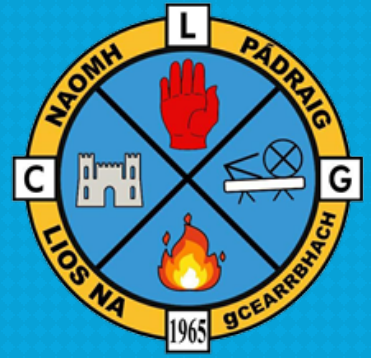


JULY 2021

# NEWSLETTER

## Naomh Pádraig GAC



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## CHAIRPERSON'S WELCOME



I am thrilled to be writing in Naomh Padraig's first of many newsletters. I would like to take this opportunity to welcome all new members to the club, as well as welcoming existing members back. It is great to see numbers on the rise.

As we look back on a difficult 18 months, it is great to see juvenile through to senior teams participating safely in Gaelic games, whilst adhering to ongoing COVID-19 guidelines.

I would like to wish all our teams success for their forthcoming championships. It was great to see such a large uptake for G4M&O, and our senior ladies who are going from strength to strength. Good luck to senior men in the top four play offs for promotion. Let's get out and support all our teams. Once again, I would like to thank coaches and volunteers within the club who ensure our continued success.



On a lighter note, best of luck to **♥ Peter Casey and Steph O'Neill** **♥** who are getting **🍷** married **🍷** this weekend.

*Peter Burns*



## '100 CLUB' DRAW RESULTS



'100 Club' June draw made at Finance Sub Committee meeting.

June Bumper prize 🎁. £200 Grant Devlin

1. £100 ☆ Therese Gorman ☆

2. £25 ☆ Peter Quinn ☆

☆ Congratulations ☆ to all our winners and

thanks 🙌 to all for your continued support.

December's bumper prize is currently £500 but with a few more members it will rise to £750.

Join now for a chance of winning and help support your local GAA club.

Anyone interested can contact Seainin on: 07515060127

Naomh Padraig Abu 🇮🇪

## SUMMER CAMPS

### SUMMER ACTIVITY CAMPS



St Pats Summer Camp 😎 Booking up FAST

2 weeks of fun, register here, don't miss out! Few spaces

left: [www.stpatsgac.com/summer](http://www.stpatsgac.com/summer)



## GAA CUL CAMP Monday 5<sup>th</sup> – Friday 9<sup>th</sup> July

Kellogg's GAA Cúl Camps provide primary school girls and boys – between the ages of 6 and 13 – with an action-packed and fun-filled week of activity during the summer holidays which revolves around maximising enjoyment and sustaining participant involvement in Gaelic Games. The CAMP runs each day from 10am - 2pm.



**WE ARE NOW FULLY BOOKED!**

## COMMUNITY SPORTS PARTNERSHIPS



We are delighted to announce a Community Sports Partnership with HILLSBOROUGH BOYS JUNIOR FOOTBALL CLUB, that will see our 2 clubs work closely on breaking down barriers to participation in sport, enhance opportunities for social inclusion and in turn strengthen both clubs position in the community.

The partnership will be ever evolving but initial targets include:

- ➔ Multi-sport programmes/camps
- ➔ Shared player and coach education sessions
- ➔ Joint community fun days
- ➔ Open communication lines between club officials
- ➔ Joint Health & Wellbeing projects
- ➔ Promotion of each others club activities

We look forward to bringing you some positive news on how this partnership can not only benefit the members of both clubs but the surrounding community.



On the 6<sup>th</sup> of June we hosted the 'Game of 2 halves'

Thank you to HILLSBOROUGH BOYS JUNIOR FOOTBALL CLUB for coming up to Kirkwoods. The kids had great fun and met new friends and we cant wait to the next event 😊



🎈🎈🎈🎈🎈🎈🎈📷 Thanks to Gerard Dixon for the photos!

## GOLDMARK VOLUNTEERING

During National Volunteers 🧑🧑🧑 week we launched the Ulster GAA Goldmark Volunteering programme to enable our young volunteers (aged 14-24) to achieve official recognition for their voluntary work within the club 💛💙

Any activity (except playing their sport) counts as volunteering hours.

Ulster GAA will provide certificates when the volunteer reaches 50/100/200 hours and these certificates can then be used by the volunteer on application forms for college/university/jobs. 🧑🧑

Find out more here:

<https://stpatsgac.com/volunteering>



🌟 NEW VOLUNTEERS: Anyone 🧑🧑 (aged 14-24) who wishes to start volunteering within the club to work towards achieving Goldmark certificates please message us.



