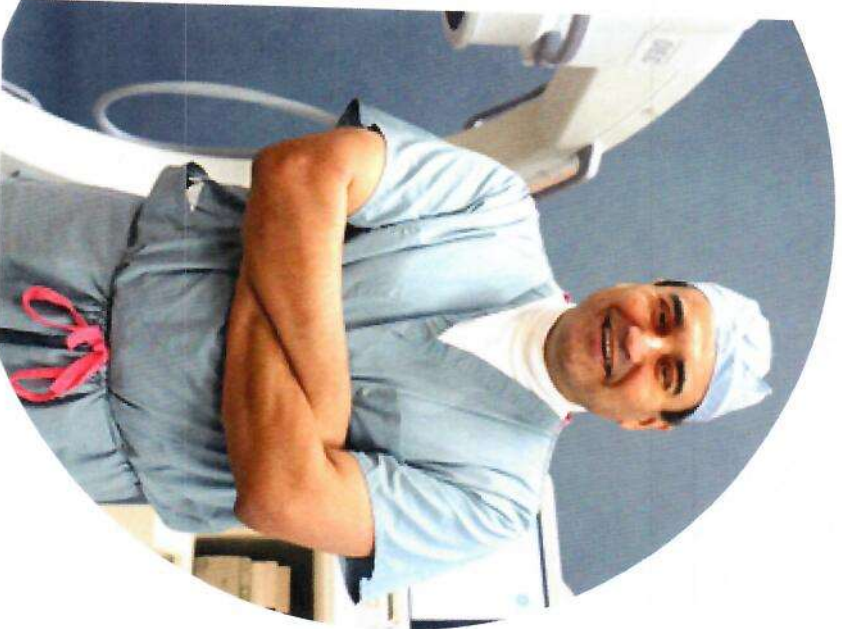


Saleem Chughtai, MD

A member of Texas pain society, Dr. Saleem Chughtai is a Pain specialist who received extensive training in diagnostic radiology and interventional pain management.

Dr. Chughtai is board certified by American Board of Radiology and is licensed in Texas, Arizona, Hawaii, and New Mexico. He has a preventive and integrative approach to an ethical practice of medicine.



Services

Epidural Steroid Injections

An epidural steroid injection (ESI) is a procedure where a steroid medication is injected into the epidural space of the spine. This treatment alleviates pain caused by conditions such as herniated discs, spinal stenosis, or nerve compression.

Nerve Blocks

A nerve block injection (MBB) is a procedure in which a local anesthetic is injected near a specific nerve or group of nerves to numb the area and alleviate pain. This type of injection is used for to treat facet pain.

Joint Injections

A joint injection is a procedure in which medication is injected directly into a joint to alleviate pain and inflammation. Possible locations include knee, shoulder hip, or elbow.

Radio-Frequency

Radio-frequency ablation (RFA) is a procedure in which electrical energy is used to destroy tissue. By applying heat through a needle, this procedure can interrupt pain signals and alleviate pain.

Trigger Point Injections

Trigger point injections are a treatment used to relieve muscle pain caused by tight, painful areas in muscles that can develop due to injury, overuse, or stress.

Cold Laser Therapy

Laser therapy, also known as low-level laser therapy (LLLT) or cold laser therapy, is a treatment method that uses focused light to reduce pain and inflammation. It's a non-invasive therapy that applies specific wavelengths of light to affected areas of the body, helping to promote healing and reduce discomfort.

