb

\_\_\_\_\_ Did not check CSM before and after immobilization

**IMMOBILIZATION SKILLS  
TRACTION SPLINTING**

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions	1	
Directs application of manual stabilization of the injured leg	1	
Directs the application of manual traction	1	
Assesses motor, sensory and circulatory function in the injured extremity	1	
<b>Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"</b>		
Prepares/adjusts splint to the proper length	1	
Positions the splint next to the injured leg	1	
Applies the proximal securing device (e.g..ischial strap)	1	
Applies the distal securing device (e.g..ankle hitch)	1	
Applies mechanical traction	1	
Positions/secures the support straps	1	
Re-evaluates the proximal/distal securing devices	1	
Reassesses motor, sensory and circulatory function in the injured extremity	1	
<b>Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"</b>		
<b>Note: The examiner must ask the candidate how he/she would prepare the patient for transportation</b>		
Verbalizes securing the torso to the long board to immobilize the hip	1	
Verbalizes securing the splint to the long board to prevent movement of the splint	1	
Total:	14	

**Critical Criteria**

- \_\_\_\_\_ Loss of traction at any point after it was applied
- \_\_\_\_\_ Did not reassess motor, sensory and circulatory function in the injured extremity before and after splinting
- \_\_\_\_\_ The foot was excessively rotated or extended after splint was applied
- \_\_\_\_\_ Did not secure the ischial strap before taking traction
- \_\_\_\_\_ Final immobilization failed to support the femur or prevent rotation of the injured leg
- \_\_\_\_\_ Secured the leg to the splint before applying mechanical traction

*Note: If the Sagar splint or the Kendricks Traction Device is used without elevating the patient's leg, application of manual traction is not necessary. The candidate should be awarded one (1) point as if manual traction were applied.*

*Note: If the leg is elevated at all, manual traction must be applied before elevating the leg. The ankle hitch may be applied before elevating the leg and used to provide manual traction.*



## Obstetric Emergency Emergency Childbirth

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

	Points Possible	Points Awarded
Introduces self, reassure patient and request consent to treat	1	
Takes, or verbalizes, body substance isolation precautions	1	
Determined if patient is under a doctors care	*	
Determined when the patient's baby is due	*	
Determined if this is the patient's first baby	*	
Determined when the patient's contractions began	*	
Determined how far apart the patients contractions are occurring	*	
Determined if the patient's water has broken	*	
Determined if the patient feels the need to bear down or move her bowels	*	
Reassure patient and examined for crowning or abnormal bleeding	*	
Reported to Examiner the presence or absence of prolapsed cord or abnormal presentation	*	
Opened , or verbalized opening, OB Kit and prepares for delivery	1	
Put on clean medical gloves	1	
Cleansed and draped the patient	1	
Applied gentle pressure to baby's head, utilizing one hand	*	
Applied gentle pressure to baby's head, utilizing one hand	*	
Applied gentle downward pressure to perineum as head emerged using other hand	*	
Reported to Examiner presence or absence of cord around baby's neck once head is visible	*	
<b>If cord is present around baby's neck:</b> Loosened cord form around neck	*	
Cleared baby's airway by suctioning baby's mouth and then nose, once head is delivered	*	
Applied gentle downward pressure on baby's head to release upper shoulder	1	
Applied gentle upward pressure on baby's head to release lower shoulder	1	
Held baby securely once delivered	*	
Suctioned airway	*	
<b>Examiner States: Baby is out and not breathing but has a pulse</b>		
Stimulated baby	*	
Wrapped baby in clean blanket	*	
Stated would check APGAR	1	
Double clamped cord. First clamp 6-8" from baby, second 2-4" from first clamp, towards mother	*	
Cut cord between clamps	*	
Gave baby to mother and noted time of birth	1	
Placed placenta in plastic bag	1	
Externally massaged fundus after deliver of placenta	1	
Did not successfully complete station within 10 minute time limit	*	
<b>TOTAL:</b>	<b>11</b>	

## Wound Cleaning and Dressing Skill Verification

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

ASSESSMENT	Skill Completed	Did Not Complete
Takes, or verbalizes, body substance isolation		
Assess wound for uncontrolled bleeding (direct pressure will control the bleeding for this skill)		
Assess patient's CSM (circulation/sensation/motion) in injured extremity		
Verbalizes cleaning large foreign matter from wound using sterile gauze		
Verbalizes irrigation of the wound with plain, clean water		
Wash around wound using soap or other disinfectant		
Applied sterile gauze to wound (apply antibiotic optional)		
Applied tape or pressure dressing to wound		
Assess CSM (circulation/sensation/motion) in injured extremity		
<b>Total</b>		

