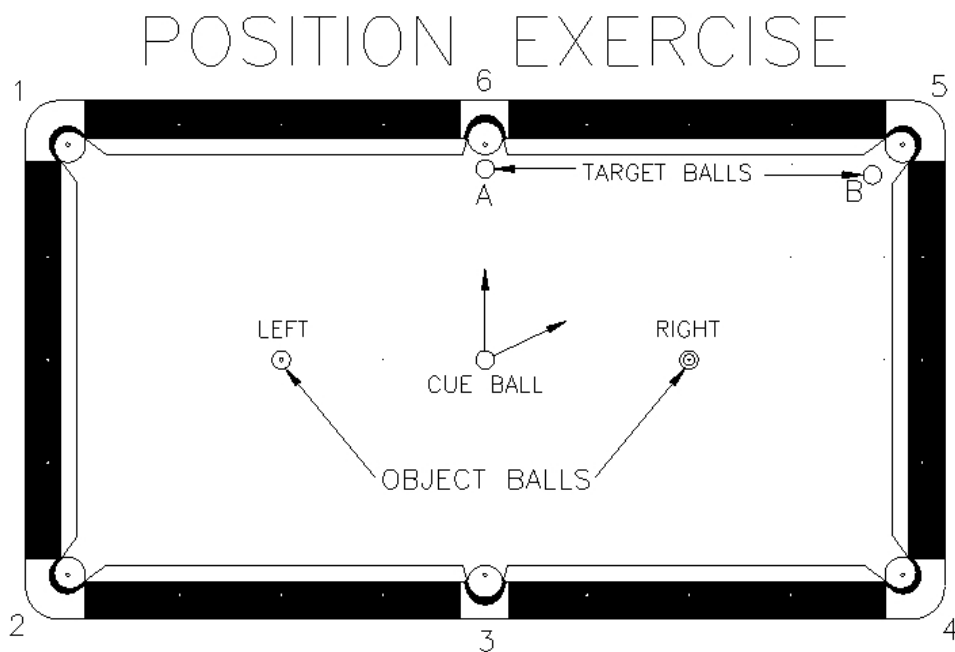


POSITION EXERCISE

Cue ball control exercise

Overview – This “Position Exercise” is designed to introduce the shooter to the nuances of getting the cue ball in position to sink the next shot. Getting proper “shape” for the next shot is crucial to advancing ones turn at the table.

Format – The cue ball is placed in the center of the table. A “Target” ball is placed near and in front of either a side or corner pocket. This illustration shows target balls (A or B) in their respective positions. Only 1 target ball will be used during any exercise. 1 Object ball will be placed on either the Head or Foot spot. During any exercise only 3 balls will be used. (Cue ball + Target ball + Object ball).



Objective – To pocket the Target ball with the cue ball and have the cue ball end up in a position such that a makable shot on the object ball is accomplished.

Play – After all 3 balls are placed, the shooter will pocket the Target ball and (when in makable position) continue to sink the object ball in pocket #1. If either the position is out of place or the shot is missed, all of the balls will be replaced in their original positions. The shooter will repeat the shot until a successful attempt is accomplished. The rest of this exercise is to repeat the same opening shot but to get shape and sink the object in the next pocket (2 then 3 then 4 ... ending at 6). A variation of this same exercise can be accomplished by switching the object ball to the other “spot”. Likewise, by placing the Target ball at other locations, a different set of challenges will present itself.

Suggestion –

Have a friend help with replacing the Target ball. This will speed things up considerably.

Have fun and good luck!