## UPDATE ON CLUB PHOTOGRAPHS & MEMBERSHIP

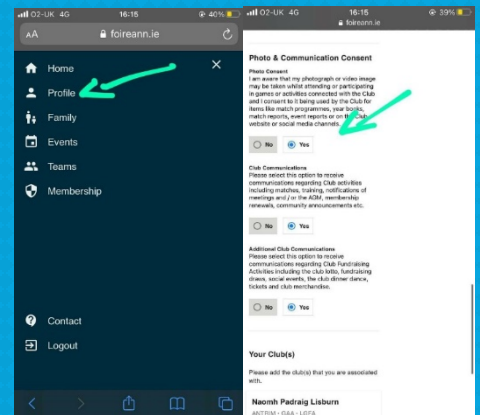
Parents and Players don't forget to enable your consents on Foireann for pictures and club communication 📷📧✅.

<https://www.foireann.ie>



See screen shots below to show you how. 😊

- ⊖ Otherwise, you or your kids won't be included in any photos or team photos! *We will have to ask them or you to step out of team photographs.* ⊖
- ⊖ Please also ensure you allow us to send you the odd email regarding club comms, fundraising & health and wellbeing messages.



### MEMBERSHIP

All players must be registered on Foireann (<https://returntoplay.gaa.ie>) which is our online membership portal that also includes the health questionnaire which must be completed before every training session or game.

Membership is now over due 💰 and can be paid online via Foireann as well - for more info please go to <https://stpatsgac.com/membership>



Drop us a msg if you need any help or advice?



## LGFA UPDATE

The LGFA sub-committee would like to acknowledge the progress made by the senior ladies team this year.

It always takes time for a manager to embed their system and after a year without any wins and sticking with the plan our senior ladies' team have arrived to show the league what they are capable of 🍊.

Under the super management 👨👩👧👦 the ladies 👩👩 have secured three wins 🏈🏆 this year so far, two off them in the league.

If bonding is the secret to success this team has it in abundance. It also has talent and dedication in bucketloads. The celebrations after the Antrim win were a sight to behold.

Special thanks 🙌 also to Johnny French for his videos 🎬 and Sully for his match reports 📣 which I am sure you all agree are superb.

Check out social media for the latest match report!

Keep up the great work Senior Ladies.

*LGFA Committee*



## HEALTH & WELLBEING UPDATE

### MENS HEALTH WEEK

🇺🇦 It was Men's 🇮🇪 Health ❤️ Week and the theme was 'Making Connections👥' - Check In, Check Up, Check it out

We have developed a web page📄 on our site with lots of information such as 'The Monthly Ball Check👉👉', 'Pledge to check', healthy foods.



Thank you to all the men who have made the pledge for the monthly ball check 👉👉🔍

👉👉 <https://www.stpatsgac.com/mens-health-week-1>



### NATIONAL LOTTERY APPLICATION

We have recently submitted a National Lottery application to help our club and community recover and reconnect in the aftermath of Covid19. Keep everything crossed and we will update you when we know more!



### WELLBEING HUB

Have you visited our wellbeing hub 🇺🇦🇮🇪🇬🇧🇩🇪🇪🇦 on our website yet?

There is a section for all members🇺🇦 under 12s, teens, adults, parents, coaches and additional needs.

<https://stpatsgac.com/wellbeing-hub>





## CPR & DEFIB TRAINING

We are organising 🚑 First Aid training 🚑 for a number of our coaches/mentors this month. We also have some resources on our wellbeing hub on CPR and defibrillator training you will find useful. <https://stpatsgac.com/first-aid>



## YOUNG LEADERS PROGRAMME

A number of our young people have been accepted to the Young Leaders Programme over the summer!

Well done this is an amazing opportunity for you. We look forward to hearing how you go on. 🌟 On completion of this programme the young people will achieve 🌟:

👍 GAA Foundation Coaching Award

👍 Gaisce/Duke of Edinburgh Bronze Award

👍 GAA Safeguarding Award

👍 Volunteer Now Youth Impact Award



👍 Ulster GAA Young Leaders Award



## CLUB DEVELOPMENT

### CLUB DEVELOPMENT SURVEY

The winner of the £50 voucher for The Beechlawn Hotel who was chosen randomly for completing the club survey is announced in the video [here](#).



Thank you to everyone who took the time and completed the club survey your feedback is invaluable  

Well done to **Tom Mallon**   



We are currently compiling the results which will feed into our club's development plan! **Watch this space!**

### CLUB MAITH BRONZE AWARD

We have recently begun the process of accreditation towards the  Bronze  Award. Club Maith is a club accreditation scheme which is unique to the GAA. It allows clubs to be benchmarked against best practice standards across the full range of GAA Club Activity. A Club Maith award makes a clear, proven statement about the quality of a club, right across the board.



