



NAOMH PÁDRAIG

GAC Lisburn

ALL ABOUT US!



#WhereWeAllBelong

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Club Chairperson's welcome



I would like to take this opportunity to welcome you to Naomh Pádraig CLG.

Lisburn Parish has a rich history of Gaelic games over the last 3 centuries, with a game of Caman (an early form of hurling) played at Magheragall in 1837.

The first club formed was the Red Hands of Ulster in 1888, 1 of 3 in County Antrim. The second club was formed in 1904, a hurling club, The Teelings, with the current club formed in 1965.

I would like to thank the Committee, Sub-Committees, Finance Team, Grounds and Club Development Committee, and our Health and Well-Being team, for their work previously and for the forthcoming season. To our coaches, players and members on how they have helped the local community throughout the pandemic, with foodbank donations, virtual walks, and general help for the vulnerable, a credit to themselves and the GAA community. And a big thank you to the NHS and all front-line workers.

Good luck to all our teams for the forthcoming season!

To all our members, young and old, stay safe and look out for one another.

Cathaoirleach,

Peadar Mac Conboirne



Committee Members 2021

Club President

Michael Lynch



Club Chairperson

Peter Burns



Club Secretary

Chris O'Neill



Club Treasurer

Declan Phillips



Club PRO

Stephen Brannigan



LGFA Secretary

Stephanie O'Neill



Ladies Football Committee Chair

Gerard Collins



Assistant Treasurer

Conor Quinn



**Vice Chairman & Chair of Finance
Sub Committee**

Tony Ewing



Children's Officers

Sheena Dixon & Kieran Drayne



Health & Well Being Officer

Carrie-Anne Rafferty



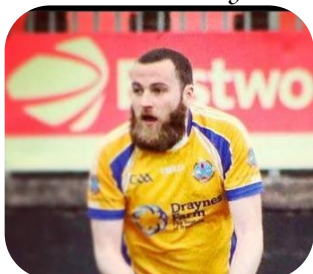
**Assistant Health & Well Being
Officer**

Stephanie Doran



**Club Registrar & Assistant
Secretary**

Peter Casey



Club Development Officer

Sean Toal



**Coaching Officer & Games
Promotion Officer**

Paul Law



Cultural Officer

Sionán Ó Súilleabháin



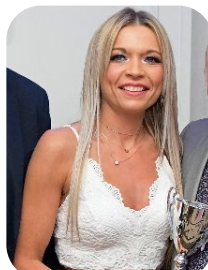
Men's Players Rep

Ben McMullan



Ladies Players Rep

Emma Marsden/Stephanie O'Neill



Committee Members

Brian Hanna



Martin McMullan



Dennis Mallon



Josh McMullan



Barry Marshall



We wish them all good luck for
the forthcoming season.



Our Commitment

At Naomh Pádraig GAC our focus is on our core values of:



