

THYME
TRAVELERS
CONSERVATORY

WELLNESS FEST



A W A K E N I N G

FESTIVAL GUIDE



Our Inaugural Year

September 15, 2024
10 AM - 6 PM

Organized by

Thyme Travelers
+ Friends

www.thymetravelersconservatory.com/wellness-fest

[@wellnessfestnj](https://www.instagram.com/wellnessfestnj)

wellnessfestnj@gmail.com

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01

ABOUT WELLNESS FEST

When we formed our brick and mortar business, Thyme Travelers Conservatory we had three things in mind: Plants, Wellness, Workshops. This trifecta makes the perfect vehicles for educating ourselves, embracing sustainable living, self-empowerment through knowledge and self care, and community building. We love our community and wanted to create an event that reflects our collective values and brings positive change to all who encounter it.

Wellness Fest: Awakening by Thyme Travelers Conservatory is the first of its kind here in Rancocas Woods. We are excited to offer something new to our community through house music and dance, yoga and meditation, good food + beverages, and good vibes!

We chose the theme of awakening as this is our inaugural festival year. It reflects the inspiration and fire that illuminated the formation of this fest along with opening up the opportunity for spiritual growth and wellness to our community.

AWAKENING
COMING INTO EXISTENCE OR AWARENESS -

CODE OF CONDUCT



Wellness Fest: Awakening is offered for the community, by the community. We gather with respect for each other and for the earth. We will participate with openness and inclusivity, as all are welcome to participate in connection and learning with us. We respect one another's space and we respect the earth through our activities.

Respect Each Other

Wellness Fest will be a safe environment. Show respect for yourself and our community through kindness and conscious attention to what's happening around you. Act with thoughtfulness towards personal space and property.

Respect the Earth

Our activities always keep the earth in mind, and with that, we take care of the land. Pack out what you carry in, utilize the trash cans, and give a little thanks to mama earth!

Respect Yourself

Wellness Fest is a sober-conscious environment. Please be mindful and intentional in your choices as they relate to substances at the festival.

Together, we will create a ripple effect of positive change for our community, the earth, and beyond.



TICKETING

How does it work?



1. Entry requires a minimum of GA ticket (\$10).
2. Class passes required for most workshops. Discounts apply as you add classes.
3. Purchase of a class pass ticket includes entry.
4. You can buy tickets day-of.
5. You can add class passes and your entry fee will be applied to the cost.
6. Everyone receives a wristband. Raffle-style tickets will be given per class pass.

VIP - \$85

VIP Tickets include: Swag Bag + VIP Chill Zone
Unlimited Workshops
One Free Mocktail from Gem Life

TIER 1 - \$70

All-Day Class Pass (4 workshops)

TIER 2 - \$60

3 Class Pass

TIER 3 - \$40

2 Class Pass

TIER 4 - \$25

Single Class Pass

GA - \$10

Entry to the Fest

KIDS

ENTER FREE!
(Ages 12 and under)

