

# Te Oranga Newsletter

# Te Kōrero

Paenga-Whāwhā | April 2026



2024 Kura Reo ki Heretaunga Pukemokimoki Marae

## TOKŌ Freshers 2026

From the 20<sup>th</sup> to the 22<sup>nd</sup> of March, TOKŌ held their annual Freshers Wānanga. This year, Tanira and Noah were welcomed to come along and represent Te Oranga. The Freshers wānanga is a tradition for our taura at Ōtakou.

The wānanga is three days long, during which second-year taura can meet and connect with each other and with taura from other cohorts.

Over the three days, taura engage in whakawhanaungatanga, workshops, kōrero from guest speakers, and waiata practice.

Te Oranga is grateful to the TOKŌ exec for their amazing mahi on this and other kaupapa that support our Dunedin taura, and for the chance to come and experience this weekend with them this year.



## Wānanga-ā-Tau

"Ka huihui, ka whakatō, ka tupu, ka puawai"

*To unite, to plant, to grow, to flourish*

## Registrations closing this week

WĀT is an event to celebrate Māori medical students and encourage whakawhanaungatanga amongst our taura.

This is a student-led indigenous conference, providing opportunities for cultural, academic, and professional growth.

**Where:** Rotorua - Te Pākira Marae

**When:** 10th Hūrae (July) - 12th Hūrae (July) 2025

**Cost:** \$80.00 (all inclusive transport, accomodation, kai & activities)

**REGISTER HERE**



## OPPORTUNITIES FOR OUR TAUIRA



### 2 X \$500 RESEARCH PRIZES

THE HEALTHEX MĀORI AND PACIFIC HEALTH RESEARCH PRIZES ARE OPEN TO ALL MĀORI AND PACIFIC TAUIRA PRESENTING ANY HEALTH-RELATED RESEARCH, WITH TWO PRIZES OF \$500 EACH.

THE SIR JOHN LOGAN CAMPBELL MEDICAL TRUST MAY PROVIDE ADDITIONAL TRAVEL GRANTS TO FURTHER SUPPORT TAUIRA.

[REGISTER HERE](#)



### SPONSORSHIP FOR 2 X TAUIRA TO ATTEND RANZCR 2026 ASM

INCLUDING FLIGHTS, ACCOMODATION + REGISTRATION

LINK FOR MORE INFORMATION [HERE](#)

LINK TO THE APPLICATION FORM [HERE](#)



**Kia Ora Hauora**

E tautoko ana i tā te Māori  
whai i te ara Hauora.

KOH ARE TAKING EXPRESSIONS OF INTEREST FROM TAUIRA INTERESTED IN PARTICIPATING IN A TUAKANA-TEINA PROGRAM WITH HIGH-SCHOOL STUDENTS.

MORE INFORMATION TO COME, WATCH THIS SPACE



## UPCOMING KAUPAPA – TI TALKS

Te Oranga TI Talks is a kaupapa intended to support the final year Trainee Intern Māori medical students to explore potential hospitals they can apply to work at after graduating

Our hope is that by creating our own webinars and a more relaxed forum for discussion, taura can openly ask questions and connect with tākuta Māori in their region of interest.

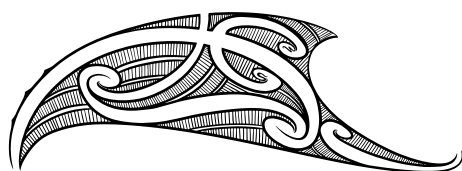
All taura are welcome to attend these webinars, including 5th years who are looking to complete placements in regional hospitals for TI year!

**15TH APRIL 6 PM – TIMARU HOSPITAL AND CHRISTCHURCH HOSPITAL – ZOOM LINK**

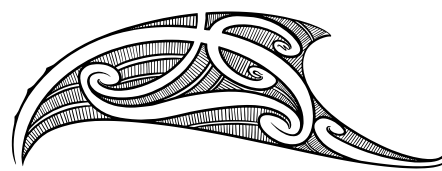
**16TH APRIL 6 PM – DUNEDIN HOSPITAL AND NELSON HOSPITAL – ZOOM LINK**

Our kaikōrero will share their roles and life inside and outside the hospital, then the floor will be open for pātai.

