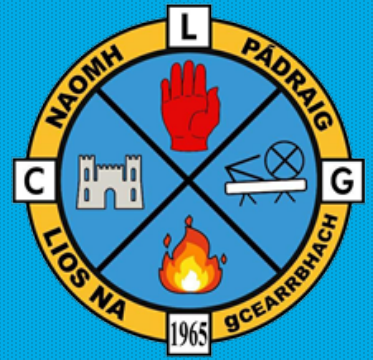


AUGUST 2021

NEWSLETTER

Naomh
Pádraig GAC



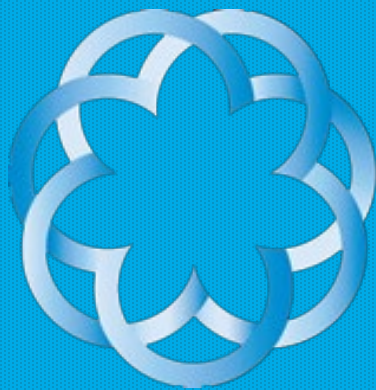
PAGE 1 – CHAIRPERSONS MESSAGE

PAGE 2 – LOTTO NEWS

PAGE 3 – SUMMER CAMPS

PAGE 4,5,6 –HEALTH & WELLBEING UPDATE

PAGE 7, 8, 9, 10 – COMMUNITY & SOCIAL ST PATS



**Draynes
Farm**

The best
of freshness.



CHAIRPERSON'S MESSAGE



It was great news this week that planning permission has finally been granted for the completion of Casement Park, the first of many hurdles passed, this is fantastic for the Gaels of Naomh Padraig, Antrim and Ulster.



It is good to see the Cul Camps back this year, our own Cul Camp was a great success in July. The clubs first ever Under 20 team kicked off their league campaign with a comfortable win over Glenavy. A very talented bunch of players, who can only enhance our senior team in years to come. There was plenty of joviality and passion in Crumlin when the G4M&O played their first ever game against St James Aldergrove, a day I'm sure most of these ladies will remember for a long time.

Restrictions have prevented a physical parade for Pride, however, there are many virtual celebrations this year, lets show our support for all members of the LGBTQ community.



Well done to our Health and Well-being Committee who have been the busiest sub-committee over the past number of months. I'm sure we'll all show our support for the forthcoming colour run in conjunction with Hillsborough JFC.



Finally I would like to wish all our teams good luck in their forth coming championships!



Peter Burns

LOTTO NEWS



'JULY DRAW' JULY draw made with two committee members present!

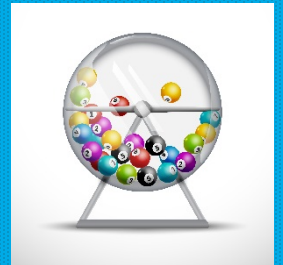
1. £100 Kieran Drayne ☆
2. £25 Emma Marsden ☆

At the July 21 draw we had 77 active members, including 4 new members. There are a few new members pending too.

December bumper prize for qualifying members will now be £750.

**See Club100 rules for more information.*

Special welcome to our new members! Thank you all for the continued support. Anyone interest in joining please contact Seainin Loughlin on 07515060127



Numbers broke **500** for first time in club's history! Current numbers are sitting at **521**, we would encourage all parents to register their children if they haven't done so already.

SUMMER CAMPS



SUMMER ACTIVITY CAMPS

St Pats Summer Camp 😎 Last chance to get registered!
2 weeks of fun, register here, don't miss out! Few spaces left: www.stpatsgac.com/summer
2nd - 6th August and 16th - 20th August!



GAA CUL CAMP UPDATE

Kids had a ball and there were even a few new volunteers who enjoyed the experience. Well done to all who took part!
We hope you enjoy your new kit.



A LITTLE BIT OF HISTORY AT KIRKWOODS



On Sunday 18th July our u20s defeated St. Joseph's Glenavy in the opening game in the U20 football league division 2. We fielded a side in this completion for the first time it



bodes well for the future of our club. Read the Saffron Gael Article [here](#).





HEALTH & WELLBEING UPDATE

MENTAL WEALTH GAMES

🌟 Sunday 18th July saw a number of our coaches partnering up with HILLSBOROUGH JFC for 'Mental Wealth Games' training by Tamhi Tackling Awareness of Mental Health Issues 🌟

👉 This is a fun creative programme that promotes Mental Health and well-being through sports drills. The Young people

learnt about the impact of choices, facts and figures, how to tackle problems and the Take 5 Steps for Wellbeing, all through play and games linked to Sporting codes. 🏃🏃



PRIDE WEEK

🏳️ In the run up to Pride we had a number of activities planned 🏳️

The first was designing a pride jersey £25 O'Neils voucher to be



won! 🌟 The winner was 🌟
Anna McDonnell 🌟 Under
12s.