Respect



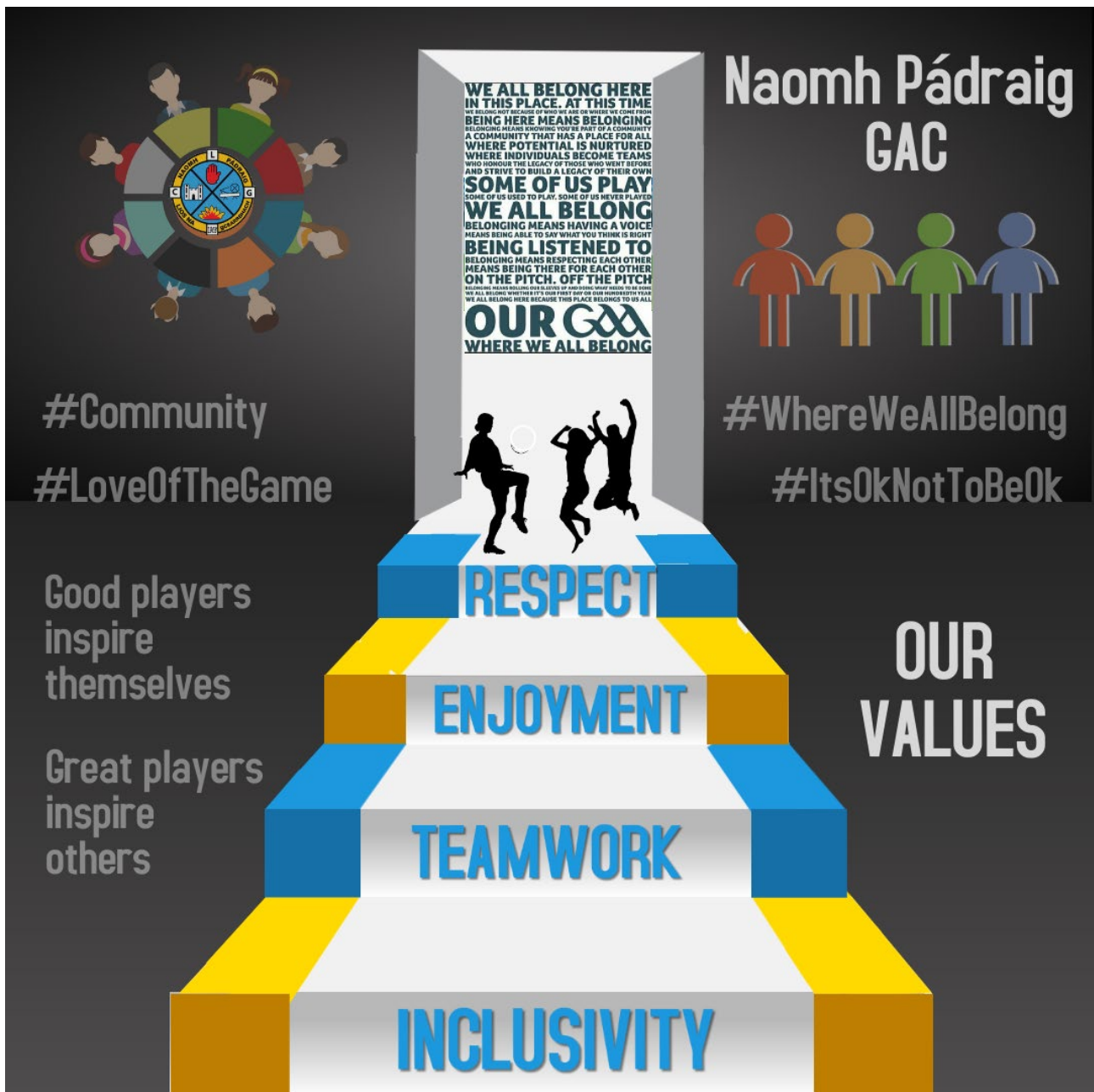
Enjoyment



Teamwork













Inclusivity



Our values ensure we provide a safe environment for our players to develop as individuals, as young sports men and women and community members.



Our values define who we are and what we believe in. They are important because they give parents and players an expectation of what they can expect from our club and a standard for our volunteers to follow.

-  To provide fun football coaching and competition opportunities to players of all ages and abilities, in a safe and friendly environment;
-  To deliver age-appropriate coaching to support long-term player development and a love for the game;
-  To encourage all players to try their best and make the most of their abilities;
-  To offer a challenging but supportive environment where children can learn from their mistakes without undue pressure;
-  To promote good positive behaviour and respect for others through our core values of **Respect**, **Teamwork**, **Enjoyment** and **Inclusivity**;
-  The aim is to develop better football players in the long term rather than to provide a short-term “win at all costs” approach;
-  To offer a pathway into adult football for both male and female players alike but also lifelong opportunities for non-playing members of all ages [#WhereWeAllBelong](#);
-  Our senior teams also follow the clubs Core Principles of **Respect**, **Teamwork**, **Enjoyment** and **Inclusivity**, whilst aiming to be competitive at the level at which they play;
-  To play an active significant role in the community in which we belong, getting involved and making a difference;
-  The club is run entirely by volunteers both on the pitch (coaching) and off the pitch (management, administration).



Communicating with you

We will use the following ways to give you updates about our club:

Our website www.stpatsgac.com and our [Facebook](#), [Twitter](#) & [Instagram](#) pages.



eNewsletters may be sent to the email address that you register with us.