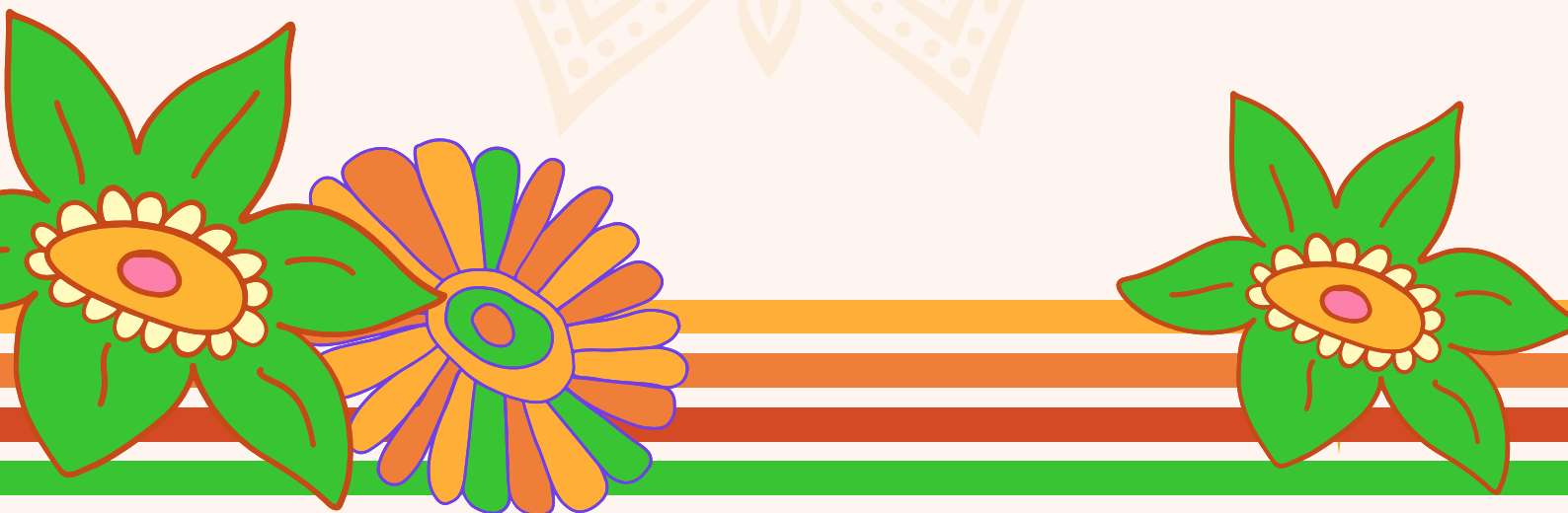


Once you have your wristband, you're free to move about Camp 1 and Camp 2! No need for re-entry - volunteers will be stationed at key areas to check for wristbands.

WELLNESS FEST

02

EVENT
OVERVIEW



CAMP 1



VIP

3

A

2

MAIN ENTRANCE

ROAD CLOSED

Conestoga Rd

4

1

5

6

Kid's Yoga
Farmers Market
10AM - 2PM

Private Residence

WELLNESS FEST AWAKENING

Main Entrance +
Ticketing + Check-in

Elixir Bar

Vendors

Kid's Camp

Additional

Parking at

2901

MARNE HWY

Chill Zones

Open Camp

Experiences

A - Altar

1 - Aura Photos

2 - Glam Strands

3 - Sound Sanctuary

4 - Tarot Readings

5 - Massages

6 - Ionic Foot Detox

CAMP 2

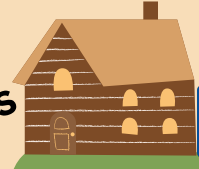


Woolmans Ln *Map not to scale

Creek Rd

ROAD CLOSED

Thyme Travelers



SCHEDULE

DANCE

EARTH

SEA

**SKY
(CAMP 2)**

**KID'S
CAMP**

9 AM	PRE-FEST WOODS WALK (MEET @ SPENCER PARK!) 339 RANCOCAS BLVD 9 AM - 9:45 AM				
10 AM	OPENING CEREMONY 10 AM FUNKY YOGA DANCE 10:15 - 11:15			CALISTHENICS + COFFEE 10:30 - 11:30	THE FUNCTION OF EMOTIONS 10:30 - 11:15
11 AM		MUSHROOM FORAGING 11 - 11:45	RUNDALINI YOGA 11:30 - 12:30		LEGACY PLANTING PROJECT 11:30 - 12:15
12 PM	ANNE FAHN 11:30 - 12:30	CHANCE COLLAGES 12 - 12:45	MINDFUL LIVING 12:45 - 1:30	WARRIOR FLOW 12 - 1 PM	
1 PM	WAYCOOL JUNIOR 12:45 - 1:45	AUTUMN ARSENAL 1 - 2 PM		INTRO TO ARM BALANCES 1:30 - 2:30	PRINT- MAKING IN THE WILD 12:45 - 1:30
2 PM	ZUMBA 2 - 2:30		SOMATIC BREATH + REIKI 2 - 3 PM		STORY TIME + KARATE 2 - 3 PM
3 PM	FIRESTONE 2:30 - 3:30	INTENTIONAL PRINT- MAKING 2:30 - 3:30	SOUND BATH 3:15 - 3:45	YIN YOGA 2:45 - 3:45	KID'S YOGA 3:30 - 4 PM (FARMERS MARKET LOCATION)
4 PM	PORTABLE SHRIMP 3:30 - 4:30	SKINCARE REMEDIES 3:45 - 4:15	SHIFT YOUR ENERGETICS 4 - 5 PM	POUND 4 - 5 PM	
5 PM	RIVA & BIANCA 4:30 - 6 PM	DIY VINEGARS + SHRUBS 4 :15 - 5:15			
6 PM	MUNALOME AFTER HOURS 6 - 7:30				