### Critical Criteria

- \_\_\_\_\_ Did not assess CSM
- \_\_\_\_\_ Did not clean large foreign matter from wound
- \_\_\_\_\_ Did not check CSM before and after procedure
- \_\_\_\_\_ Allowed disinfectant to get into wound

## Penetrating Chest Injury

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

Examiner states: <b><u>"You arrive to find this patient who was involved in an altercation and was shot in the chest"</u></b> Begin your assessment.	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation (BSI)	1	
Assessment of the primary survey	1	
Maintains an open airway and provides basic life support if necessary	1	
Assesses breathing and visualizes chest during primary assessment	1	
Recognizes and seals open chest wound as quickly as possible. Places gloved hand over wound.	1	
Applies an occlusive dressing to wound	1	
Assesses lung sounds	1	
Administers appropriate O <sub>2</sub> delivery	1	
Reassesses for pneumothorax	1	
Removes dressing as appropriate to relieve pneumothorax	1	
Treats for shock if appropriate	*	
Places patient in position of comfort to allow for best breathing, maintaining best position for injury	1	
Determines appropriate transport method	1	
Did not successfully complete the station within 10 minutes		
<b>TOTAL:</b>	<b>12</b>	

### **Critical Failures:**

- \_\_\_\_\_ Failure to take standard precautions prior to skill
- \_\_\_\_\_ Failure to identify wound within 10 seconds
- \_\_\_\_\_ Failure to occlude wound as soon as possible
- \_\_\_\_\_ Failure to apply occlusive dressing and/or occluding all four sides
- \_\_\_\_\_ Failure to recognize shock
- \_\_\_\_\_ Failure to position patient based on need for spinal precautions, if needed
- \_\_\_\_\_ Failure to manage patient as a competent EMT



## Patient Lifts and Carries Skill Verification

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

ASSESSMENT	Skill Completed	Did Not Complete
Takes, or verbalizes, body substance isolation		
Successfully completes Body Elevation and Movement patient carry		
Successfully completes Lift-and-Slide operation		
Successfully completes Log-Roll		
Successfully completes Sheet Carry		
Successfully completes single-rescuer Recovery Position		
<b>Total</b>		

### Critical Criteria

\_\_\_\_\_ Grossly moves the patient spine

\_\_\_\_\_ Did not work successfully in a team situation

**Epi Pen Auto Injector Administration**  
**Skill Verification**

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

ASSESSMENT	Skill Completed	Did Not Complete
Takes, or verbalizes, body substance isolation		
Assess patient for signs/symptoms of respiratory distress, audible wheezing and swelling of tongue and airway compromise (verbalize these are present)		
Assure patient and prepare epinephrine auto injector		
Verify expiration date and visually check integrity of epinephrine		
Correctly holds auto injector in one hand, while stabilizing patient's leg with other hand		
Remove blue safety cap, place orange tip next to lateral thigh		
Prepare patient for injection		
Press firmly and hold for a count of ten		
Remove auto injector correctly from injection site		
Direct patient to rub injection site		
Reassess patient for relief of symptoms / vitals		
Retain auto injector for possible additional doses (wilderness only)		
<b>Total</b>		

**Critical Criteria**

\_\_\_\_\_ Did not hold auto injector correctly (thumb over end automatic fail)

\_\_\_\_\_ Did not verify expiration date / visual check of medication

\_\_\_\_\_ Did not stabilize patient's leg

\_\_\_\_\_ Did not apply injector appropriately ("swing-and-jab" automatic fail)

**Naloxone (Narcan) Administration IN**  
**Skill Verification**

Start Time: \_\_\_\_\_

Stop Time: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

<b>ASSESSMENT</b>	<b>Skill Completed</b>	<b>Did Not Complete</b>
Takes, or verbalizes, body substance isolation		
Assess patient for signs/symptoms of respiratory depression, coma suspected to be induced by opiate/narcotic overdose (verbalize these are present)		
Removes Naloxone intra-nasal spray applicator from package		
Hold applicator correctly		
Tilt patient's head back – prepare to use the IN spray		
Insert tip of the applicator into one nostril, until your fingers touch patient's nose		
Press plunger firmly to give entire dose		
Verbalize that you would observe the patient for increasing rate of breathing		
Verbalize that you would be aware of possible aggression from patient		
Verbalize placing the patient in the recovery position		
Verbalize being prepare to give additional doses		
Give breaths using BVM		
<b>Total</b>		

**Critical Criteria**

- \_\_\_\_\_ Did not verbalize determining the need for Naloxone IN
- \_\_\_\_\_ Did not properly administer the medication IN
- \_\_\_\_\_ Did not verbalize reassessment of the patient