Your coach may send information or links via a private team social media, or we may ask coaches to ask you to contact us;

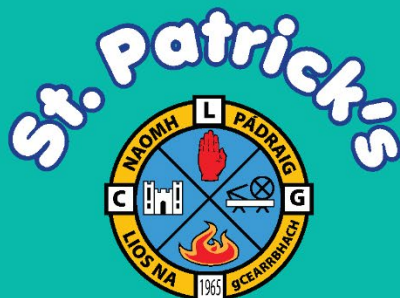
WhatsApp Groups;

If you have any feedback, suggestions, ideas please email our Club Pro Stephen Brannigan on pro.lisburnstpatricks.antrim@gaa.ie ;



Safeguarding Team

**TALK TO US
WE'LL LISTEN**



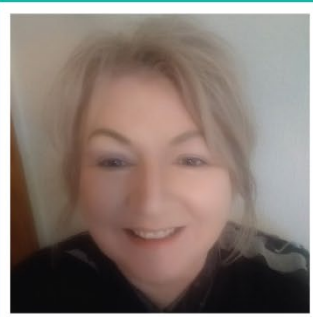
**TALK TO US
WE'LL LISTEN**

Safeguarding Team

**If you are worried or upset
come and talk to us**



Kieran Drayne
☎ 07730 687840
Children's Officer



Sheena Dixon
☎ 07884 054369
Designated Liaison Person
(DLP) & Children's Officer



Peter Burns
☎ 07774 684107
Club Chairman

St Patrick's GAC Safeguarding Policy & Code of Behaviour:

www.stpatsgac.com/club-policies

Visit our Well Being Hub:

www.stpatsgac.com/wellbeing-hub



Teams

FUNdamentals are coached by Paul Law, Lewis Collins, Conall Doran, Matthew McDermott & Joseph Mullholand. The focus is on fun and making friends and for Nursery and P1's.

U6s are coached by Francie McMeel, Oisín Gorman, Che Smyth and Conor Dixon.

U7 are coached by Michael Stewart, Cara McMahon & Jim Dennison.

U8s are coached by Sean McAleer, Jane Murland-Pauley & Pearse McMahon.

U9s are coached Sean Clarke and Liam Campbell.

Under 10 Girls

The under 10 girls are coached by Peter Ferris, Grant Devlin, Michael Cahalan.

U10 Boys

The U10s are coached by Emma Marsden, Martin Kennedy, Conor Ewing and Rory Kennedy.

U11 Boys are coached by Darren McCamphill, Pearce McMahon and Hugh McGurnaghan.

U12 Girls

The U12 Girls are coached by Gerry Collins, Joe Rafferty, Ali Smyth Aidy McLaughlin an amalgamation with Éire Óg. Paddy and Kevin.

U13 Boys

The U13 boys are coached by Tomás Fay, Marty Kennedy, Sean Fay and Louis McKeown.



U14 Girls

The U14 girls are coached by Dan Cartland, Olivia Loughran and Rachel Tubridy. They are an amalgamation with Éire Óg. Pand coached by Paddy and Kevin.

U15 Boys

The U15 boys are coached by Conor Quinn, Damien Ryan, Aidy McLaughlin, Paul Rafferty, the team is an amalgamation of Clan Na Gael in partnership with mentors from Éire Og Chris Duffy and St Agnes clubs John Morgan.

U16 Girls

The U16 girls are coached by Sean Toal, Sid Hanna and Michael Cahalan.

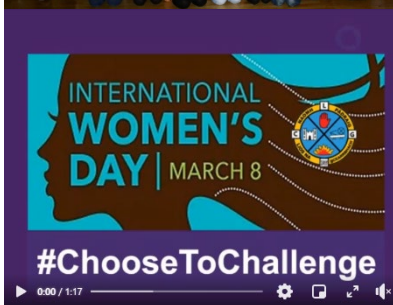
U17 Boys

The U17 boys are coached by Sean McKee, Ben McMullan and Matthew McDermott.

Under 20 Men

The under 20s are coached by Paul Law, Cormac McKenna, Stephen Brannigan, Ben McMullan, Josh McMullan, Aaron Thompson & Conor Dixon.





Check out our amazing girls and ladies

What's it like to be part of St Pats?



Senior Ladies

The Senior Ladies are coached by Tom Mallon, Martin McMullan and Declan Phillips. They play in the Antrim LGFA Senior Division 3.



Check out our amazing video on IWD2021

Senior Men Reserves



The Men Reserves train alongside the Mens Senior team with Sionán Ó Súilleabháin & Dan Cartland being the selectors. They play in the South Antrim League.

Senior Men



The Senior Men are managed by Cormac McKenna, Martin Kennedy & Peter Mallon. They play in Division 3 in Antrim.

