

Te Oranga Newsletter

Te Kōrero

Kohitātea | January 2026



*Nau mai,
haere mai ki
Te Kōrero,
te pānui a
Te Oranga*

Welcome to our 2026 Te Oranga Newsletter series! We hope to use this as a space to connect Māori Medical students across the motu with the kōrero and kaupapa of Te Oranga, your national Māori Medical Student Association

Hari Tau Hou Pākehā!

If you're a new Year 2 tauira in 2026, a huge mihi to you for earning a well-deserved place in medicine. You're amazing!

For our returning tauira, we hope you're settling in well as the year gets underway, particularly those of our clinical tauira who have already started for 2026. Those who are yet to start, we hope you enjoy the rest of your break before getting back into it.

Registration for 2026

Due to changes in our internal processes, we now require our members to register annually. If you have not yet registered for 2026, please register using [THIS LINK](#).

If you register before our SGM (3rd of March), you will go in the draw to win limited Te Oranga merch, kai vouchers, and petrol vouchers.



SGM 2026

March 3rd, 6:30pm via Zoom

Purpose of SGM:

- Elect a second NZMSA Ōtākou Representative
- Vote on recent changes to our constitution

NZMSA Representative Role Description:

- Ōtākou Whakaihu Waka medical tauira
- Assigned to a working group for NZMSA & attendance of relevant working group meetings (e.g advocacy working group)
- Support Te Oranga and NZMSA events
- Attend NZMSA executive meetings via Zoom
- Voting rights in the election of NZMSA positions
- Voting rights in Te Oranga executive matters
- Liase with NZMSA Māngai RE: updates for Te Oranga executive

Nomination Information:

- Nominations open NOW. This will remain open until 11:59 pm on the 17th of February
- Voting will then open on the 18th of February

[NOMINATION LINK](#)



2026

PROVISIONAL CALENDAR

KOHITĀTEA

JAN

16-18

KANOHI KI TE KANOHI

HUI-TANGURU

FEB

18-20

MAPAS WĀNANGA

POUTŪ-TE-RANGI

MAR

3, 6:30 PM

SGM

20 - 22

ŌTAKOU FRESHERS
HUI

PAENGA-WHĀWHĀ

APR

ALL MONTH
TI TALKS

HARATUA

MAY

ALL MONTH
TI TALKS

PIPIRI

JUN

5-7

NZMSA CONFERENCE

HŌNGONGOI

JUL

10-12 (TBC)
WAT

HERE-TURI-KŌKĀ

AUG

14-16 (TBC)
KURA REO

MAHURU

SEP

ALL MONTH
MAHURU MĀORI

14-21

TE WIKI O TE REO
MĀORI

WHIRINGA-Ā-NUKU

OCT

WHIRINGA-Ā-RANGI

NOV

DATE TBC
TE ORANGA AGM

HAKIHEA

DEC

Kanohi ki te Kanohi (K2K)	<p>Annual hui for the incoming executive to meet, connect, and develop the strategic plan for major kaupapa, as well as align our collective vision and goals for the upcoming year</p>
MAPAS Wānanga	<p>Annual wānanga for all new MAPAS tauira at Waipapa Taumata Rau (UoA). All second-year MBChB MAPAS tauira are invited to attend, along with other first-year FMHS MAPAS tauira. Hosted at Tūrangawaewae marae, Ngāruawhāhia</p>
Ōtākou Freshers hui	<p>Annual wānanga for new incoming Ōtākou Whakaihu Waka (UoO) second-year medical tauira. Tauira across all years are encouraged to attend, with the core driver of this kaupapa centred around whakawhanaungatanga</p>
Wānanga-a-Tau (WAT)	<p>Annual wānanga for all tauira rata Māori to engage in cultural, academic, and professional activities. Hosted in various locations across the country, with Rotorua as our current preliminary region for WAT 2026</p>
Kura Reo	<p>Annual wānanga unifying both tauira and tākuta Māori from across Aotearoa. Te Reo Māori development and provision are the aims for this wānanga, demonstrating the commitment of Te Oranga and Te ORA (Māori Doctor's Association) towards the revitalisation of our reo</p>
TI Talks (First Half of the Year)	<p>Informal kōrero aimed at current Trainee Interns (TI's) regarding the ACE reference and job application process. Generally delivered by recent graduates, guiding and breaking down the need-to-knows for the tauira to tākuta transition</p>
Māhuru Māori + Te Wiki o Te Reo Māori	<p>An opportunity for Te Oranga to continue with its commitment to revitalising Te Reo Māori amongst its tauira through daily social media posts and giveaways across the month of September, as well as Te Wiki o Te Reo Māori</p>

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Tanira Kingi
Tumuaki



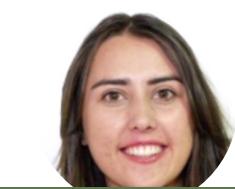
Noah Appleby
Tumuaki Tuarua



Simone Ada
Kaituhi



Flynn Macreadie
Kaitiaki Putea



Janaya Mitchell-Byrne
Kaipāpāho



Paepa Tohia
NZMSA Māngai



Ondre Hapuku-Lambert
Tāmaki Tuakana



Arabella Urwin
Tāmaki Teina



Ricco Niha
Whangārei Tuakana



Anais McClellan
Te Puku-o-o-Te-ika Tuakana



Briar Englebrecht
Ōtepōti Tuakana



Quitara Naera
Ōtākou Teina



Manaia Butler
Ōtautahi Tuakana



Sara Araquipa
Poneke Tuakana



Manutai Wi Rutene-Pomare
NZMSA Rep



Macy Curtis
NZMSA Rep



Grace Carston
NZMSA Rep



To Be Elected
NZMSA Rep



@teoranga.aotearoa



Te Oranga – Māori Medical
Students Association Aotearoa



<https://teoranga.com/>