

**PROGRESSIVE CONSULTANCY AND TRAINING** 

## ACADEMIC PROSPECTUS

## 2022/23

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### Welcome to PCT

At Progressive Consultancy and Training (PCT), we believe that every child deserves a first-rate education, whatever their circumstances.

Many children are unable to stay in mainstream schooling and as a result miss out on vital stages of their academic development as well as future opportunities. That is where we step in.

PCT learning centres are dedicated to offering an alternative means of education outside of mainstream schooling. We work hard to provide every student with the necessary skills they need to acquire their Core Curriculum and a range of Vocational Courses, equipping them with the knowledge and skills necessary to pursue further education or employment, or to gain the skills and confidence they need to reintegrate into mainstream schooling.

We provide a range of opportunities for students, from small-group lessons at our Coventry University-based centre to one-to-one tutoring at home. Our qualified, passionate and talented teachers approach lessons with an emphasis on students' needs, designing fun and engaging lessons as well as collaborating with students to come up with an approach that best suits the individual.

Whether students are seeking the confidence and skills they need to get back into mainstream school or are looking for another route to complete their GCSEs so that they can continue their academic journey or begin their professional one, PCT can help them achieve their goal.

### **Our Vision and Values**

We believe that it is important to empower our students to make choices for themselves and to have agency over their education.

Our vision and values are centric around the wellbeing and educational support of our students. We truly believe that with trust, respect and perseverance, we can change the lives of any student who walks through our doors, regardless of what has happened before along their educational journey.



### **Our Engagement Strategy**

Increasing student engagement is tricky. At PCT, we aim to develop the students' passion for learning and gaining a greater interest in their futures. Students are engaged when they are involved in their work, persist despite challenges and obstacles, and take visible delight in accomplishing their work.

We recognise when student engagement has improved when we experience the student's willingness, need, and desire to participate and contribute to the learning process, promoting higher level thinking for enduring understanding.

We will work with the student to develop their self-awareness and some of the root causes of their current situation. We utilise mental health and wellbeing assessment tools to establish a baseline in which to move forward. In addition, our engagement questionnaire helps to ascertain their level of psychological investment into learning and commitment to positively change their mindset.

We encourage the student to work with their mentor to develop a clear roadmap together, laying down a route which can progress them from where they are today and where they want to get to in terms of their personal, academic, career and life goals.

Their roadmap will provide the basis of an individual learning plan (ILP), to outline what they need to work on and celebrate their successes, providing achievable milestones and rewards along the way. Throughout their journey, they will develop self-awareness and mindfulness skills to make better and informed decisions that will be sustainable

### **Our Teaching Approach**

We recognise that everybody is different and when it comes to learning, one method does not fit all. That is why we determine students' learning style (e.g., visual, auditory and kinaesthetic) by means of an assessment carried out upon starting the course in order to adapt our teaching approach towards their learning preferences.

In addition to academic support, we put great value on the mental health and personal wellbeing of our students. By working collaboratively with the schools, our Coventry City Council partners and other agencies, we ensure the student receives a holistic approach to supporting their needs, giving them the best chance of achieving their goals. Our courses adopt several strategies and techniques, that include:

## Building authentic relationships

We believe it's important to develop sincere, authentic relationships to build trust between staff, students, and their peers. When we experience an open channel for communication, we are more likely to share their feelings and be honest

### **Regular breaks**

We understand how tiring learning can be when you are in small classes. So, we encourage our students to take short, regular breaks and stretch, play table tennis, a board game or chill out with music. When students see that we care for their well-being, they tend to work harder and have better concentration



## Providing comfort and safety

We are proud of the accommodation we offer our students within the heart of Coventry University Technology Park. The environment is conducive with learning and serves as a positive example of an education institute

### Developing a caring culture

We recognise the importance of having great teachers who can connect with the students and practice a balanced lifestyle between work, study, and their personal life. It's important to us that everybody who studies or works in our centre feel valued, heard, and have a sense of camaraderie