To find out more or to join please message us on social media.

We are always looking out for more members to join our club!



Respect Code of Conduct PLAYERS

As a player, you have a big part to play. Fair Play and respect for all others in the game is essential. We are asking every player to uphold a Code of Conduct to Honour Our Game.



When playing football / training, I will:

- Always work hard to learn, improve and play to the best of my ability;
- Play fairly with a positive attitude and respect to Honour Our Game;
- Respect my team-mates, opposition, officials and myself;
- Encourage my team-mates creating a positive environment whether they have done well or not;
- Respect fellow team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religion beliefs.
- Play by the rules and always respect the referee/coach;
- Value the opposition by playing hard and fair;
- Be gracious in defeat and modest in victory;
- Shake hands before and after a game as part of the Give Respect Get Respect initiative, irrespective of the result;
- Lead by example both on and off the pitch;
- Listen and respond to what my coach tells me;
- Talk to someone I trust or the club [child protection officer](#) if I'm unhappy about anything at my club;
- Inform my Coach/Mentor in advance if I am unavailable for training and games.



Respect Code of Conduct PARENTS



*CLICK on the
video above!*

PLEASE REMEMBER

THE PLAYERS ARE CHILDREN

THE COACHES ARE VOLUNTEERS

THE REFEREES ARE HUMAN

THIS IS NOT THE ALL IRELAND FINAL

SHOW RESPECT TO ALL

FIRST PRIORITY IS HAVING FUN

ENJOY YOUR DAY !



SAVE SMILES



Become Super #SportsParents!

Attention Parents: There is a danger that smiles have been disappearing from our games. We need YOU to play your part in creating a positive environment for our young GAA players and Save our Smiles.

.....

What to say after a game:

- Did you have fun?
- What did you learn?
- What would you do differently next week?
- Did you try your best?
- I'm proud of you!
- Give kids time to start conversations and reflect on their performance

Sideline behaviour:

- Leave the coaching to the coaches
- NO shouting instructions at players
- Respect match officials, players, parents and coaches
- Applaud good play and effort from both teams
- Kids voices are what we want to hear
- Be a Super Sports Parent

To support the NSPCC's Parents in Sport week, Ulster GAA are asking all our GAA parents to help create a positive, safe and fun learning environment for our young players. We're asking all Parents to show their support in two main areas, Sideline Behaviour and What to say after a game.

ULSTER




Statement from Naomh Pádraig GAC regarding racism

“Naomh Pádraig GAC stand with black GAA players speaking out against racism they've experienced. We are proud that the GAA is an inclusive organisation that welcomes people from all backgrounds, irrespective of their colour, creed or sexual orientation. We want to particularly emphasise that racism has no place in our community and must be opposed across society and on the pitch.” *Social media July 2020*

The GAA's Mental Health Charter

The GAA's Mental Health charter is a policy document that helps clubs



develop a culture that supports and promotes positive mental health. The resource is designed to reinforce the GAA's GIVE RESPECT GET RESPECT initiative's positive message and transfer it into the world of mental wellbeing. It outlines a club culture that is inclusive and open and one that holds the following values clear.

At our club the charter is very important to us!



Community / Health & Wellbeing

As a club we:

- 🌱 Recognise health and well-being as a core value;
- 🌱 View health as involving physical, mental, social and spiritual well-being;
- 🌱 Seek to make our club as healthy as possible and set a good example through our practices, policies, and partnerships;
- 🌱 Seek to extend our positive influence beyond our membership into the local community;
- 🌱 Value all our members and seek to offer people of all abilities and backgrounds the opportunity to participate in the club in a meaningful way, throughout their lifespan;
- 🌱 Work in partnership to build stronger, more connected communities.

Our club became smoke and vape free in December 2020.



[Visit](#) our well-being hub there is a section for everyone.



