



Banff Avenue Community House's Summer Programs & Services 2026 (613-739-5702)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY		Friday
10:00 – 4:30pm Summer Camp 8-12 yr olds @pavilion	10:00 – 4:30pm Summer Camp 8-12 yr olds @pavilion	10:00 – 4:30pm Summer Camp 8-12 yr olds @pavilion	10:00 – 4:30pm Summer Camp 8-12 yr olds @pavilion		Kids Tutoring @Community House (For Selected Children)
10:00 – 4:30pm Young Adventures Camp 8-12 yr olds @Community House	6:00-7:30pm Family Activities Every 4 th wk @Pavilion	1:00pm-3:00pm Open Gym Basketball Ages 13-18 @Ridgemont Highschool *Participants to meet there*	10:00 – 4:30pm Young Adventures Camp 8-12 yr olds @Community House		10:00 – 2:30pm The Underground Youth Summer Camp 13+ yr olds @pavilion
6:00 – 7:30pm Community Dance All Ages @pavilion		6:00 – 7:30pm Youth Girls Swimming 14-18 yr olds @pavilion	1:00pm-3:00pm Open Gym Basketball Ages 13-18 @Ridgemont Highschool		1:00pm-3:00pm Girls Basketball Ages 8-13 @Ridgemont Highschool
1:00 – 2:30pm Girls Flag Football 13+ yr olds @Soccer Field		5:00 – 6:00pm Kids Soccer 8-12 yr olds @Soccer Field	6:00-7:30pm Kids Sports Club 8-12 yr olds @Pavilion		
CHILDREN & YOUTH PROGRAMMING			6:00-7:30pm Youth Cooking 13+ @Pavilion	6:00-7:30pm Youth Sports Drop-in 13+ @Field	

Email us: info@banffcomhouse.ca Phone us: 613-739-5702 Address: 2084 A & B Banff Avenue

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Banff Avenue Community House info@banffcomhouse.ca 613-739-5702	Wraparound Support Services <i>Does your family require one on one support with forms or applications? We can help! Book an appointment with Gwendy or Tommeson for Thursday 3-5pm.</i>		
Early Years Drop in 1:30-3pm <i>for moms with Babes & young children under 6</i> <i>(Milk & Eggs for all who visit with the community nurse)</i>  South-East Ottawa Community Health Centre Centre de santé communautaire du sud-est d'Ottawa	INTAKE for Essential Services appointments 10 am- 3 pm <i>Call 613-739-5702 to make an appointment for Foodbank, and/or Clothing Giveaway</i>	Community Foodbank 1-4 pm Evening Appointments available on the 2nd week <i>Offered once a month for anyone living in our catchment area. Must make an appointment on Tues Intake. Please bring bags</i>	Used and New Clothing+ Giveaway 3-5 pm <i>2nd and 4th week of the month</i> <i>Must make an appointment on Tues Intake.</i>
Community Nurse Early Years <i>Kaltoum is onsite 1:30-3pm (Pregnancy, breast feeding, health check in, take your blood pressure etc.)</i>		 Ottawa Food Bank La Banque d'Alimentation d'Ottawa	Leftover Giveaways 3-5 pm (residents of Banff-Ledbury- please register) <i>Should we have any fresh food left over, drop by with your bag</i>
ADULT PROGRAMMING AND SERVICES			Women's Fitness (except week 4) 6-7:30pm <i>Includes onsite childminding @Pavilion</i>
		Women's and Girls Only Swim lessons 6:30-7:30	Community Supper Table 4th week of month at 6pm @ Pavilion For Adults 18 & up Childminding available-CALL 1st

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