

Our Daily Bread Community Outreach Center, Inc.

September 2017



Live Well, Be Well Prenatal Care/ Childcare Coordination Program!



Message from CEO, Lea Lewis

As Our Daily Bread (ODB) embrace innovation, we are making a difference in not only our youth but our young mothers as well. It's because of our fabulous

Board of Directors and Partners/ Sponsors, we are able to invest in our FUTURE Generation. I am grateful that ODB's team makes my job easier and fun.

Our team leads by example and inspire our participants with confidence that they too can achieve their dreams. ODB is committed in providing excellent service to our clients.

Mommy & Baby-Live Well, Be Well is a Prenatal Care Program that was established to support expectant mothers and mothers with newborns (30 days or less) with ongoing community resources, education, and training.

Program Components:

Parenting Classes, Nutrient Education, AODA Counseling, Free Community Activities, \$25 Client Referral Program, One-on-One Breastfeeding Training, Lifestyle Management (Stress reliever techniques), Free Clothing Incentives for Mommies & Babies, and Baby Box (from Stokes & Company).



Community Partners



Important Dates:

New Project

9/15 Mommy & Baby Project: Free Emergency Pampers by APPOINTMENT ONLY

11/11 Pamper Me Pretty Spa Day

New Program 2018

Our Daily Bread & Hope



Mommy & Baby—Live Well, Be Well Prenatal/Childcare

ODB endeavors on building up our mothers and their babies with fun-filled activities. In doing so, we have remarkable evidence-based results. Results display that with regular home visits, client's engagements with social events, and free mommy and baby incentives, health and wellness among families have increase. Mothers are participating more with program activities and inviting their friends. ODB's on-going events consist of: Community Baby Shower, Annual Prenatal Care Community Resource Fair, Pamper Me Pretty Spa Day, and Mommy & Baby First Christmas . It is our desire to introduce mothers to all available resources that will aim in healthy living.

HEALTHY THINKING + HEALTHY EATING = HEALTHY LIVING



Testimony

"Our Daily Bread provided really good PNCC's services. They helped me change my perspective of having a baby and encouraged me to stay focus."~Kanesha G.

Community Partners/Sponsors:

Families Moving Forward (FMF), Lincoln Heiser Ford, Blanket of Love Parenting Classes, Carenet, Milwaukee Birthright, Hope Network for Single Mothers, Stork and Company, Africa American Breastfeeding Network, Alpha Women Center, and Women Center.

Facebook: Mommy & Baby –Live Well, Be Well

Website: ourdailybreadmil.org