Living Hope Ministries Foundation

NEWSLETTER: October 2026

in support of the **Living Hope Uganda** Orphanage



James 1:27*: Religion that God our Father accepts as pure and faultless is this: to look after* ***orphans and widows*** *in their distress and to keep oneself from being polluted by the world.*

https://www. https://livinghopeministriesfoundation.org/

Living Hope Ministries Foundation, Inc. **(LHMF)** is a Christ-centered, 501(c)(3) organization, that strives to bring hope to orphans and vulnerable children throughout Africa. We financially and prayerfully support organizations who provide these children with loving care (spiritual, physical, intellectual, medical) to help them become contributing, God-fearing members of their communities.

Currently, the primary focus of LHMF is to fundraise for and support the Living Hope Uganda orphanage run by Pastor Elijah Honeymore Musoke.

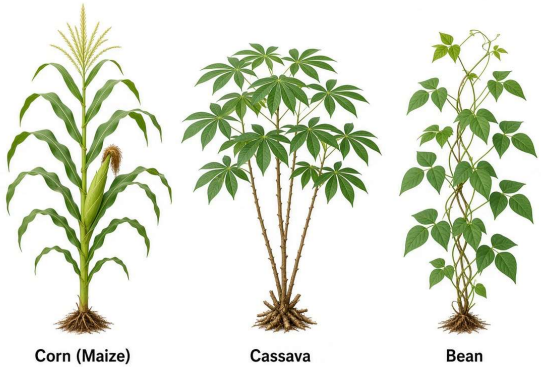
Message from the President

Last month's newsletter shared the unfortunate news about the failure of the corn crop due to inclement weather that destroyed many of the seeds after planting (and a lack of financial resources to replant). The orphanage's supply of cornmeal will run out about mid-December. On a positive note, Pastor Elijah reports that the current cassava crop, which can be used in place of cornmeal as the staple food source, is growing very well. Unfortunately, it is a slower growing crop and so there will be a period of time where we will need to purchase cornmeal to tide the orphanage over until the cassava crop is harvested and processed. I am pleased to report that a new donor has stepped up with a one-time gift that should take care of this need through the end of January. If anyone would like to make a donation to cover the purchase of cornmeal beyond that time (until the cassava is harvested), please do so by clicking on the Farm Sustainability project on the website. Thank you and God bless all of you for what you do for the orphans!

Clive Houston-Brown, President
Living Hope Ministries Foundation

Orphanage Update

Farm: For those of you who are not familiar with the basic foodstuffs eaten in Uganda (and many other countries in Africa), I thought I would share some information about them (with the help of AI 🙂). The orphanage grows corn, cassava, and beans in rotating areas on their 10-acre farm. There are two planting/harvest seasons each year, so each crop provides about 6 months worth of staple food products for the orphanage. Other food products like eggs, milk, sugar, tea, vegetables, etc. are purchased to supplement the corn, cassava and beans.



Much the same way bread is used in many European countries, potatoes in others, and rice in Asian countries, corn (or maize) meal is the staple "filler" eaten in much of Africa. Cornmeal is produced by crushing corn kernels into a powder. Cornmeal is high in carbohydrates (like its bread, potato, and rice counterparts) and makes for an affordable, filling energy food. It is, however, low in protein and micronutrients on its own, and so is paired with other foods like beans, peanuts, greens, or animal proteins. In the mornings, cornmeal is mixed with water into a thin porridge for breakfast. For lunch and dinner, it is mixed into a much thicker consistency (called Posho) that becomes stiff and allows the person eating it to break off a piece, roll it into a ball, and dip it in bean, vegetable, and/or meat stews/sauces for added nutrition and flavor.



The Cassava root is handled in a similar way and is used as an alternative to cornmeal. The roots are peeled, washed, cut into pieces, and either boiled or steamed into a gluten-free meal. This is then eaten with the stews/sauces to add flavor and nutrients. The cassava root can also be dried and milled into flour, much like cornmeal. This flour is then used in the same way to make porridge and Posho. Unlike the cornmeal Posho which produces a thick, dough-textured product, the cassava-based product is a little more pasty in texture. An added bonus of the cassava plant is that its leaves can be used to produce a vegetable sauce to eat with the Posho.

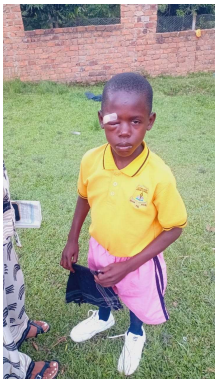




Alternating cassava crops with corn (and bean) crops helps maintain and/or enhance soil health, fertility, and productivity as opposed to monocropping. Beans add plant-available nitrogen to the soil. Cassava is a heavy feeder, especially of potassium, and continuous monoplanting of this crop depletes this and other nutrients. Rotating with beans and corn interrupts this depletion. Corn/maize uses different nutrients than the other two and thus the crop rotations cycle nutrients more efficiently than any single crop grown repeatedly. As shown in the image to the right, the three crops can be grown in shared space as well.