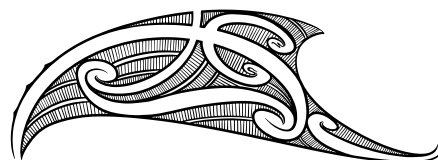
Come along and hear from inspiring tākuta Māori, wāhine toa hoki!  
Follow our socials for more locations coming soon!



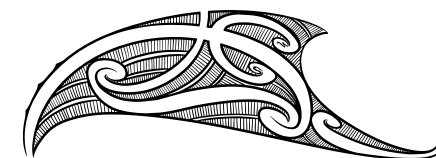
Dr. Boudine Brown  
PGY3  
Timaru Hospital



Dr. Leigh Albert  
PGY1  
Dunedin Hospital



Dr. Keely Stuart  
PGY1  
Christchurch Hospital



Dr. Makenzie Wilson  
PGY1  
Nelson Hospital





## Rōpū-ā-rohe updates



FRESHERS WĀNAGA 2026

JADA HEREMIA VOTED IN AS  
MĀNGAI TAU TUARUA AT  
RECENT SGM



WAKA AMA RACE



TOKĀ  
REO MĀORI  
SESSION #1



**NPH**

COFFE SHOUT

TĀKUTA CATCH UP IN MAY  
BAR HOPPING INCLUDED!

ELECTED FOUR NEW  
MEMBERS AT RECENT SGM

**Rohe**

ŌTAUTAHI

RECENT COFFEE SHOUT  
LOOK OUT FOR MORE!

**TE PUKU O TE IKA**  
WATCH OUT FOR UPCOMING  
KAWHE CATCH UP!



# 2026

## PROVISIONAL CALENDAR

**KOHITĀTEA**

JAN

16-18  
KANOHI KI TE KANOHI

**HUI-TANGURU**

FEB

18-20  
MAPAS WĀNANGA

**POUTŪ-TE-RANGI** MAR

3, 6:30 PM  
SGM

20 - 22  
ŌTAKOU FRESHERS HUI

**PAENGA-WHĀWHĀ** APR

ALL MONTH  
TI TALKS

**HARATUA**

MAY

ALL MONTH  
TI TALKS

**PIPIRI**

JUN

5-7  
NZMSA CONFERENCE

**HŌNGONGOI** JUL

10-12  
WĀT

**HERE-TURI-KŌKĀ** AUG

14-16  
KURA REO

**MAHURU** SEP

3-6  
TE ORA HUI-Ā-TAU

14-21  
TE WIKI O TE REO  
MĀORI

**WHIRINGA-Ā-NUKU**

OCT

**WHIRINGA-Ā-RANGI**

NOV

DATE TBC  
TE ORANGA AGM

**HAKIHEA**

DEC

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**Tanira Kingi**  
Tumuaki



**Noah Appleby**  
Tumuaki Tuarua



**Simone Ada**  
Kaituhi



**Flynn Macreadie**  
Kaitiaki Putea



**Janaya Mitchell-Byrne**  
Kaipāpāho



**Paepa Tohaia**  
NZMSA Māngai



**Ondre Hapuku-Lambert**  
Tāmaki Tuakana



**Arabella Urwin**  
Tāmaki Teina



**Ricco Niha**  
Whangārei Tuakana



**Anais McClennan**  
Te Puku-o-Te-Ika Tuakana



**Briar Englebrecht**  
Ōtepoti Tuakana



**Quitara Naera**  
Ōtākou Teina



**Manaia Butler**  
Ōtautahi Tuakana



**Sara Araquipa**  
Poneke Tuakana



**Manutai Wi Rutene-Pomare**  
NZMSA Rep



**Macy Curtis**  
NZMSA Rep



**Grace Carston**  
NZMSA Rep



**Alexander Morrison**  
NZMSA Rep



@teoranga.aotearoa



Te Oranga - Māori Medical  
Students Association Aotearoa



<https://teoranga.com/>