### **Mentor our students**

Increasing student engagement also means acting as a role model for those students who worried about their situation. A mentor is assigned to every student to provide day-to-day support and available to discuss anything with them and can help to work through solving problems together

### **Encourage collaboration**

Collaboration is one of the most important tools to focus on continuous improvement. This is because when collaborating on study activities or projects, as a team we can develop better ideas and encourage improved social skills



# Rewards and regular gratitude

Everyone wants to feel appreciated and to be recognised for doing a good job. Showing simple forms of appreciation can motivate students and staff to be more productive. It can also serve to make a happier and calm environment to work in

### **Our Team**

Our team comprises of qualified teachers, teaching assistants and specialist tutors. All our GCSE courses are delivered by qualified teachers with the support of a teaching assistant. For our bespoke courses, with have a team of specialist tutors and subject matter experts, who are appropriately qualified and experienced to deliver course content.

Bright Futures is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. It is essential we create a safe environment in which our students can blossom and thrive. To help us achieve this, we have developed a Safer Recruitment Policy which applies to everybody that works within the learning centre and for other PROGRESSIVE Consultancy and Training companies.

We work with our recruitment partners Aspire People and Angela Roberts HR consultancy to ensure a robust and effective recruitment process, that obtains and reviews applicants information, undertakes pre appointment checks, references and enhanced DBS checks.

### Pastoral Support and Student Welfare

At PCT, we understand that learning does not just take place at school, but at home, too. We understand the importance of engaging with parents and carers to support children's learning – this is why we maintain open and honest channels of communication with the parents to support our children as best we can.

Effective pastoral care can: improve students' attendance and retention rates, foster an orderly atmosphere in which all students can access opportunities, enhance their academic achievements, and promote tolerance, especially in students and teachers with due regard for protected characteristics.

Safeguarding and maintaining the welfare of all of our students and staff is paramount to the values and beliefs of PCT. Although confidentiality is also important to us, we will always support children in the most appropriate way, making relevant parties aware of any concerns we have or that the children have shared with us. We do this through weekly reports, half-termly meetings with the schools, and daily communications with parents and carers. If there are any individual requests in regard to support we can offer you here at PCT, please get in contact with one of the team and we can find the best way to accommodate you.



### What do I do now?

Joining a new school can be scary. The guide below should help you navigate through the application process, making it as simple as possible for you and your current school.

Browse our courses	Have a look at all our Core and Vocational Courses Ask lots of questions to see if the course is perfect for you
Register your interest	Fill out an interest form or ask your teacher to contact us
Have a look around	We will invite you to meet all the staff and pupils Ask lots of questions when you visit
Choose your favourite	Think about all the courses you like carefully Choose your favourite and let us or your teacher know
Join the Team!	If you choose one of our courses, you'll be added to the team within 2 weeks. After a short induction, you'll be ready to start your learning journey with us!

### **Our Courses**

All our courses include meals and refreshments for students, learning materials and teaching resources including the use of IT at the centre. Each course is for a 6-week period and may comprise of 2, 3 or more days per week. Although not all courses will be available all week round, we will always try our best to accommodate for each individual and offer a flexible timetabling system to try and promote inclusivity.

The core curriculum GCSE courses cover all course content outlined in the National Curriculum and are carried out at our learning centre in small groups. We can offer courses with or without accreditation.

As soon as a student is enrolled onto one of our courses, they will be required to complete a baseline assessment. This assessment will highlight gaps in knowledge and assist in prioritising a unit schedule for the teaching period.

#### Core

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### Vocational (6-week ASDAN)

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### **English Language**

#### **Levels Available**

- Functional Skills (1 year NOCN)
- GCSE (2 years AQA)
- iGCSE (2 years Pearson)

#### **Overview**

Proficient use of the English language provides the foundation on which all other learning is built. The student will learn essential skills they need to read, understand, and analyse a wide range of different texts covering the 19th, 20th and 21st century time periods. In addition, this course will develop their skills to write clearly, coherently and accurately, using a range of vocabulary and sentence structures.