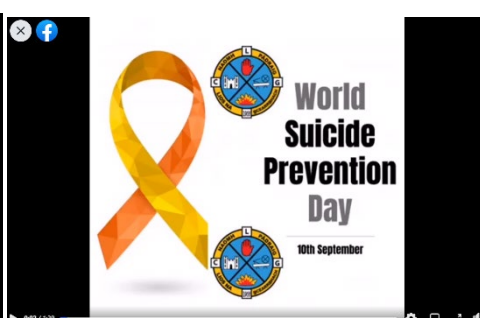
Meet our Sub-Committee for Health & Wellbeing

- 🌸 Carrie Ann Rafferty – *Healthy Club Officer*;
- 🌸 Stephanie Doran – *Vice Chair of the Health and Wellbeing Sub-Committee*;
- 🌸 Dr Martin Mc Mullan;
- 🌸 Dee Ryan;
- 🌸 Contact details:
wellbeing.stpatsgac@gmail.com



Mental Health Awareness Week Video

[CLICK TO PLAY](#)

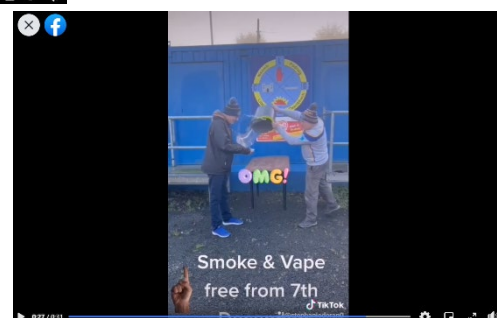


World Suicide Prevention Day Video

[CLICK TO PLAY](#)

Smoke & Vape free launch Video

[CLICK TO PLAY](#)



Membership & Benefits

As a paying member you will be able to avail of a number of additional benefits, depending on the membership which you avail off.

Your membership fee is a voluntary contribution to the running of the club that will enable you to become a member of St Patrick's GAC and the relevant Association - GAA/LGFA etc.

This year we are using the new club registration system Foireann. This new system brings better functionality for both Clubs and their members including Online Membership subscriptions and on-line payments.

Adult members will have voting rights at the Club's AGM and playing members will gain access to the relevant association's injury fund.



Adult members get the chance to enter into a draw for All Ireland Match tickets!

Giving support to your club, both financially through the membership fee but more importantly through participation in club activities.

Use of St Pat's GAA Facilities (access to pitches and playing facilities for club activities)

Growing our membership is central part of ensuring our club's continued success and development. Whether you are a player, coach, supporter, parent of a player or member of the wider community, we welcome all new members.

- Easter Camps; Summer and Cul Camps.
- Tournaments.
- Young refereeing opportunities.
- Awards Nights at the end of season.

Other activities

- G4MO;
- Health & Wellbeing activities;
- Social Hurling;
- Walking/running challenges;
- Fun competitions for younger members;
- Cycling (*off season activity*);
- Poker nights and many more.



Membership details:

Class	Rate	Rate – COVID Rebate for 2020
Senior Men's player	£150	£120
Senior Ladies player	£100	£70
Gaelic for Mothers and Others	£60	
Juvenile Youth	£80	£60
Under 10 Child	£40	
Non-Playing Member	£40	

Club Membership Fees provide for:

1. Registration fees with GAA / LGFA as appropriate;
2. Training fees for over 10s. (Previously collected at £1-£2 per session);
3. County affiliation league fees;
4. Referee Fees;
5. Player Injury Fund;
6. Venue hire (over 10s) / Hire of Kirkwood's Playing Fields;
7. Provision of playing and training kit and equipment;
8. Club overheads.

Family Rate: A discount of 20% will be applied to the TOTAL membership fees of **three** or more members applying as a group consisting of:

- (1) At least one child; together with;
- (2) Up to two parents/guardians and any number of siblings
 - A CHILD is any member that celebrates their 18th birthday on or after 1st January 2020;
 - A SIBLING is a CHILD that is a brother / sister / half-brother / half-sister;
 - No family shall pay more than £300 in total membership fees.

Juvenile: The juvenile rate shall be applied to members who have celebrated their 10th birthday before 1st January 2021 and their 18th birthday on or after the 1st January 2021.

Student / Unwaged: A 20% discount to the adult membership fee shall be applied to any adult in full-time education or otherwise without employment by application to the club Registrar.

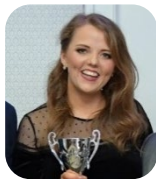
Payment: Membership fees are due as a single payment by 31st March 2021 or, for amounts of £90 or greater, as SIX equal with first payment made before 31st March 2021.



