

# GAA Cardiac Screening

Please find attached the GAA Cardiac screening tool.

Cardiac Screening is identified as a useful tool for detecting early those potentially at risk of sudden adult cardiac death.

Naomh Padraig is keen to promote the use of Cardiac Screening amongst the relevant members of our club.

The GAA recommends that Cardiac Screening is completed once by those aged over 14 years of age and that the process repeated before the age of 25.

Those completing the Cardiac Screening should complete the Questionnaire section first and should then consult with their family GP IF they answer YES to any of these questions.

Your GP should then complete a Physical Examination and arrange an ECG.

This completed ECG can then be forwarded on to an experienced cardiologist through an identified person within GAA for further checks. For more information on this or any aspect of the Cardiac Screening process please contact Martin McMullan (Health and Well-being subcommittee member on 07775901453).

It is also advisable that you advise your coach should you have any health concerns arising from this screening.

Regards

Health and Well-being Subcommittee  
Naomh Padraig GAC