The successful completion of this course, final exams and spoken language assessment will result in achieving one GCSE. This course and qualification provide the student with the essential requirement for most employers and education institutes. The course provides an excellent knowledge base in English language and is compulsory for students who are planning to go onto A levels. It's ideal for anyone aspiring to achieve a career involving English such as journalism, copywriting, teaching or editing.

- Reading
- Writing
- Speaking and Listening



### **Mathematics**

#### **Levels Available**

- Functional Skills (1 year NOCN)
- GCSE (2 years AQA)
- iGCSE (2 years Pearson)

#### **Overview**

Achievement of this qualification will provide evidence of students' achievements against demanding and fulfilling content. Students will gain the confidence that the mathematical skills, knowledge and understanding that they will have acquired throughout this course are as good as those of the highest performing jurisdictions in the world.

Successful completion of the GCSE maths course will equip students with a strong foundation for further academic and vocational study, giving students the appropriate mathematical skills, knowledge and understanding to help them progress to a full range of courses and jobs. This includes Level 3 mathematics courses as well as Level 3 and undergraduate courses in other disciplines such as biology, geography and psychology, where the understanding and application of mathematics is crucial.

- Numbers
- Algebra
- Ratio, proportion and rates of change
- Geometry and measures
- Probability
- Statistics



### Science

#### Levels Available

- GCSE (2 years - AQA)

#### **Overview**

This GCSE Combined Science: Trilogy course covers Biology, Chemistry and Physics. The successful completion of this course and final exams will result in achieving 2 GCSEs. This course and qualification provide the student with a strong foundation to further study at A Level or to progress into a scientific-based apprenticeship. It's ideal for anyone aspiring to move into a career that involves science, such as medicine, veterinary, pharmaceuticals, research and development.

Lessons are delivered to small classes (a maximum of 8 students) to ensure students are exposed to the required practical activities, they will attend a separate laboratory session – one day per month (minimum) – to develop their use of apparatus and scientific techniques. Each student will have their own lab book to keep a clear record of what they have covered to avoid duplication and to make handover easier and more effective.

- Building blocks
- Transport over large distances
- Interactions with the environment
- Explaining change

- Building blocks for understanding
- Interactions over small and large distances
- Movement and interactions
- Sustainability

### **Animal Care**

#### **Levels Available**

- Level 1 Certificate (18 credits 1 year)
- Level 1 Diploma (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to careers within Beauty and Nail Treatments. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- Healthy Living
- Confidence Building
- Assist with Feedstuffs for Small Animals
- Assist with Care for Animals
- Principles of the Care of Animals
- Principles of Dealing with Animal Accommodation
- Developing Confidence Working with Animals (D)

### Art and Design

#### **Levels Available**

- Level 1 Certificate (18 credits 1 year)
- Level 1 Diploma (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to careers within the Animal Sector. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- Healthy Living
- Confidence Building
  - Creating 3D Artwork
- Colour Theory and Design
- Drawing
- Painting (D)
- Sculpture (D)

### **Beauty and Nail Treatments**

#### **Levels Available**

- Level 1 Certificate (18 credits 1 year)
- Level 1 Diploma (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to careers within Beauty and Nail Treatments. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- Healthy Living
- Confidence Building
- Understanding Skin Care
- Providing Basic Manicure
  Treatments

- Nail Art Application Skills
- Assist with Nail Services (D)
- Assist with Facial Skin Care Treatments (D)

### **Business Administration**

#### **Levels Available**

- Level 1 Certificate
  - (18 credits 1 year)
- Level 1 Diploma
  - (37 credits 2 years)

- Level 2 Certificate
  - (21 credits 1 year)
- Level 2 Diploma
  - (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Business and working for yourself. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

#### **Topics**

- Personal Development
- Healthy Living
- Confidence Building

Level 1

- Understanding Businesses
- Business Meeting Techniques
- Business Communication
- Budgetary Control within a Business Environment (D)