## COMMUNITY & SOCIAL ST PATS

### KIT RECYCLER

♻️ Reduce / Reuse and Recycle ♻️

👉 Good news we have been collecting your used club gear and football boots and we will hold a kit recycling event soon. Proceeds will go towards First Aid 🚑 Training for our coaches and mentors. 👉 Any more donations please email [wellbeing.stpatsgac@gmail.com](mailto:wellbeing.stpatsgac@gmail.com) .



### COUCH TO 5K

Starting on the 6<sup>th</sup> July we will have 50 club members start the new Couch to 5K programme. We wish them all luck! 🏃🏃




### G4MO IS A FIRM FAVOURITE!

Now at 54 members 🤝 and the biggest team in the club 🏐📍. They are getting ready for their first match and have made huge improvements over the last few months! But most of all they are loving it! Read the Saffron Gael article [here](#)






 **PRIDE 2021** 

 Belfast Pride celebrations will be happening this year from Friday 23rd July - Sunday 1st August with Pride Day on  **Saturday 31st July**  and we are encouraging our members to wear rainbow laces and or coloured tops to training as a small show of support for the LGBTQI+ community.




 LGBTQI+ community encouraged to participate in Gaelic Games  
<https://www.gaa.ie/news-archive/news/lgbtqi-community-encouraged-to-participate-in-gaelic-games/>



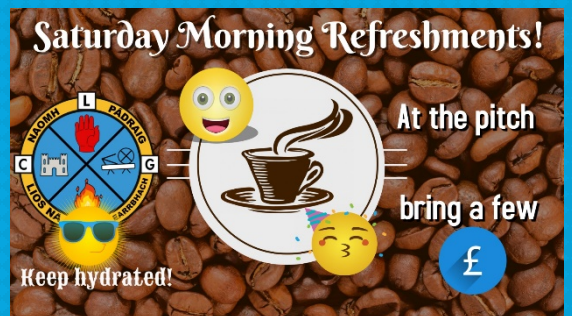
Some of our G4M&O and youths represented our club at the  Pride Colour Run last month. Thanks to the Lagmore Youth Group for hosting such a fun inclusive event.  



## TUCK SHOP NOW OPEN

The club tuck shop will be open Saturday mornings during the underage sessions for refreshments   

Also, during our Senior Men's & Ladies Matches. It is located beside the blue changing rooms and we can only accept cash payments.



## NAOMH PÁDRAIG GOES GREEN – JOIN US!

Join our new Eco Group 🌍 here:

[www.stpatsgac.com/eco](http://www.stpatsgac.com/eco) . We need members from all age groups 👧 👩 👦 👨 👧 👦 👩 👨 👧 👦 and it to be intergenerational!

The aim of this group is to help our club can take the first steps 🦶 towards a more sustainable existence.

The group will:

- ♻️ educate our members allowing ownership of the sustainability of the site.
- ♻️ Install & design environmental signage around our pitch.
- ♻️ Work with the Friends of Duncan's Dam to carryout regular litter picking events at the dam and within the local area.
- ♻️ Facilitate and offer guided nature walks in Duncan's Dam facilitated by council's biodiversity officer and NIEA experts.

We have received 💣 £1,500 💣 in funding from the 'Live Here Love Here' small grants scheme in collaboration with Lisburn and Castlereagh City Council who provide the funding. We will:

- ♻️ Purchase litter pickers, gloves and hi-vis vests for the group.
- ♻️ Install a bike rack for the site to aid and encourage members to travel sustainably and the eco club will raise the profile of sustainable travel through the year.
- ♻️ Install biodiversity planters on the site filled with native wildflowers.



## FINANCE UPDATE

📈 The main source of funding for our club is via membership.

This financial year has seen membership increased 📈 significantly to 500 members! ✓ This is a fantastic achievement for the club. 🎉

📈 The other main source of income for the club is from the “100 cub” lotto which generates a net profit of £5-6k per annum.

📈 Prize money was increased in January, however with just a few new members this would increase prize money even further without impacting on the club income.

This year increased sponsorship as well as access to more Grant funding has ensured that the club are currently projecting a significant surplus for this financial year.

🏀 This will enable future investment in the club! 🏀

🌟 *Thank you to all of those who have contributed to this month's edition of the our Club Newsletter. Your feedback is welcome and any comments, suggestions or queries should be directed to [pro.lisburnspatricks.antrim@gaa.ie](mailto:pro.lisburnspatricks.antrim@gaa.ie). 🌟*