Ladies Football Sub Committee



Gerard
Collins *Ladies
Sub Committee
Chair*



Stephanie
O'Neil – LGFA
*Secretary / Ladies
Representative*



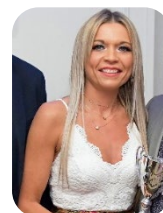
Michelle
McNally –
Vice Chair



Alison
Smyth



Rachael
Turbidy



Emma
Marsden



Olivia
Loughran



Christina
Campbell









Sharon
George



Hello everyone, my name is Gerard Collins. I have been honoured with the role of Chair of Ladies Football in Naomh Pádraig this year.

What is our goal? Pretty simple WINNING.

What is winning? A lot of people will assume it is winning a match. Which is correct. But that means we are also setting up to lose a lot. Winning is bigger than that.

-  Winning is getting fit;
-  Winning is meeting new friends;
-  Winning is gaining new skills;
-  Winning is helping your mental health;
-  Winning is trying your best;
-  Every day our girls and ladies are winning.

We have a new committee set up for the ladies' teams with players and parents from the ladies' teams. This committee intends to develop the ladies' side of the sport massively this year. We will drive recruitment to try and get all our age groups as standalone Naomh Pádraig teams. We are also looking at starting a Gaelic for Mothers and Others (G4MOs) teams so look out for updates for this.

We aim to deliver success, inspire females to participate and provide opportunities to meet the needs of its members.



We aim to position Ladies Gaelic Football to be the sport of choice for females.

By 2022 we aim to be able to field fully supported Naomh Pádraig teams.

We aim to drive focus in five key areas:

-  Volunteers
-  Visibility
-  Participation
-  Partnerships
-  Infrastructure

To do all this we need your help 😊. If you want to get involved in anyway contact the coach of your team or message myself on 07880340265. Thanks for being part of our club.

Naomh Pádraig Abu.

Gerard Collins



Finance Sub Committee

Chair – *Tony Ewing*

Members: *Seainin Loughlin, Peter Casey, Conor Quinn, Declan Phillips.*

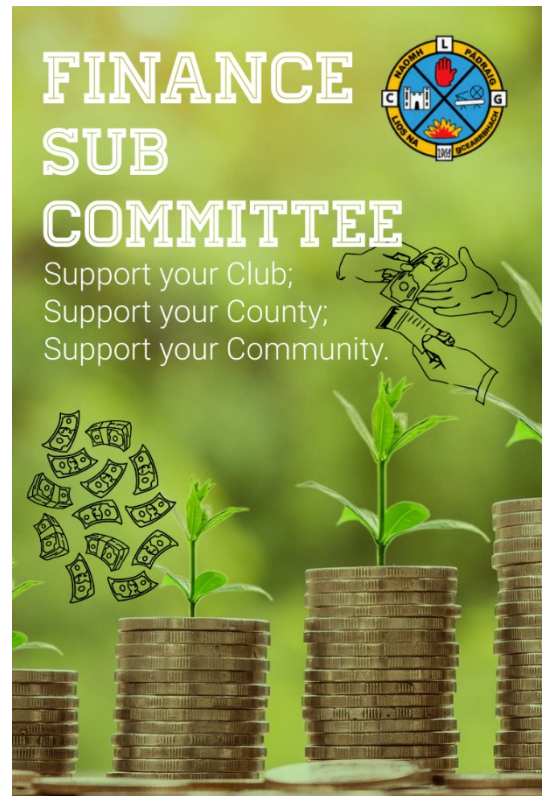


Role

- £ Management of Club accounts;
- £ Keeping records;
- £ Preparation of financial statements;
- £ Preparing a financial budget for the Club;
- £ Will undertake oversight of other fundraising initiatives.

Fundraising

- £ From January The St Pat's 50 Club will be the 100 Club 😁!!
- £ Guaranteed £100 monthly winner. £25 second prize. (at current membership levels) 📈;
- £ Additional *£500* Xmas super bumper and June £200 bumpers.
- £ Limited membership 🤖;
- £ £2 per week (£10 monthly via standing order);
- £ Get setup now for January and get entry to the June £200 bumper draw;
- £ With limited fundraising opportunities due to COVID the 100 Club is the clubs main fundraiser.