- Undertaking an Enterprise Activity (D) Level 2
- Organisation Structures
- The Business Environment
- Understanding Business Organisations
- The Marketing Environment (D)
- Undertaking an Enterprise Project (D)

### Catering

#### **Levels Available**

- Level 1 Certificate
  (18 credits 1 year)
- Level 1 Diploma
  - (37 credits 2 years)

- Level 2 Certificate
  - (21 credits 1 year)
- Level 2 Diploma
  - (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Catering and cooking for yourself. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

#### **Topics**

- Personal Development
- Healthy Living
- Confidence Building
  - Level 1
- Basic Food Preparation and Cooking
- Health, Safety and Food Safety
- Awareness in Catering
- Using Local and Seasonal Produce to Create Healthy Meals

- Introduction to Food Commodities
- Using Kitchen Equipment (D)

#### Level 2

- Cooking Skills
- Cooking with Dairy Produce
- Cooking with Grains and Pulses
- Reception, Billing and Cashier Procedures for Front Office Staff
- Kitchen Skills

### **Customer Service**

#### **Levels Available**

- Level 1 Certificate
  - (18 credits 1 year)
- Level 1 Diploma
  (37 credits 2 years)

- Level 2 Certificate
  - (21 credits 1 year)
- Level 2 Diploma
  - (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Customer Service. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- / Personal Development
  - Healthy Living
- Confidence Building
- Customer Service Skills
- Understanding Business in Retail
- Understanding the Retail Selling Process

- Understanding IT in the Workplace
- Understanding Business in Retail
- Understanding the Retail Selling Process
- Health and Safety Procedures in the Workplace

### **Digital and Creative Skills**

#### **Levels Available**

- Level 1 Certificate
  - (18 credits 1 year)
- Level 1 Diploma
  (37 credits 2 years)

- Level 2 Certificate
  - (21 credits 1 year)
- Level 2 Diploma
  - (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Digital and Creative sectors. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- Healthy Living
  - Confidence Building
  - Imaging Software
- Design Software
- Multimedia Software

- Discover Local History (D)
- Local History Creative Project (D)
- Imaging Software
- Design Software
- Website Software
- Desktop Publishing Software (D)

### **Game Design**

#### **Levels Available**

- Level 1 Certificate
  - (18 credits 1 year)
- Level 1 Diploma
  - (37 credits 2 years)

- Level 2 Certificate
  - (21 credits 1 year)
- Level 2 Diploma
  - (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Game Design. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education. We have access to a range of software like Figma, GDevelop, Colour Palette, Python, Visual Studio, Twine, Stencyl and Inkspace.

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- Healthy Living
- Confidence Building
  - Level 1
- Imaging Software
- Design Software
- Multimedia Software

### **Health and Social Care**

#### Levels Available

- Level 1 Certificate
  (18 credits 1 year)
- Level 1 Diploma
  - (37 credits 2 years)

- Level 2 Certificate
  - (21 credits 1 year)
- Level 2 Diploma
  - (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Health and Social Care. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- 🖊 Healthy Living
- Confidence Building
- Level 1
- Introduction to the Values and Principles of Adult Social Care
- Person-Centred support in Health, Social Care and Children's and Young People's Setting
- Protection and
- Principles of Care, Organisational
- Policies and the Role of a Care Worker
- Social and Emotional Development (D)

- Growth and Physical Development from Birth to Adolescence (D) Level 2
- Understanding Health Promotion in Care Settings
- Care Planning Skills for the Care Worker
- Providing Personal Care in Care Settings
- Support Individuals to Meet Personal Care Needs (D)
- Understanding Mental Health (D)
- Social and Emotional Development of Children (D)

### Horticulture

#### **Levels Available**

- Level 1 Certificate
  (18 credits 1 year)
- Level 1 Diploma
  - (37 credits 2 years)