Children: As shared last month the twenty students pictured to the right are preparing to write their National Primary Leaving Exams; please continue to keep them in prayer for wisdom and recall during the examinations.

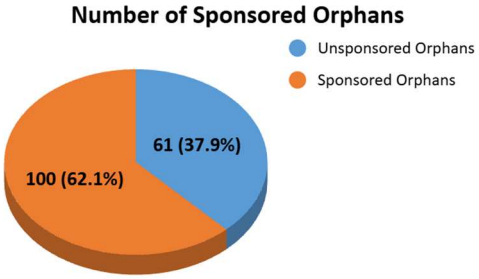


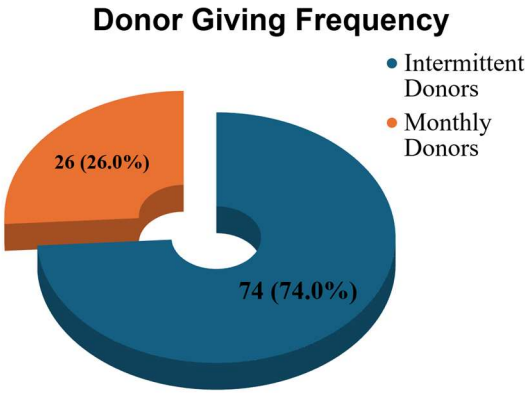
Please also pray for this young man pictured to the left who injured his eye and had to have stitches to close the wound. Pray that he will heal well, his eyesight will not be affected, and the wound will not get infected.

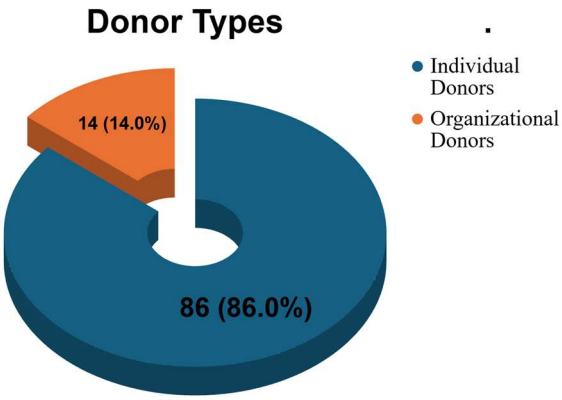
Infrastructure: Pastor Elijah has shared that the orphanage experienced another infrastructure failure recently, this time with their toilet/sanitation unit. He reports that the wall behind the unit collapsed into the toilet hole. This not only puts the children at risk of falling in while trying to use the toilet, but creates a bad odor in the classrooms and the risk of disease. They will be working to mitigate the issue as soon as they can.

Finances: We had two new donors join our ranks this past month; one a recurring sponsor and one making a (substantial) project-based donation towards food sustainability. Along with the rest of you, they are making a difference in the lives of the orphans at the Living Hope Uganda orphanage and we thank you all from the bottom of our hearts for your faithfulness! If you look

at the chart to the left and those below, you will note we have hit 100 sponsored children and 100 donors at the same time 😀







NOTE: All LHMF Board members are volunteers and 100% of your donations (less any bank/credit card processing fees) go directly to supporting the Living Hope Uganda orphanage.

Our Prayers needs:

- Pray for healing for the young orphan who injured his eye.
- Continue to pray for the children who will be writing their National Primary Leaving exams.
- Pray that our cassava crop will continue to flourish.
- Pray for resolution to the latrine infrastructure situation.
- Pray for new sponsors to join our family of givers so that we can fully fund the operational needs of the orphanage.

- Pray that we receive funding towards our ongoing projects to purchase new mattresses, blankets, and sheets for the children and to install gates on our entrances to boost the safety of children.
- Pray for the staff and teachers to continue to provide compassionate love and support to the children.
- Pray for Pastor Elijah to have wisdom, patience, perseverance, and joy as he continues to lead the orphanage and care for the orphans.

God Bless You, Our Donors

Thank you so much for taking the time to read this newsletter; we hope you found it helpful and we look forward to sharing additional news updates with you on a regular basis. Your patronage is a true blessing to us and the orphans at the Living Hope Uganda orphanage. Our prayer for you comes from Numbers chapter 6:

> **24** The Lord bless you
> and keep you;
> **25** the Lord make his face shine on you
> and be gracious to you;
> **26** the Lord turn his face toward you
> and give you peace.