WELLNESS FEST



AWAKENING

WHAT TO BRING

MAKING CAMP

- Camp Chair/Beach Chair
- Blanket/Towel
- Pillow
- Umbrella (we have ample shade so this is probably unnecessary)
- Tapestry
- Yoga Mat

SURVIVAL

- Water Bottle
- Sunscreen
- Hat
- Comfy shoes
- Extra layers
- Change of Clothes
- Bug Spray
- Towel

THE ALTAR

- Crystals + Seashells
- Herbs + Plant Materials
- Dried Mushrooms
- Water
- Sand/dirt
- Flowers
- Incense + Candles
- Symbols of the elements (earth, air, fire, water)
- A handwritten note - may contain a message of gratitude, an intention, a manifestation, a note to your ancestors, etc.

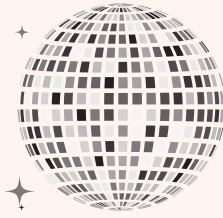
WELLNESS

- Yoga Mat
- Blanket
- Pillow
- Journal
- Eye covering
- Essential oils
- Any other comfort items!

PROHIBITED ITEMS

- No EZ UPs
- No furnishings like tables
- No weapons
- NO Illegal Drugs and Substances / NO Related Paraphernalia
- No Glass items
- No Sharp objects
- NO Fireworks / Fire-Starters / Open Flames
- NO Skateboards, Rollerblades, Hover-Boards, Scooters, Bicycles, or ANY Other Personal Vehicles

MEET THE MUSICIANS



ANNE FAHN

Anne Fahn has the grooves guaranteed to make you move! Her sets focus on freedom of expression through dance and music and a femme-forward approach to the dance floor. A house head at heart, she blends nu-anything with older garage influence, deep house, minimal, and 90s diva anthems with ease.

FIRSTONE

Described as “club veteran” in one of Resident Advisor’s picks of the week, Firestone is the host and resident DJ of ‘Polari: A Queer Agenda,’ a more-than monthly event series hosted at venues around the city including The Barbary, Warehouse on Watts, B. West (Franky Bradleys), and more. Polari is genre-blending, occasionally themed, and always queer. As such, Firestone is always on their toes cutting their teeth to new genres and styles of music. Aside from nightlife, Firestone grew up as a trained vocalist, a novice flautist, and is an engineer by day.

PORTABLE SHRIMP

Portable Shrimp, aka Slacks, has been producing and DJing for over 10 years now. His style can be described as deep and groovy house music, often littered with rich basslines and unique melodies. He's experienced a diverse range of dance floors both locally and around the world giving him a nurtured perspective on what makes a great party. He operates a small time label called Frog Dog with multiple releases and events to support his love for the community.

WAYCOOL JUNIOR

Waycool Junior is a DJ, producer, and event promoter from Philadelphia. With beginnings in the DIY scene, Waycool now sticks to a tight rotation of clubworthy sounds consisting of early deep house, balearic classics, and 90's remixes. A recent addition to the party circuit, he is also the founder and resident of "Hotel Canal", a party series that focuses on elevating underrepresented electronic artists and DJ's in the Philly area and curating a memorable dance floor experience for patrons of all kinds. He also holds down 1/2 of party series and DJ Duo "Jam Time" with Anne Fahn. Credits include mixes on Rinse FM, WKDU, and We Get Lifted Radio.

RIVA & BIANCA

Originally from North Jersey but currently based in Philly, Riva + Bianca have spent the last decade exploring their love language of music together. Existing between worlds, this duo brings a diverse selection of groovy basslines, rhythmic tones, latin-influences, eclectic breaks, and more evolving sounds. The duo has played a few radio shows, a couple festivals, plenty of afters, and lots of shows across Philly, NYC, DC, Pittsburgh, NJ, Florida, Charlotte, and even Costa Rica. Riva + Bianca have also worked with their friend, Sara, to plant their seeds and grow their passion project: Solar Sounds - an org focused on fostering an inclusive community through music, art, and dance.

03

WORKSHOPS

**Featuring 20
workshops across
6 venues!**



**Refer to your festival
schedule + map for workshop
times and locations.**

PRE-FEST

WOODS WALK

9 - 9:45 AM

Meet at Spencer Park

Join us for a plant identification walk through Rancocas State Park before embarking on a day of wellness at Wellness Fest! Beat the line by picking up or purchasing your passes before the walk at Spencer Park!

