



2023 Summer Elite Performance Camp

Speed, Agility, Strength is vital to great athletic performance in any sport. SAS is excited to host the premier youth sports and human performance camp in the Jupiter, FL area. This unique camp will not only have daily physical training component, but will include a session of learning intangibles that separate average and elite performers in all aspects of life. Curriculum for the camp will be age specific. This camp will emphasize how a process-driven mindset can transform lives. Anyone, athletes or non-athletes, will benefit from learning skills to further their body and mind that will enable success now and for the rest of their lives!

When: Monday-Friday 9am-Noon for 9 Weeks in the Summer of 2023

First week of camp starts on Tuesday May 30th (that week is only 4 days). Camp is every week except for the week of July 4th and ends on Friday August 4th.

Where: SAS Training Facility. 707 Commerce Way Jupiter, FL 33458

Cost: \$200 per week or \$1,500 for Entire Summer.

Week of May 30th is only \$160. Sibling discount of 50%

Who: Boys and Girls Entering 4th- 8th Grade.

Registration is opening soon!

<https://www.sas-sports-training.com/>

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