Our Daily Bread Community Outreach Center Inc



NEWSZETTER

April 2024 Fax: 866-804-0971 Business: 414-755-0535



WELCOME NEW BOARD MEMBERS

Our Daily Bread Community Outreach Center Inc (ODB) welcomes new additions to our board. Our new members, Mrs. Holeman and Mrs. Mosley Magee will assist ODB administrately. Both ladies will be an asset to our board.

As ODB advance, we are in need of committed and dedicated people who are community driven to help us go to the next level.

If you would like to join our team, please contact us or email info@ourdailybread.org

> Follow us on: our daily breadmil.org http://www.facebook.com/ourdailybreadmil

(ASK-SUPPORT-KEEP IN TOUCH)

to CDC, suicide's rates among students and young adults are extremely high. crisis that is plaguing young people. May is Mental Health Month and ODB has health status as it relates to rejections, isolation, abandonment, etc. These

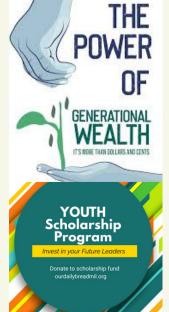


Saturday, May 18, 2024 --- 12:30PM-3 PM

Light Snacks included

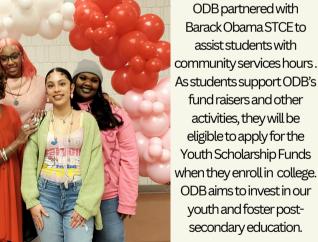
Agenda





ODB Internship Program

ODB partnered with Barack Obama STCE to assist students with fund raisers and other activities, they will be eligible to apply for the Youth Scholarship Funds ODB aims to invest in our youth and foster postsecondary education.



WELLNESS PROJECT

In November 2023, ODB implemented a wellness project to help youth and mothers identify mental health challenges. In doing so, we hosted our first conference at Barack Obama SCTE. During the conference, we were able to assess 70 students. 25% of 70 students stated that they need mental health support. The school counselors and the principal are discussing the student's needs. ODB hosted another Wellness Event on February 10th in which we assessed small group of individuals on mental health challenges. Also, on March 16th, mothers were engaged in a Community Baby Shower and participated in a self-care presentation. The speaker at the baby shower focused on wellness from the Self-Care/Self-Love perspectives. Mothers received self-care/self-love information and information on A.S.K. (Acknowledge-Support-Keep in touch).