About Your Facilitator:

Jeff Calhoun is an amateur naturalist who has been foraging and identifying both native and non-native species of the eastern forest for 20 years. He has been practicing permaculture for 16 years and herbal medicine for 13 years. Jeff is the Director of Education at Saddler's Woods Conservation Association, a project manager at Red Oak Permaculture, a Gloucester County Certified Gardner and a Community Certified Herbalist.

Both of these options do NOT require a class pass. GA ticket required at minimum.

AFTER-HOURS

MUNALOME

6 PM

On the Dance Floor

Munalome - "MUsic, NAture, LOve, MEdition"

Join Tom Reisher, Marcus Chaney, & Allie Coulter in a unique event where peaceful meditation music is performed with Crystal Bowls, Didgeridoo, Handpan, Guitar, Udu and Native American Flute and is integrated into a musical concert of eclectic acoustic cover songs from different genres and generations to promote diversity, appreciation, and the understanding that the heartbeat that flows throughout all styles of music, throughout all time is the same rhythm and life that connects us all.

COMPLEMENTARY WORKSHOPS

FUNKY YOGA DANCE with Mary!

Groove, stretch, and breathe to the best classic funk, soul, and disco! Funky Yoga Dance combines easy, upbeat dance moves with yoga shapes. The vibe is super fun and playful -- for all levels and all bodies. Come get your happy heart pumping, smile, and feel your best to flow into the rest of your day!

About Your Facilitator:

Mary "Mare Bear" DiMeglio is founder and director of Mishana Yoga & Wellness in Philly, space holder at Stonehedge Gardens Holistic Learning Center, co-creatrix of Harmonic Earth Festival, and curator of Phillylife.love community calendar. She shares Yoga, Dance, Meditation, Sound Healing, Goal Guidance Life & Wellness Coaching, Spiritual Counseling and Reiki Energy Healing. She is honored to guide you to joy and vibrant wellness through the world's oldest spiritual healing practices.

Connect deeper at www.mishanayoga.com or Facebook and Instagram - @MishanaYoga



ZUMBA with Molly

Sound Bath with Tom

Skincare Remedies with Deepa

**These Workshops included in General Admission.
Class Passes NOT required!**

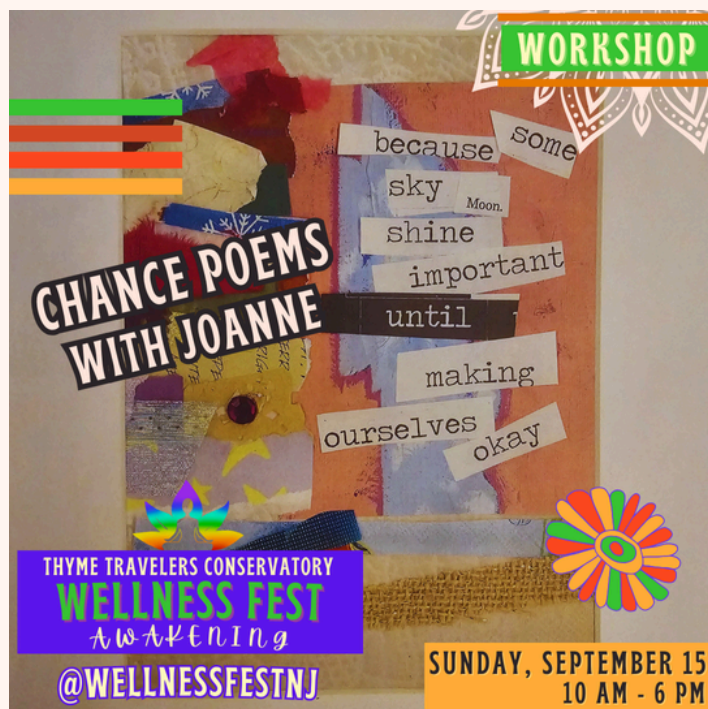
WORKSHOPS

CLASS PASS
REQUIRED!

COFFEE AND CALISTHENICS with Kevin

Come rock out to some oldies, calisthenics, and coffee with Kevin!

This is an exercise program with an emphasis on functional movements of daily living. Coach Kev will take you through a fun and rejuvenating exercise class that will help understand how enjoyable fitness can be, especially in a group setting and those thinking about starting a fitness routine.



CHANCE POEMS with Joanne

This is a collage workshop that combines poetry and art. Create a personal piece of art that is revealed through a selection of random materials. Grab a glue stick, relax, and let the energy flow!!