- Level 2 Certificate
  - (21 credits 1 year)
- Level 2 Diploma
  - (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Horticulture. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- -// Personal Development
- Healthy Living
- Confidence Building Level 1
- Garden Horticulture
- Plant Selection
- Using and Maintaining Horticultural Hand Tools

- Cultivating Herbs (D)
- Pest Control (D) Level 2
- Personal Development
- Healthy Living
- Confidence Building

### ICT

#### **Levels Available**

- Level 1 Certificate
  - (18 credits 1 year)
- Level 1 Diploma
  (37 credits 2 years)

- Level 2 Certificate
  - (21 credits 1 year)
- Level 2 Diploma
  - (37 credits 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to ICT. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

#### Topics

- Personal Development
- Healthy Living
- Confidence Building
  Level 1
- Imaging Software
- Design Software
- Multimedia Software
- Discover Local History (D)

Local History Creative Project
 (D)

#### Level 2

- Imaging Software
- Design Software
- Website Software
- Desktop Publishing Software (D)

### **Music Technology**

#### **Levels Available**

- Level 1 Certificate

(18 credits – 1 year)

Level 1 Diploma (37 credits – 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Music Technology. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

We have access to industry studio software, Digital-Audio workstations (LogicPro X, Pro Tools), acoustic recording, music mixing and mastery and a range of instruments. This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- Healthy Living
- Confidence Building
  - Level 1
- Digital Sampling Techniques
- Internet as a Medium
- Technical Skills for Performance

### **Music Performance**

#### Levels Available

- Level 1 Certificate
  - (18 credits 1 year)

Level 1 Diploma (37 credits – 2 years)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Music Performance. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

- Live performance, stage presence, confidence, theory, oral training, notation, practice sessions, events

This level 1 & 2 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- Healthy Living
- / Confidence Building
  - Level 1
- Technical Skills for Performance
- Technical Skills for Musical Performance

### **Sports**

#### **Levels Available**

- Level 1 Certificate
  - (18 credits 1 year)

#### **Overview**

The NOCN qualification in Skills for Employment, Training and Personal Development is designed to provide an introduction to Music Performance. This qualification also provides the learner with key skills in their personal and social development, and personal growth, as well as equip them with subject specific content to allow them to progress to employment or further education.

This level 1 qualification can be completed in 1 year / 1 day per week as a Certificate OR 2 years / 1 day per week as a Diploma.

- Personal Development
- Healthy Living
- Confidence Building
  - Level 1
- Indoor team games
- Velanning a fitness programme
- Principles of conducting sports coaching
- Taking part in exercise and fitness

### **Vocational ASDAN Courses**

ASDAN Short Courses are flexible, portfolio-based programmes designed to accredit up to 60 hours of activity and skills development across a range of topics and curriculum areas. We have selected a range of course to meet the students need under Lot 1 provision with Work Related Learning (WRL). Additional courses can be requested through Lot 6 Bespoke Provision.

Vocational Tasters are multi-level, meaning that the focus is on completing challenges and skills development according to individual ability, rather than attainment at a specific level.

These courses are offered as a 6-week programme for 2 days per week. Programmes can count as half of the curriculum credits (six) required for the CoPE qualification at Levels 1 and 2.

Increasing learners' knowledge of different employment sectors will help them to make informed and long-lasting decisions about their post-16 destinations.



### **Animal Care**

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Animal investigation
- Safety around animals
- Looking after animals
- Animals in trouble

- Animals in the media
- Animals and the law
- Careers in working with animals

### **Beauty**

#### Levels Available

- Accredited certificate to be used for applying for further education

- Customer service
- Nail services
- Basic hairdressing techniques
- Basic facial treatments

- Health and safety in hair and beauty
- Careers in hair and beauty

### **Enterprise**

#### Levels Available

- Accredited certificate to be used for applying for further education

#### **Topics**

- Your entrepreneurial skills
- Generating enterprising ideas
- Enterprise planning