Well done, Anna! Also, during Pride week we encouraged our members to wear bright rainbow colours and laces to training. 🌈🌈🌈🌈🌈🌈



🏳️ We are proud to support the LGBTQ+ community and show that everyone belongs in sport! 🌈🌈

#WhereWeAllBelong #PrideInSport

YOUNG LEADERS PROGRAMME



8 of our young people have been attending the Young Leaders Programme. The four-day academy was an intensive programme of physical activity,

skills and knowledge development, creativity and had a focus on healthy eating. The young people completed their canoeing practice in advance of a



two-day expedition challenge on the River Blackwater in August. They also worked extremely hard achieving their GAA Safeguarding Award and GAA Foundation Coaching Award. The young people also participated in a GAA for All session and experienced a taster session of Wheelchair Gaelic Games.



The highlight of the Academy was the water sports at Craigavon Lakes where the young people enjoyed paddle boarding, swimming and a high speed ride on the banana boat.

Thanks to all the parents who helped out with the lifts! Well done all! 🌟 We will have



another update in the next newsletter on completion of their awards.

We hope to be able to offer more of these opportunities in the future to our young people.

GET YOUR JOB AND KEEP EVERYONE SAFE!

With Covid-19 infection rates on the rise again across the community, Antrim GAA strongly recommends for all of our senior members to get the Covid-19 vaccine.

WHY?

- Vaccination can protect you from getting infected or seriously ill from Covid-19.
- Vaccination can protect others in the community.
- Under 18s and some others cannot be vaccinated yet; more seniors getting vaccinated means more protection for our juveniles.

HOW?

- You can find out about regional and mobile vaccination centres at www.nidirect.gov.uk/covidvaccine
- You can make an appointment online at <https://covid-19.hscni.net/get-vaccinated/>
- You can make an appointment with your community pharmacy



It is now more important than ever to make sure you fill out your or your young person's health questionnaire before training or matches. Let's all play our part and keep everyone safe!
<https://www.foireann.ie/>

FIRST AID TRAINING UPDATE

In September we will be running pitch side first aid and defibrillator training. Numbers will be limited to 30 attendees. We will try and get coaches trained across all age groups!



COMMUNITY & SOCIAL ST PATS

SPORTS PARTNERSHIPS

HILLSBOROUGH JFC invited us to join their Colour Run 🏃🏃 / Fun day 🍖 with BBQ, Bouncy castles, Tuck Shop at Laurel Hill Pitches on **Saturday 7th August at 1.30pm** 🍷



With registration complete, every family got a sponsorship form, proceeds will go to our *Health & Wellbeing Committee* to assist with their programme of activities.

Please have your sponsorship form and money back by 5th August, we will announce the person who raised the most money on the day of the colour run and they will get their prize!

🇺🇦 We encourage the whole family to get involved and take part in the colour run, this is not only for players!!



KIT RECYCLER



♻️ Reduce / Reuse and Recycle ♻️

👉 Good news we have been collecting your used club gear and football boots and we will hold a **kit recycling event on Saturday 21st August**. 👉 Any further donations please email wellbeing.stpatsgac@gmail.com .



STPATS_{25K}

C25K started on the 6th July, everyone has been working hard with some tough conditions the last 2 weeks under scorching temperatures and now back to the rain! They have committed to two nights a week to get out for 1 hour to enjoy running, banter



with other people, improve fitness, training

for a 5k, improve mental health and most importantly have fun 😊😊😊😊😊 Keep up the

hard work it will pay off! 🏃🏃



G4MO UPDATE!

Now at 57 members 🤝. This team is going from strength to strength!



On one of the hottest days 🌞🔥 of the year history was made, our G4MO ladies 🏃 had their 1st Match under their belts. Playing away at St James Aldergrove they gave them a very warm welcome as well as a competitive match. 🇮🇪

Warmups completed 🏃, both teams lined out for 4 x 10 min lively quarters!

Some great skills 🏃🏃 on show and all training being put into action, never

ending mid field runs and some great defending. An entertaining game and many supporters lined out to watch. 🧑🧑🧑🧑



👏 Last but not least a big shout out to the team captain **Sinead** and **Carrie Ann** scoring her first match point with all the forwards doing some running it paid off. 🙌



HUGE maith thú to the amazing **coaching team** that



has led them on their journey. **Ladies coaching ladies** amazing to see how far they have all come and how much they are enjoying it. 💛💙

Roll on the next challenge match 💙💛👊

Photo credits 📷 Johnny French 🙌🙌

They recently designed their own kit and voted for the most popular one, however they loved the 2nd design so went for 2 kits!

They added the 🌈 rainbow 🌈 to our logo as a small sign of inclusion and our support for the rainbow. It is a symbol that embodies our core values, promoting a more just society, tolerant of everyone, regardless of their background, sexual orientation, belief, or gender. #WhereWeAllBelong

We wish to thank our kit sponsors 🙌 [Water Solutions Ireland](#), 🙌 [Reperio Human Capital](#) and 🙌 [Elle Mac Candles](#)