WARRIOR FLOW with Nicole

This is a flow class concentrating on incorporating a mixture of warrior poses designed to build strength physically and mentally. All are welcome to experience the benefits of this class, as we gently warm up the body, build fire and power by linking poses together, and end with a relaxing cool down and savasana. In yoga, warrior poses work to strengthen muscles, improve balance, and increase flexibility all while assisting the practitioner to develop courage, focus, and confidence. Join this class to learn the poses and let your inner warrior shine through.



WORKSHOPS

CLASS PASS
REQUIRED!

WORKSHOP

AUTUMN ARSENAL: HERBAL ALLIES FOR FALL WITH JEANNIE @SPIRITZSOLE

SEPTEMBER 15 10 AM - 6 PM

THYME TRAVELERS CONSERVATORY
WELLNESS FEST
AWAKENING
@WELLNESSFESTNJ

AUTUMN ARSENAL: HERBAL ALLIES FOR FALL with Jeannie

It's time to prepare for the seasonal changes, with nature's best herbal allies! Join us for an enlightening lecture on how to harness the power of herbs to support your well-being this autumn. Discover which herbal allies can help you stay strong and balanced as the days grow shorter and cooler. Whether you're new to herbalism or a seasoned practitioner, this session will equip you with practical tips and recipes to make the most of what the fall season has to offer. Don't miss out on this opportunity to fortify your body and spirit with the wisdom of nature!

KUNDALINI YOGA with Heather

Kundalini Yoga is known as the yoga of awareness and is physical, mental, and spiritual in nature. You will learn how to tap into and harness your own energy field and magnetism. Expect your vitality to increase, your life force to lift, and to feel radiantly YOU.

Together we will tune in to our practice with the mantras for honoring the divine wisdom in all that is and protecting ourselves and our practice as a collective. We'll warm up our physical and energetic bodies through dynamic movements and rhythmic breathwork designed to open the central channel and lung capacity so prana can flow freely. We'll then dive into a transformative heart opening mantra meditation using the energies of the upcoming Harvest full moon to tap into the ever present radiance within. You'll be guided into deep relaxation, followed by devotional song and mantra to seal the practice. This is an all levels class that will meet you where you are.

WORKSHOP

KUNDALINI YOGA WITH HEATHER @HEATHER.FEATHER333

THYME TRAVELERS CONSERVATORY
WELLNESS FEST
AWAKENING
@WELLNESSFESTNJ

SUNDAY, SEPTEMBER 15 10 AM - 6 PM

WORKSHOPS

CLASS PASS
REQUIRED!



YIN YOGA with Meg

Yin is a style of yoga that works deep into the fascia of the body. This class is different from your typical Yang practice (like a vinyasa flow) - In Yin we slow things down and allow students the space to find their edge in each pose. During class you will move through long static holds of yin poses targeted to support & strengthen the deep connective tissues of the body. Following will be a guided meditation, a journey through the 5 koshas, the sheaths, in our Yoga Nidra portion of class. Reiki will be infused throughout this class.

How to Instantly Shift Your Energetics to Transform Your Life!

In this experiential workshop, we will explore how the nervous system relates to the energetics that create your personal reality, and how you can consciously shift your experience by tapping into a way of being that aligns with your personal recipe for creating the changes in your health, business, relationships, and life that you've been looking for!



WORKSHOPS

CLASS PASS
REQUIRED!

BALANCING ACT: INTRO TO ARM BALANCES with Kristen

This workshop is a journey into the realm of arm balances, rooted in functional movement and body mechanics. Whether you're new to yoga or a seasoned practitioner, you'll learn how to safely and effectively practice these empowering poses. With a focus on accessible techniques, you'll explore the strength and stability needed to defy gravity. Join us and experience the joy and freedom of arm balances.



MUSHROOM FORAGING BASICS with Jullian

The Mushroom Sage invites you to join a class where you will learn all about foraging for wild mushrooms. There will be a presentation on how to identify & locate certain wild mushrooms. A brief walk will be followed afterwards. Expect to walk away with a new understanding about foraging.

POUND with Ashley

Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to rockstars of all ages and abilities.



WORKSHOPS

CLASS PASS
REQUIRED!

MINDFUL LIVING with Pax

Welcome to the Mindful Living workshop. During this hour-long experience, we'll contextualize mindfulness as a vital component of a healthy and flourishing life. We'll utilize various tools to help us integrate more mindfulness into our daily lives, including mindful breathing, mindful listening, mindful walking, and deploying mindfulness in our relationships (with ourselves, with the planet and with each other).