- Your enterprise evaluation
- Enterprise and business
- Your enterprise in action

### Careers

#### Levels Available

- Accredited certificate to be used for applying for further education

- Self-development
- Career exploration

- Career management
- Considering higher education

### Computing

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Infrastructure
- Digital media and content
- Web development

- Programming
- Health and safety in computing
- Careers in computing

### **Creative and Expressive Arts**

#### **Levels Available**

- Accredited certificate to be used for applying for further education

- Forms of expressive arts (e.g. visual arts, performing arts, music, crafts, writing)
- Creative expression and impact on mental health and wellbeing
- Creative voice and production of original work
- Importance of arts and creativity in society and industry

### English

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Developing communication skills
- Reading for pleasure
- Writing for a purpose
- Reading for a purpose
- Reading and writing styles

Speaking and listening

### **Environmental**

#### Levels Available

- Accredited certificate to be used for applying for further education

- My environment review and awareness raising
- The atmospheric environment
- The built environment

- The natural environment
- The wider environment
- My environment managing and monitoring

### Gardening

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Planting in the garden
- Growing food on the allotment
- Working under cover
- Wildlife in the garden

- Using your produce in the kitchen
- Construction in the garden
- Art in the garden
- Careers in gardening

### **Food Wise**

### Levels Available

- Accredited certificate to be used for applying for further education
- Healthy Eating
- Basic food safety
- Food preparation and presentation

- Cooking on a budget
- Entertaining
- The food industry
- Practical cooking skills

### Football

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Football participation
- Health, fitness and nutrition
- Researching football
- Football in the community

- Coaching and officiating
- The environment
- Working in football

### **Healthy Living**

#### Levels Available

Accredited certificate to be used for applying for further education

- Learn what is meant by healthy eating and wellbeing
- Demonstrate the skills and techniques needed to cook
- Sustainability and cooking on a budget
- The food industry and how it operates

### Hospitality

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Hospitality services
- Food and beverage service
- Housekeeping and front office services
- Events
- Food safety and health and safety in hospitality
- Careers in hospitality

### Land-Based Sector

#### Levels Available

- Accredited certificate to be used for applying for further education

- Agriculture
- Animal care
- Horticulture
- Environment and land management

- Health and safety in the landbased sector
- Careers in the land-based sector

### Lift-Off

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Awareness: Strengths,
  Possibilities, Challenges,
  Routes, Information, Support
- Aspiration: Self-worth, Selfefficacy, Self-control, Purpose, Resilience, Determination
- Attainment: Planning, Communication, Selfimprovement, Application, Collaboration, Problem Solving

### **Living Independently**

#### Levels Available

Accredited certificate to be used for applying for further education

- Earning and spending money
- Keeping track of your money
- Making financial choices
- A place of your own
- Health and wellbeing

- Cooking on a budget
- Practical cooking skills
- Career management
- Preparing for the world of work

### Manufacturing

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Understanding manufacturing
- Product design
- Manufacturing logistics
- Making stuff

- Health and safety in the manufacturing sector
- Careers in the manufacturing sector

### **Mathematics**

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Probability and statistics
- Money
- Number
- Geometry and measure
- Algebra

Mathematical discovery

### **Personal Finance**

#### **Levels Available**

- Accredited certificate to be used for applying for further education

#### **Topics**

- Managing finances
- Income and expenditure

- Making financial choices
- International issues

- Planning for the future

### **Science**

#### Levels Available

- Accredited certificate to be used for applying for further education

- Human machine
- Forces and motion
- Chemical change
- Biological challenges

- Space physics
- Performance in sport

### **Sports and Fitness**

#### **Levels Available**

- Accredited certificate to be used for applying for further education

- Sports participation
- Health, fitness and nutrition
- Researching sport
- Sport in the community

- Coaching and officiating
- The environment
- Working in sport

### **Contact Us**

If you have any questions about the application process, course details or have an enquiry specific to your needs, please contact us for more information.



Unit 7

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