Contact *Seainin Loughlin* on 07516 060 127 or ask your coach for more info about the 100 Club. 🤖



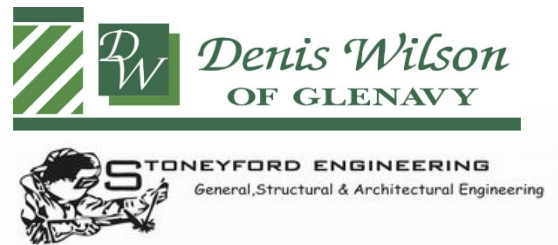
Sponsors

We would like to thank our current sponsors without you it would just not be possible! 🙏

Do you own a company? Who do you work for? Could you consider sponsoring our club? Whether you are a local business or a private individual we would be delighted to hear from you.

If you are interested or would like more information, please speak to Declan 07802968632, any member of the committee or go here

<https://stpatsgac.com/pitchside-advertising>



Club Development Sub Committee

Sean Toal – Club Development Officer, Peter Burns, Chris O’Neil, Martin McMullan, Michelle McNally, Kieran Drayne, Declan Philips, Brian Hanna



Our membership has grown significantly in recent years and we have recently been established to work on delivering sustainable growth, Club development and best practice for our club, our members and the wider Lisburn community. This Sub Committee will work to give the Club a focus and a strategic vision of where it should be in 3-5 years.

Our aim is to set and action key objectives that will assist to enhance and develop our club, our grounds and facilities.

Within this work the Committee are working towards [Club Maith](#) accreditation which will allow our club to be benchmarked against best practice standards. A Club Maith award will make a clear statement about the aspirations, quality and strength of our Club, right across the board.

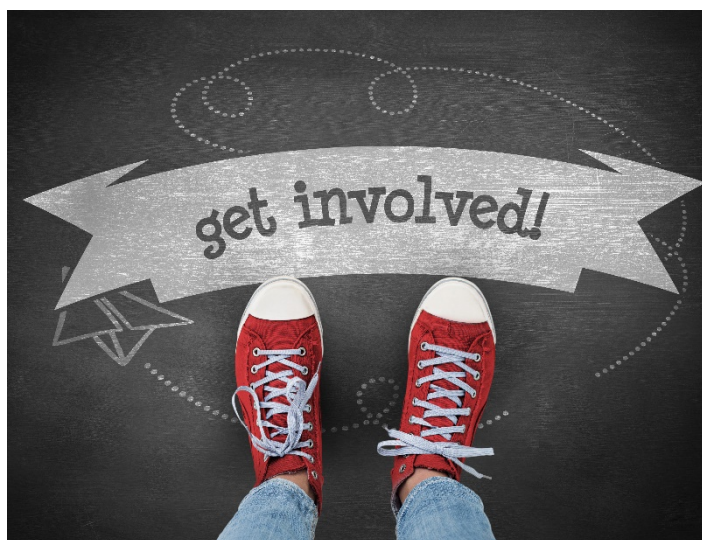
Upcoming this year the Committee plans to engage our members and the wider community through an engagement programme, including a wide-ranging survey to feed into the development of our new Strategic Plan.



Concept Plan image



Get Involved!
















Without our fantastic army of [volunteers](#), we simply could not do what we do for our club.

Helping is a great way to get to know people and contribute to the Club's development.

Get involved - you'll gain more than you give, we promise! If you can help in any way, do talk to

your coach or a member of the committee!

There's more than one way to support your footballer:

-  G4MO - <https://stpatsgac.com/register>;
-  Social Hurling/Camogie – way to meet new people contact Tomas 07885 898550 to find out more;
-  Cycling over 18s contact Peter Casey;
-  Walking/running activities contact wellbeing.stpatsgac@gmail.com;
-  Join our Strava Walking/Running/Cycling group at <https://www.strava.com/clubs/stpatricks-lisburn-gac-strava>;
-  Poker nights;
-  Come down and watch some matches – check out our social media;
-  Organised bus trips to big matches;
-  Become a coach - most of our coaches started out as parents or grandparents watching from the side-lines;
-  Become a mentor;
-  Fundraise - sell refreshments or do sponsored events;
-  Sponsor a kit - your company logo will be printed on the shirts and displayed on our promotional materials;
-  Help us organise and host events, such as our club tournament or end of season presentations.





Social hurling/camogie all welcome



Cycling Group



To find out more about **volunteering** in our club even **1 hour a week** click on the link below and use the contact us page or contact us on any of our social media channels. <https://www.stpatsgac.com/>



Fundraising for Trocaire

CLICK on the video



Club gear

A number of times a year we take orders of training gear, keep an eye out on social media for details.

What's new and looking to the future

During lock down a small group have been updating the club changing rooms watch this space!