SOMATIC BREATH + REIKI with Kim

Tapping into the power of breathwork, students are invited to drop into a state of deep inner awareness as they reflect on the concept of balance within their body, mind, + soul.

Kim starts class with gentle movement to open the body allowing prana (breath) to move more freely during breathwork. Students are then guided through different vocal expressions to shift the energy centers in the body.

The Journey through Breath then begins, and its foundation lies with accelerated breathing and evocative music. This can ease the typical psychological defenses that are at play in daily life. This Somatic practice can lead unconscious energy to the surface to be experienced and released.

Immediately following, students will move through a dynamic + guided meditative savasana. As a Reiki practitioner, Kim will offer the option for each person to add energy work to their savasana. This offering is from a loving supportive place to promote + enhance relaxation.

WORKSHOPS

CLASS PASS
REQUIRED!

INTENTIONAL PRINTMAKING with Leann

Bring life and spice to plain clothing with Print Your Own Apparel. Bring a tee or buy a tee from their curated selection of secondhand wares. By learning the basics of block printing, you can discover a new creative outlet to relieve stress and make something that will be unique to you.



DIY INFUSED VINEGARS AND SHRUBS with Amanda

Join 4th generation canner and founder of Spotted Horse Provisions; Amanda Newman for an engaging and informative workshop where you'll discover the art of creating delicious and versatile infused vinegars and shrubs. Perfect for food enthusiasts and home preservers, this workshop will guide you through the basics of crafting unique flavor combinations that can elevate your culinary creations and beverages.

Dive into the world of drinking vinegars, known as shrubs, and learn how to balance tart and sweet flavors to make refreshing and complex infusions perfect for cocktails, mocktails, and culinary uses. And get hands-on experience with safe canning practices, including sterilization, sealing, and storage methods to ensure your creations stay fresh and delicious.

Whether you're a beginner or looking to refine your canning skills, this workshop is a perfect blend of education and enjoyment. Join us and transform simple ingredients into extraordinary culinary delights!

All canning materials, produce, jars, and informational handouts will be provided.



CLASSES FOR KIDS

We proudly bring you our selection of Classes for Kids for Wellness Fest: Awakening!

SUNDAY
SEPTEMBER 15
10 AM - 6 PM

KIDS ENTER FREE

\$10 ENTRY FOR ADULTS

THYME TRAVELERS CONSERVATORY
WELLNESS FEST
Awakening

CLASSES FOR KIDS

LEGACY PLANTING PROJECT

KID'S YOGA WITH ASHLEY

PRINTMAKING WITH LEANN

STORY TIME + KARATE WITH COACH PETER

MUSIC + YOGA + WORKSHOPS + ART + FOOD + ELIXIR BAR + VENDORS

WWW.THYMETRAVELERSCONSERVATORY.COM/WELLNESS-FEST

Legacy Planting Project where kids will plant native perennials around the Community Garden. Brought to you by, Red Oak Permaculture.

Kids Yoga with Ashley for a fun kid-friendly yoga class!

Story Time and Karate Board Breaking with author and coach Peter Liciaga.

Printmaking with Leann where kids will print with found materials. Optional: Bring a shirt or fabric to print on!

The Function of Emotions art class with Miss Audrey.

Other kid-friendly activities include dancing to the music, yummy food, glam strands, cozying up in a comfy corner and more!

WELLNESS FEST

04

EXPERIENCES



ELIXIR BAR

GEM LIFE AND BAR

Mocktails + More

Gem Bar is a booze-free bottle shop & pop up bar offering an unforgettable wellness experience by crafting and sourcing amazing non-alcoholic beverages.

Gem Life is a well-being boutique, offering carefully curated high quality natural, handmade & organic products to help customers on their healing & wellness journey.

WE ARE GRATEFUL AND HONORED TO SAY THAT GEM LIFE IS ONE OF OUR FESTIVAL SPONSORS, TOO!



JRIP JUICERY

The main focus of Jrip Juicery is to bring nutrients and pure natural wellness to the people.

Health starts with your self and we encourage everyone to take control of their well being at every given moment. Growing up in the Philadelphia area, there were not many options available for fresh nutrients, but mostly a bunch of sloppy unhealthy food just to satisfy everyones addiction to taste.

After practicing the art of making juice for over 10 years, Jrip Juicery decided in 2022 to begin the journey of sharing the benefits of real juice with everyone.

