



Phone: 484-984-3494

office@azchiro.care

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Numbers: Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Email address: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Gender: Male Female

Race / Ethnicity: \_\_\_\_\_ Smoking Status: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Spouse's Name \_\_\_\_\_

Children's names and ages \_\_\_\_\_

Your occupation: \_\_\_\_\_ Your employer: \_\_\_\_\_

Who is your Primary Care Physician? \_\_\_\_\_ City: \_\_\_\_\_

Who may we thank for referring you to our office? \_\_\_\_\_

Have you consulted a Chiropractor before? Yes / No

The symptoms you seek care for include: \_\_\_\_\_

And they are the result of: Work, Auto Accident, Unspecified, Other \_\_\_\_\_

Onset: When did you first notice these symptoms? \_\_\_\_\_

Intensity: How extreme are your current symptoms? 0-absent 10-agonizing \_\_\_\_\_

Duration and Timing: When did this start and how often do you feel it? \_\_\_\_\_

Quality of the Symptoms: What does it feel like? \_\_\_\_\_

(Potential answers: Numbness, Tingling, Stiffness, Dull, Aching, Cramping, Sharp, Shooting, Burning, Throbbing, Stabbing)

Location: Please mark areas of pain on the figure to the right: →

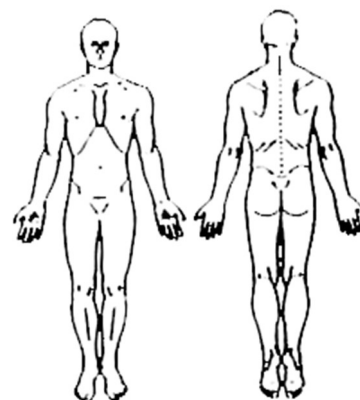
Radiation: Does the pain spread or radiate to any other part of your body? If so, where? \_\_\_\_\_

Aggravating or relieving factors: What makes it better or worse, such as time of day, movements, or other activities?

Pain increases with: \_\_\_\_\_

Pain decreases with: \_\_\_\_\_

Prior Interventions (What have you done to relieve the symptoms?) \_\_\_\_\_



(Potential answers: Prescription Medication, Over the Counter drugs, Homeopathic Remedies, Physical Therapy, Surgery, Acupuncture, Chiropractic, Massage, Ice, Heat)

Is there anything else you would like the doctor to know about your condition?

How does your current condition interfere with your:

Work or career: \_\_\_\_\_

Recreational activities: \_\_\_\_\_

Household responsibilities: \_\_\_\_\_

Personal relationships: \_\_\_\_\_

Review of other Systems: Chiropractic care focuses on your nervous system, which controls and regulates your entire body. Please indicate any conditions you have Had or currently Have. **Put an 'X' for Had** and **Fill in the circle for Have**.

#### Musculoskeletal:

- |   |  |
|---|--|
| <input type="radio"/> None of the below | <input type="radio"/> Shoulder problems  |
| <input type="radio"/> Osteoporosis      | <input type="radio"/> Neck pain          |
| <input type="radio"/> Knee Injuries     | <input type="radio"/> Elbow / wrist pain |
| <input type="radio"/> Arthritis         | <input type="radio"/> Back problems      |
| <input type="radio"/> Foot / ankle pain | <input type="radio"/> TMJ issues         |
| <input type="radio"/> Scoliosis         | <input type="radio"/> Hip disorders      |
|   | <input type="radio"/> Poor posture       |

#### Neurological problems

- |   |  |
|---|--|
| <input type="radio"/> None of the below | <input type="radio"/> Dizziness        |
| <input type="radio"/> Anxiety           | <input type="radio"/> Pins and needles |
| <input type="radio"/> Depression        | <input type="radio"/> Numbness         |
| <input type="radio"/> Headache          |  |

**Cardiovascular problems**

- ☐ None of the below
- ☐ High blood pressure
- ☐ Low blood pressure
- ☐ High cholesterol
- ☐ Poor circulation
- ☐ Angina
- ☐ Excessive bruising

**Respiratory problems**

- ☐ None of the below
- ☐ Allergies
- ☐ Asthma
- ☐ Apnea
- ☐ Emphysema
- ☐ Hay fever
- ☐ Shortness of breath
- ☐ Pneumonia

**Digestive**

- ☐ None of the below
- ☐ Anorexia / Bulimia
- ☐ Ulcer

- ☐ Food sensitivities
- ☐ Heartburn
- ☐ Constipation
- ☐ Diarrhea

**Sensory**

- ☐ None of the below
- ☐ Blurred vision
- ☐ Ringing in ears
- ☐ Hearing loss
- ☐ Chronic ear infection
- ☐ Loss of smell
- ☐ Loss of taste

**Skin**

- ☐ None of the below
- ☐ Skin cancer
- ☐ Psoriasis
- ☐ Eczema
- ☐ Acne
- ☐ Hair loss
- ☐ Rash

Does your condition currently interfere with your life and ability to function? Please note any activities that are hindered due to your condition:

- ☐ Sitting
- ☐ Standing
- ☐ Walking
- ☐ Lying down
- ☐ Bending over
- ☐ Climbing
- ☐ Exercising
- ☐ Turning your head
- ☐ Sleeping
- ☐ Other: \_\_\_\_\_

Please list any medications you take, the dosages, frequencies:

---

---

Do you have any medication allergies? \_\_\_\_\_

What is the major stressor in your life? \_\_\_\_\_

How many hours of sleep do you average per night? \_\_\_\_\_

How long have you had your current mattress? \_\_\_\_\_

In what position do you usually sleep? \_\_\_\_\_

What is the most significant thing you could do to improve your health? \_\_\_\_\_

---

In addition to the main reason for your visit today, what are some other health goals you have? \_\_\_\_\_

Additional comments: \_\_\_\_\_

I hereby request and authorize Dr. Andrew Gottlieb and whomever he may designate as his assistant or authorized representative, to administer Chiropractic care as he deems necessary to me or my dependent minor child.

I also acknowledge HIPPA privacy protection practices and policies.

- ❖ **Regular Fees with Insurance:** If you decide to use health insurance that covers Chiropractic, you will be charged our regular fees. We will file the insurance claim for you, but please remember that in the event of a dispute, your agreement with your insurance company is between you and them. Any unpaid balances remaining after your insurance claim has been processed will be billed to you. Collection fees will apply to all delinquent account balances processed through our collection agency.
- ❖ **No Show Fee:** If you do not show up for your appointment, a \$15 fee will be charged to your account. We appreciate a 24-hour notice for cancellations and a 4 hour notice for rescheduling.

Print Name: \_\_\_\_\_

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

If here with your child:

Your Relationship to the Child: \_\_\_\_\_

Child's Name: \_\_\_\_\_