



CMA ACCREDITED COURSE

The Shamanic Medicine Drum – 1 Day Workshop

Come and join us on a fabulous and transformative journey making your own sacred medicine drum and beater. Using the Medicine Wheel, we create a sacred and safe space in which to carry out this powerful work. My aim is to equip you with a solid foundation of understanding of the medicine drum, so that you can truly benefit from its sacred power.

Workshop content includes the following, supported by high quality handouts:

Welcome, introductions, smudging ceremony
Om Shanti drum meditation
Creating our Medicine Wheel
Making your drum beater
Application of the medicine drum – principles of sound healing, individual and group drum healing, Earth healing, shamanic journeying
Lacing & finishing your medicine drum
Care of your drum
Closing ceremony.

Of course, the creation of your medicine drum is only the start of your powerful relationship with sacred drumming and its application in sound therapy work - and so my role is also to support your journey with the drum before, during and after the workshop. I am always happy to provide advice & guidance.

Venue & dates: Please see my [Instagram](#) for available workshop dates & locations.

Times: 10am – 5:00pm.

Group size: I keep my workshops to a maximum of 8 people in order that you can benefit from close personal attention.

I provide all materials and tools with which to make your drum and beater. The drum hoops I provide are available in a variety of sizes. Larger is not always better – things to consider when choosing are weight (a larger drum can start to feel very heavy when played for an extended period of time), and portability. We will make beaters for your drum using organic sheep's wool and vegetable tanned leather.

The hides I use are prepared by hand by people I know work in a good way. This really comes through in the qualities of the hides, compared to commercially-prepared hides. All hides are subject to availability. Choosing a hide: Which animal do you feel drawn to? The energetic and spiritual qualities of each animal have a significant impact on the drum and the learning that it can bring the drummer. If you need any help or guidance in choosing a hide, I would be happy to help, and also it is best to follow your intuition.

Eagle Spirit School of Sacred Sound is a CMA-accredited Training College. I have been involved in teaching and training for over 30 years. I am a qualified Lifelong Learning Tutor (City & Guilds Level 4), a registered practitioner member of the College of Sound Healing and the Complementary Medical Association, hold an enhanced DBS check, and am First Aid qualified. I have a professional diploma in Sound Therapy and also hold professional insurance for my workshops & sound therapy work.



Certification: During this 1-day accredited workshop, we will place a lot of emphasis on the application of the drum in the field of sound therapy. This is an important and evolving field in the world of holistic medicine. You will receive a Certificate of Attendance on completion which you can use towards CPD, if appropriate.

Course Accreditation: As an optional extra If you wish to progress in this field as a certified practitioner, I recommend that following the course you complete 12 case studies with your drum, based on the techniques taught to you during the workshop. Further guidance will be provided on this. This is invaluable for developing experience of working with clients. On receipt of your case studies, they will be assessed and feedback provided, after which I will issue you with a Practitioner Certificate which supports your CPD points and assists in gaining professional insurance.

The Complementary Medical Association is the world's leading and most highly respected professional Membership Association for practitioners & training providers in the field of Complementary Medicine & Natural Healthcare. I am proud to support its work through my total commitment to ethics and excellence. I encourage you to join, there are many benefits, and it supports our voice globally as holistic practitioners. The CMA also makes available a very competitive rate for professional insurance. On completion of your case study work and issuing of your certificate, you will be able to obtain professional insurance. Other insurers are also available.

Previous experience: I have designed this course to be suitable for all, including complete beginners with no experience of sound therapy, shamanic drums, or ceremony. If you do have previous experience, this course will still help you to anchor that which you already know, and give you a new perspective on the application of the shamanic medicine drum in the field of sound therapy.

What to bring: Please wear old and comfortable clothing, a towel for working on, crystals or any other items you like to work with, and an open heart. You are invited to bring a dish to share at lunchtime. Anchoring the supportive love of our circle of people on the day will be further enhanced by our sharing of some simple food before lacing our drum.

If you have any other questions, please feel free to email pat@eaglespiritdrums.co.uk or call/WhatsApp me on 07821 503716. I look forward to sharing an amazing journey with you!