FOOD



THE GRATEFUL GOURMET FOOD TRUCK

Southern Influenced Eats
Vegan + GF + Veg Options



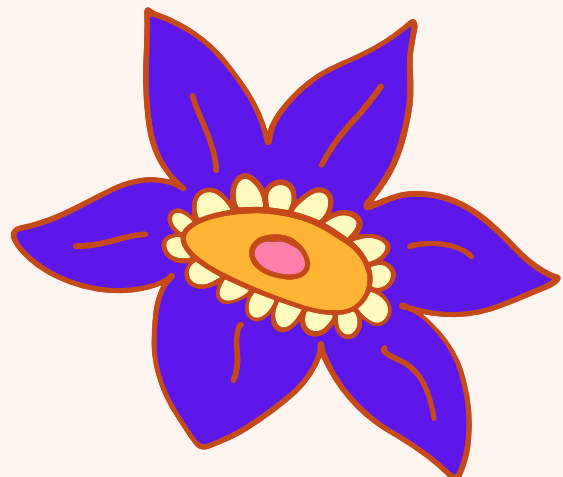
DIVINE CATERING

American Food
Vegan + Veg Options



RIO ACAI

Handmade Acai Bowls
Vegan + GF Options



VENDOR VILLAGE

The Malas B

Magical Moon Jewelry

Redsky Light

Dharma Skye Soaps

Alchemiss Creations

Diffused by D'Arby

Crystal Girl Always

Gypsea Caravan

Matt Penner

Spiritual Healing

LightWave Chiropractic

Buckets Full of Health

Psychic Readings by Gina

Hidden Gems Healing

Leann the Illustrator



EXPERIENCES



SOUND SANCTUARY IN THE BELL TENT with Jayme Rose

Jayme will be set up in a cozy bell tent with her gongs for group sound baths as well as private 1:1 opportunities throughout the day. The sound of the gong is unlike any other instrument and can transport listeners into deep healing states, leaving them feeling relaxed and renewed.



IONIC FOOT DETOXES

Ionic Foot Detox, is a gentle therapeutic way to detox the body. While soaking your feet in warm water for 30 minutes, let the copper array and Himalayan salt, do the work. This detox process removed heavy metals, infections, fungus, detoxing organs, including parasites, it helps balance blood sugars, bring calm to the soul and energy fields. Watch as the water change color as the toxins are removed from the body.



AURA PHOTOS + CHAKRA REPORT

See the energy flowing in your field in real time! Our machine reads your vibratory energy and generates your Aura Photograph. Depending on where the color shows on your body means different things about your energy! Receive an 8x10 gloss photo with description underneath. We also offer Chakra Report. A 14 pg report comprised of your vibrational energy dispersion between your chakra energy centers. We will go over your results and discussed any blocked energy centers. You will get the report emailed to you.

EXPERIENCES

TAROT READINGS with Joanne

Get answers to your burning questions and guidance for your life's journey.

For over 20 years, Joanne Scofield has been sharing her craft of Tarot reading throughout the world.

She is recognized for her ability to guide individuals to an awareness of life issues which need to be addressed. Her background and expertise come from a Masters Degree in Art Therapy, a degree in Fine Arts and years of metaphysical practice.

More info: innertruthtarot.net



GLAM STRANDS BY KATE

A fun addition to the day! Stop by and see Kate to have hair tinsel threaded into your hair. The perfect companion for a day of joy and self expression beneath the trees here in Rancocas Woods.

CHAIR MASSAGES with Integrated Massage + Bodywork \$1/Minute

Welcome to Integrated Massage and Bodywork, located in Medford, NJ. We specialize in cupping therapy and hot stone massage to alleviate chronic pain. Every massage is customized to address the unique needs of each client, ensuring a personalized and effective treatment. Whether you're dealing with long-term discomfort or simply seeking a moment of peace, our expert practitioner is here to support your journey to wellness.



05

THE TEAM

SHOUT OUTS!

WELLNESS FESTIVAL



A W A K E N I N G

@WELLNESSFESTNJ



MEET THE ORGANIZERS!

ALLIE COULTER

Owner - Thyme Travelers Conservatory

Wellness Fest Event Coordinator



When Allie told her business partners she wanted to throw a Wellness Fest, they said “Go for it!”, as any supportive friends and business partners do... Little did they know that with a simple yes, Wellness Fest would be so much more than a day of wellness and workshops, but an entire experience, a music festival, and home to small businesses from throughout the area!