By the end of 2021 we will be applying to be included in the National [healthy club](#) project. The aim is to help clubs explore how they support the holistic health of their members and the communities they serve.



We are hoping to begin the process of achieving the [Bronze Club Maith](#). This allows Clubs to be benchmarked against best practice standards across the full range of GAA Club activity. A Club Maith award makes a clear, proven statement about the quality of a Club, right across the board.



We hope to provide our 15-18 year olds the opportunity to complete the Dermot Early Youth Leadership programme, a GAA Ireland initiative. At the end of the programme our young people will achieve a Foundation Certificate in Youth Leadership and Community Action, their projects will link directly into our club and local community.



Growing our membership base through links with our local community and schools;





Grow our non-playing membership base e.g., G4MO – Gaelic for Mothers and Others – ladies over 25 who do not currently play competitive football, continue with social hurling/camogie. Register your interest here



<https://stpatsgac.com/register>



Recently the club formed a new sub-committee looking at overall club development, they are developing a survey to get your views;



COVID dependant we plan to hold our first ever an Inclusion Day. Inclusion Days aim to promote sport and physical activity to everyone regardless of age, sexual orientation, ability, ethnicity, nationality, or fitness level.



This year we are using the new club registration system Foireann (which is the Irish word for Team). This new system brings better functionality for both Clubs and their members including Online Membership subscriptions, on-line payments, streamlined communications, team management, event management, Health Questionnaires and attendance recording;










Naomh Pádraig TV – game highlights.



Policies

All our policies are available on our website and you will be required to sign up to these when completing your registration:

<https://stpatsgac.com/club-policies>

-  Child safeguarding statement;
-  Code of Behaviour;
-  Anti-bullying policy;
-  Equality Policy (*New*);
-  GDPR;
-  Smoke and Vape Free Policy (*New*);
-  Social Media Policy.



Roll of Honour

2019 <u>JFC Winners</u> St. Patricks 3-9 Ardoyne 0-16 <u>SW McCormick Cup winners</u> St. Patricks 1-15 Portglenone 1-07 <u>Under 14 Girls B league Winners</u>	2007 <u>SW U12 Shield Winners</u> St. Patricks 2-5 Creggan 1-5 <u>SW U14 Shield Winners</u> St. Patricks 3-3 Glenavy 1-8
2018 <u>JFC Final</u> St. Patricks 0-6 Glenravel 0-9 ACL Div 3 R/up -promoted to Div 2.	2004 <u>SW U14 Shield</u> St. Patricks 2-11 Ballycastle 0- 7
2017 <u>JFC Final</u> St. Patricks 0-8 Sarsfields 1-8	2003 <u>SW U12 Cup Winners</u> St. Patricks 2-3 Creggan 0-6
2016 <u>SW Feile Sheild winners</u> St. Patricks 1-5 Glenravel 0-1	1990 <u>JFC Winners</u> St. Patricks 4-5 Davitts 2-8 <u>SW JFC Winners</u> St. Patricks 0-12 Cargin 1-6
2015 50th Anniversary Gala Dinner	1989 <u>SW JFC Final</u> St. Patricks 0-16 Aghagallon 3-9 ACL Div 3 winners 1989
2014 <u>SW U12 Shield Winners</u> St. Patricks 1-10 Creggan 0-9	1983 ACL Div 4 team promoted to Div 3.
2013 <u>SA MFC Winners</u> St. Patricks/Brigids 2-6 Rossa 0-11 <u>MFC 'A Final</u> St. Patricks/Brigids 0-7 Rossa 1-10	1976 SA Minor Football League winners.
2010 <u>SW U12 Shield Final</u> St. Patricks 1-3 Cargin 2-4 <u>U14 Feile an Phobail Cup winners</u>	1967 SA Division 5 team promoted to Div 4.
2008 <u>SW U12 Shield Winners</u> St. Patricks 2- 8 Creggan 1-4	1965 Club formed



Where we all belong

There's nothing else quite like the GAA anywhere.

Our GAA Manifesto is a celebration of our shared values and of all the people who make our GAA what it is.

It's not a set of rules, but an affirmation of our GAA's mission, vision and

values, brought to life in a

way that everyone can connect with, champion and celebrate. It's everything we hold true and aspire to every day.



Click on the video above its amazing!



"Sometimes you have to lie in the dark to see the stars."

