

PACKAGES

I offer five distinct packages tailored to meet a variety of needs. Each package has been thoughtfully designed based on experience, providing a range of care options for individuals and families.

Dorothea:

Compassion Care + Caregiver Support + Practical Support + Final Days Support

Grace:

Compassion Care + Practical Support + Final Days Support

Gilbert:

Compassion Care + Caregiver Support + Final Days Support

Blanche:

Compassion Care + Final Days Support

Phyllis:

Compassion Care + End of life Companionship

End of Life Companionship

End of Life Companionship offers long-term personalized support for the client over several months to years.

The purpose is to help clients come to terms with their illness and cope with their grief, while providing a clear path that allows them to live more peacefully.

This service is designed to:

- Relieve families of medical, financial and emotional burdens by handling end-of-life planning.
- Offer companionship while navigating diagnosis and grief

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**SCHEDULE A
CONSULTATION
TODAY!**



End Of Life Doula

“A Guiding Light, A Helping Hand”



WHAT IS AN END OF LIFE DOULA?

The Basics:

In our society, death is taboo. We don't talk about it until it happens, leaving us unprepared to understand our loved ones' wishes and ill-equipped for the process ahead.

An End-of-Life Doula is a trained professional who will hold your hand through the entire journey and guide you through the unknown.

Compassion Care:

Compassion care is the term I use for the basic services I provide, which every individual is entitled to. This includes:

- Emotional Support
- Education
- Advocacy
- Navigating Grief
- End of Life Planning
- Legacy Work
- Facilitating Conversations
- Holistic Care
- Spiritual Support

Who can I help?

Anyone navigating the complexities of death and dying, whether for themselves or a loved one. My focus is on providing compassionate support for the individual, their families, and caregivers.

There are many ways I can assist you and your family. Common scenarios when a person may seek an End-of-Life Doula include:

- Individuals With Terminal Illness
- Caregivers Looking for Support
- People Seeking a Peaceful Death
- Elderly Individuals
- Hospice Care Seekers
- Junior Citizens (45+) Looking to Plan

Fast Facts:

Only 25% of Americans have advance planning complete

75% of Americans have never talked about death

1 in 3 Adults will have to make medical decisions for a loved one who is unable to communicate wishes

Less than 50% of adults report having end of life conversations with loved ones

What does support look like?

Compassion Care
Final Days Support
Caregiver Support
Practical Support

End of Life Companionship

Final Days Support

- On-Call assistance available 72hrs prior to loved ones transition
- Light Housework
- Errand Assistance
- Meal Planning & Prep

Caregiver Support

- Scheduled support to allow family caregivers time to rest and recharge ensuring they have necessary breaks

Practical Support

- Light Housekeeping & Laundry
- Grocery Pickup & Organization
- Meal Planning & Prep
- Errand Assistance
- Addressing all the small tasks that can accumulate

