

Health Equity Program

Our Health Equity Program focuses on addressing the social and environmental factors that influence health and well-being. We support mothers, young adults, and families by helping them understand how conditions such as housing, education, employment, and access to healthcare impact their overall health.

This program empowers members to advocate for themselves and their families by teaching them how to effectively navigate the healthcare system. Members learn how to communicate professionally with healthcare providers, understand their rights as patients, and make informed decisions about their care.

Through education and hands-on guidance, individuals learn how to access medical services, communicate with their care team, and seek additional medical opinions when necessary. Mothers and families in the program gain confidence in reviewing provider profiles, selecting primary care providers, and making healthy decisions that support long-term wellness.

By increasing knowledge and confidence, the Health Equity Program helps ensure that our member and families have the tools they need to access quality care and achieve better health outcomes