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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning snack** | Cereal | Toast | Muffin | Toast | Cereal |
| **Lunch and pudding** | **Chicken Breast Tenders (2)**  Served With Potato Wedges, Peas, Green Beans and Tomato Ketchup  **(Vegetable Bites)**  **Homemade Carrot Cake** | **Oven Baked Pork Sausages (2)**  Served With Roast Potatoes, Seasonal Vegetables and Gravy  **(Vegetarian Sausages)**  **Fromage Frais** | **Beef Meatballs in Herby Tomato Sauce**  **(Soya Mince)**  Served With Pasta Twists and Garlic Bread  **Ice Cream** | **Homemade Margherita Pizza on Wholemeal Base**  Served With Baked Beans  **Homemade Vanilla Cake** | **Oven Baked Cod Fish Fingers**  Served With Crispy Potato Cubes and Beans  **(Vegetable Fingers)**  **Fromage Frais** |
| **Afternoon snack** | Cheese thins | Crackers & cheese spread | Pancake & yogurt | Bread sticks & cheese cubes | Pitta & houmous |
| **Tea** | Tuna sandwiches & cucumber | Sausage rolls and spaghetti hoops | Pizza & sweetcorn | Beans & toast | Ham wraps & raisins |

**Morning & afternoon snack fruit & veg – Strawberries, bananas, raspberries, melon, apples, raisins, blueberries, satsumas, pineapple, cucumber, peas, sweetcorn, carrot. (2 choices at each snack)**

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| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning snack** | Bagel | Cereal | Toast | Muffin | Toast |
| **Lunch and pudding** | **Homemade Mild Vegetable Curry**  Served with Rice  **Homemade Apple Sponge Cake** | **Homemade Chicken and Vegetable Casserole**  Served With Roast Potatoes  **(Chicken Style Soya)**  **Neopolitan Ice Cream** | **Homemade Italian Neopolitan Tomato Sauce with Pasta Shells**  Served with Peas and Sweetcorn  **Fromage Frais** | **Homemade Mexican Chicken**  **(Chicken Style Soya)**  Served With Rice  **Homemade Sicilian Lemon Cake** | **Homestyle Oven Baked Salmon Fish Cakes**  Served With Potato Wedges And Beans  **(Vegetable Fingers)**  **Strawberry Sugar Free Jelly** |
| **Afternoon snack** | Bread sticks & cheese cubes | Pancake & yogurt | Crackers & cheese spread | Cheese thins | Pitta bread & houmous |
| **Tea** | Ham wraps & raisins | Tuna sandwiches & cucumber | Spaghetti hoops & toast | Pizza & sweetcorn | Sausage rolls & beans |

**Morning & afternoon snack fruit & veg – Strawberries, bananas, raspberries, melon, apples, raisins, blueberries, satsumas, pineapple, cucumber, peas, sweetcorn, carrot. (2 choices at each snack)**

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| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning snack** | Toast | Muffin | Toast | Cereal | Bagel |
| **Lunch and pudding** | **Homemade Mild Chilli Con Carne made with Lean Beef Steak Mince**  Served With Rice  **(Soya Mince)**  **Homemade Banana Cake** | **Oven Baked Pork Sausages (2)**  Served With Saute Potatoes, Seasonal Vegetables and Gravy  **(Vegetarian Sausages)**  **Ice Cream** | **Homemade Margherita Pizza on Wholemeal Base**  Served With Baked Beans  **Fromage Frais** | **Homemade Mild Chicken Curry made with Chicken Breast and Vegetables**  **(Chicken Style Soya)**  Served with Rice  **Homemade Chocolate Cake** | **Oven Baked Cod Fish Fingers**  Served With Mashed Potatoes & Beans  **(Fishless Fingers)**  **Fromage Frais** |
| **Afternoon snack** | Bread sticks & cheese cubes | Pancake & yogurt | Crackers & cheese spread | Cheese thins | Pitta bread & houmous |
| **Tea** | Sausage rolls & beans | Tuna sandwiches & cucumber | Pizza & sweetcorn | Spaghetti hoops & toast | Cheese wraps & raisins |

**Morning & afternoon snack fruit & veg – Strawberries, bananas, raspberries, melon, apples, raisins, blueberries, satsumas, pineapple, cucumber, peas, sweetcorn, carrot & peppers. (2 choices at each snack)**