

55 Ways to Spend Time with a Teenage Boy as a Busy Parent

- 1) Take them out shopping.**
- 2) Take them to eat at their favorite restaurant.**
- 3) Cook dinner with them.**
- 4) Play video games with them.**
- 5) Sit in their room to read or watch a show while they play video games.**
- 6) Help with homework.**
- 7) Talk about the classes they are taking, what books they are reading, and what subjects they find interesting.**
- 8) Take them on college campus tours.**
- 9) Go hiking together.**
- 10) Play a sport at a local park.**
- 11) Run a half marathon together.**
- 12) Visit a local museum.**
- 13) Visit a local theme park.**
- 14) Go on a weekend getaway.**
- 15) Go to a concert of their choice.**
- 16) Visit a national park.**
- 17) Decorate for the holidays.**
- 18) Have a set time each week to read together.**
- 19) Eat dinner together at the dining room table.**
- 20) If he has a hobby or is a member of a sports team, go to watch his games to support him.**
- 21) Go to the movies together.**
- 22) Do household chores together.**
- 23) Have a picnic.**
- 24) Have a beach day.**
- 25) Do holiday decorating together.**
- 26) Have a backyard barbeque.**
- 27) Go to a local library.**
- 28) Visit a local landmark.**
- 29) Go out for ice cream on a hot summer day.**
- 30) Walk the dog together.**
- 31) Visit the local library.**
- 32) Go to a sporting event.**
- 33) Do home exercises together for 15 to 30 minutes each day.**
- 34) Go grocery shopping together.**
- 35) Have a family game night.**
- 36) Visit older family members together.**
- 37) Do gardening together, including planting, seeding, and watering.**

- 38) Get involved in local volunteer opportunities.
- 39) Get your calendars and start planning the week ahead.
- 40) Attend church services.
- 41) Take them to work with you for a few hours, especially on weekends when you just need to catch up.
- 42) Take a class together.
- 43) Bake his favorite treats together.
- 44) Instead of driving to the grocery store, walk there!
- 45) Make a vision board to discuss short-term and long-term goals.
- 46) Visit a place you have seen in one of his favorite movies.
- 47) Sit and enjoy breakfast together.
- 48) Have s'mores by the outdoor firepit (backyard or patio).
- 49) Go on a bike ride.
- 50) Go to a nearby convention (Lego, Comicon, Disney, etc.).
- 51) Go to a farmer's market.
- 52) Take him to the financial advisor to start learning about investing his savings.
- 53) Start a small side business together.
- 54) Visit the local zoo.
- 55) Perform a random act of kindness together.