When she began the planning stages she simply started putting feelers out... and very quickly she received a “yes!” from most everyone she reached out to about playing music, teaching a class or vending. This was a sign we were onto making something truly unique and special here in The Woods!

About Allie:

Allie is co-owner of Thyme Travelers Conservatory and their in-house herbalist. She also runs the Rancocas Woods Farmers Market. She teaches herbalism classes at the shop including a Beginner’s Herbalism Series and Mindful Tea Time. She is also a musician and will be performing with the Munalome band during the fest after hours.

Allie is a lover of nature, herbal medicine, and road trips. She has experience ranging across the board from making lattes to dry stone masonry, performing music to farming.

“Change happens slowly and locally, within community... When we make choices that benefit the earth, ourselves, and each other, the ripple effect of these positive movements will be seen for generations...’The grass is greener where you water it.”

JANEEN HOVNANIAN

Owner - Thyme Travelers Conservatory

Wellness Fest Design and Logistics Support

With a background in TV/Film, Janeen is always ready to create and make things happen. “No” is not a word in her vocabulary. She’s a powerful manifestor! So, when it came time to get into gear for Wellness Fest, she was right there supporting the vision and bringing her eye for art and the details. She’s a force to be reckoned with! Her wealth of knowledge and guidance lends itself to having an event that is stimulating to look at and well-thought out. She’s invaluable to all her know her, especially to us here at Thyme Travelers and now, Wellness Fest!

About Janeen:

Janeen is co-owner of Thyme Travelers Conservatory and makes all of the beautiful jewelry you’ll see in-store. She also runs Rancocas Woods Events. With a vast background in just about everything arts & entertainment, she likes to consider herself a “Jill of all Trades”, bringing a unique variety of skills and knowledge to our growing Creek Collective + Community.

She can be found foraging in the woods to find pieces for making art, playing bass with the Munalome band, or spending time with her beloved family.

“One of my goals in life is creating environments and experiences where we can stimulate and better ourselves and our community.”

MEET THE ORGANIZERS!

NICOLE BACKLUND

**Artist and Yoga Teacher
Wellness Fest Committee**



We just love Nicole so much! Nicole is always willing to lend a hand to us when we're putting together events here in Rancocas Woods. Whether its making blood spattered picture frames for Boos and Brews or luminaries for Dinner in the Woods, Nicole is a shining example that without collaboration, care, and effort, we would be lost!

It was no surprise that when we started planning for Wellness Fest, she immediately joined the committee and has spent her summer making decor for the fest. She's even teaching a yoga class - Warrior Flow with Nicole! Every community needs someone like Nicole in it.

Nicole is a high school art teacher, dog mama, and reishi-mushroom finding guru.

Nicole, our gratitude for you, your collaborative spirit, and genuine good soul overflows today, and every day. Thank you, thank you, thank you.

TELMA GONCALVES

**Photography and Design
Wellness Fest Committee**

Telma was the first official member of our Wellness Fest Committee showing an enthusiasm and care that has not gone unnoticed. Telma has an artistic eye but not only that, she's a seasoned festival-goer with a wealth of experiences to pull from to aid us in creating a fest that is beautiful and has it all!

She designed our VIP area, sourced material, and made many of the signs you'll see when bopping around the fest.

Telma is a professional photographer, a curator of magical playlists, and earth-loving, wild woman.

Telma, thank you so much for being an immediate sounding board and support system for the making of our fest. Our gratitude is beyond measure. Thank you, thank you, thank you.

JAYME ROSE

**Gong Goddess, Healer, and Creator
Wellness Fest Committee**

Our relationship with Jayme began with a meeting at the Rancocas Woods Farmers Market that quickly turned into a loving business relationship and friendship. Jayme has hosted Gong Journeys at Thyme Travelers and we are excited to have her do the same for Wellness Fest in her Sound Sanctuary in the Bell Tent.

She's helped us in sourcing decor and curating comfy areas for festival goers to enjoy! She's an invaluable member of the crew. Like our other two committe members, Jayme lives in the neighborhood. This reflects her deep understanding that uplifting our local community is one of the biggest acts of love we can create in this life!

Jayme is a healer, creator, and traveler, all of which she does with deep reverence and integrity.

Jayme, we love you! Your attitude of gratitude, integrity, and openness make you an invaluable asset to all that may know you. Thank you, thank you, thank you.

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